

THE SAN FRANCISCO

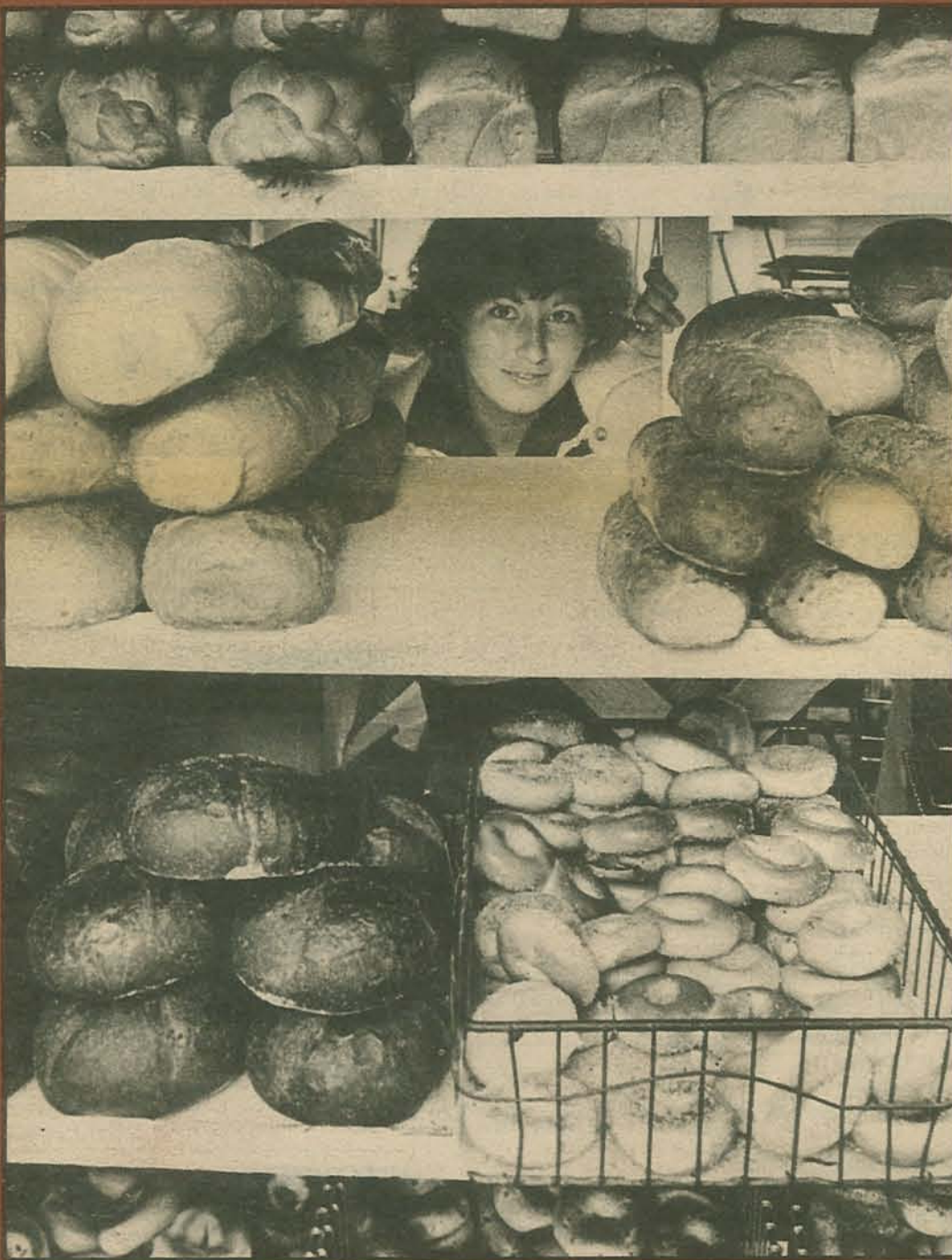
BAY GUARDIAN

35¢

SINCE 1966. THE LARGEST CIRCULATION ALTERNATIVE NEWSPAPER WEST OF THE HUDSON. JULY 26 THROUGH AUGUST 8, 1975. VOL. 9, NO. 20.

Bread and CHEESE

The best in town - a gourmet guide to bakeries, restaurants that bake bread and cheese specialty shops



House of Bagels, photo by Rick Grosse.

Lunaception!

Can pregnancy be prevented by sleeping with a light on three nights a month? P.10

Tax Assessor Tinney

Who's the real culprit? P.3

Big League Sports

Can they cut it in San Francisco? P.7

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Meat Shortweighting

How 50 of 56 S.F. markets get by with it. P.13

PG&E says: "We're publicly owned in the truest sense."

Of course! P.6

San Quentin Six

Exclusive interview with Willie Tate. P.8

Mini-Reviews!

Theater and films. P.29

Bargain Bread!

A Guardian guide to day-old bread. P.19

LETTERS

HOPP DISPUTES BUTLER

As a writer of fiction, your reporter on the recent events of the homosexual issue before the San Francisco Unified School District Board of Education is superb [Guardian, 6/28/75].

The facts, however, are that I am not the president of the Board of Education; I did not give the statement which is contained in the latter part of the story, as the tape recording of our telephone conversation would readily demonstrate.

The facts with regard to the incidents are also garbled. The public record, including the tape of the meeting, will show that I raised the question with regard to "sexual orientation" when the matter was being considered by the board. I asked for legal opinion and indicated that I would also verify the current status with my medical colleagues in psychiatry.

Both of these were done, and I reported the results of my survey of some of our professors of psychiatry and to the Board, and the action was taken on that basis. I received no letter prior to that meeting from politicians. I received one telephone call prior to that meeting from a member of the homosexual community, and I informed him that it was my intention to determine the facts as nearly as I could, professionally, as a result of the information obtained from my colleagues. This too was done, and if the facts had been otherwise than as given to me and as I presented them at the meeting, you may be assured my vote would have been different.

I am not even intimidated by the Bay Guardian.

Eugene S. Hopp, M.D.
San Francisco

Katy Butler replies: I stand corrected. Dr. Hopp is not President of the SF School Board, and any implication that he was as heavily lobbied as other school board members on the gay employment issue is also incorrect.

Dr. Hopp tells me that he did not say, "I thought the parents would be up in arms," but confirms that he has not received a single adverse letter or phone call. Our recollections (and my notes) differ on this point.

The rest of Dr. Hopp's letter suggests, in hindsight, that he merely waited for legal and psychiatric opinions before taking a stand on the issue. The facts are otherwise.

On May 6, the SF Human Rights Commission suggested incorporating anti-discrimination language from their ordinance into the SF School Board's affirmative action plan. According to the minutes of the school board, "Dr. Hopp inquired whether the use of the language 'sexual orientation' might conflict with the education code." The plan was sent to the superintendent for study and revision, and the board's legal counsel was asked for an opinion.

June 3, the plan returned from the superintendent's office with all reference to "sexual orientation" deleted. Following a verbal legal opinion, school board members, including Dr. Hopp, voted unanimously to approve the affirmative action policy as it stood. Dr. Hopp, according to school board minutes, did not indicate that he was waiting for further legal or psychiatric opinions; nor did he ask for a postponement.

After 70 gay activists protested at the following school board meeting, the item was returned to the agenda. June 17, Dr. Hopp and other school board members unanimously reversed themselves. At this time, Dr. Hopp explained that he had been simply waiting for more medical and legal information.

BAGL and members of the Gay

Teacher's Caucus did lobby members of the school board, as my story stated. Tom Ammiano and others contacted board president Lucille Abrahamson; others contacted Rev. Thomas Reed; Assemblyman John Foran wrote to board president Lucille Abrahamson a supportive letter which was circulated among school board members but apparently did not reach Dr. Hopp. Hopp himself was not heavily lobbied. In the words of Gay Teacher's Caucus member Hank Wilson, "We considered him a lost cause." Wilson, of course, was wrong.

LIKED GRAHAM PIECE BUT. . .

We thought your article on Bill Graham was great. However it seems to us that it should be considered a first step toward a more in-depth analysis of the music industry. We wish that the Guardian would study issues in a more critical light and take more of a stand on issues that affect our lives as you did with PG&E.

Michael Thompson
Jeffrey Cook
Gretchen Treuting
San Francisco

KOPP DISPUTES ROBERTS

Your article, "Sweeping Up the Street Artists," [Guardian, 6/28/75] contained some inaccuracies and misimpressions concerning the origin of the "Kopp ordinance" which I would like to correct. For the record, here is the sequence of events as they occurred:

1. Early September 1974 I verbally asked the city attorney if the Board of Supervisors could amend Proposition J and, if so, to draft an ordinance, for my introduction, which would regulate the size and location of street artist booths and stands.

2. About two weeks later (mid-September), the Downtown Association, knowing of my interest in the subject, sent me a draft ordinance which it had prepared to give the city authority over street artist locations.

3. I forwarded the draft to the city attorney for his information and use in preparing an ordinance. He in turn consulted the police and fire departments on what provisions they thought should be included. The final version which I introduced was prepared by the city attorney after recommendations were made by the police and fire departments. It was then further amended after I received suggestions from the Street Artists Guild and after the city attorney responded to the question of what action could be taken within the strictures of Proposition J.

The misimpression in your article is the implication that something was wrong with the Downtown Association's sending me a draft ordinance. The fact is this is not an unusual occurrence in our Board.

Recently a neighborhood group, which has been fighting institutional "Manttanization" in the Haight and Panhandle areas, sent me a draft ordinance which would require all institutions in the city to file their expansion plans with the Planning Commission six months in advance and the Planning Commission to hold public hearings on any proposed expansions. I sent the draft ordinance to the city attorney who placed it in proper form for my introduction in the Board. This ordinance originated in the same procedural manner as the street artists' ordinance, and I have heard no objections about its origin. In fact, I hope you will support it. . . .

Quentin L. Kopp
Board of Supervisors
San Francisco

Jerry Roberts replies: First, I'm glad Supervisor Kopp's memory was stirred by my article. I had asked him about the events leading to the Kopp ordinance, but he told me he was "unclear" about the sequence. Second, far from suggesting it is unusual for the Board to receive draft ordinances, I quoted Kopp's aide as saying, "It happens all the time." Finally, I did not wish to imply there was something wrong with the Downtown Association's suggesting legislation. My point was that business groups like the Downtown Association and the Chamber of Commerce have much more influence and access to the supervisors than groups like the street artists. When I asked Bill Clark of the Street Artists Guild about Kopp's claim of soliciting recommendations from the street artists for his ordinance, Clark said, "That's not true at all. We tried to contact Kopp several times. His aide constantly told us we couldn't get a meeting with him."

KEEP MIME TROUPE POOR

I agree with the SF Mime Troupe that they are entitled to a share of the hotel tax fund [Guardian, 7/12/75]. I also pray to God they don't ever get a penny from it. Can you imagine a better way to sap the vitality from this marvelous group of people than by making them depen-

dent on handouts from the same political system that they now are so adept at satirizing?
Paul Fourt
San Francisco

WANTS DATA PURE

Now, wait just a minute! What's with the 1st Amendment oriented Guardian and its "oops, sorry" response to the UFW supporter who accused you of advertising Lucky markets. You didn't even take up the challenge. Or are the Supermarket Superbargains listings merely ads for the markets your researchers happen to like and/or patronize?

In my naivete I always took it as straight uncensored information and of great value to the consumer. I can read about who's fucking over the farmworkers in another part of the paper. If I want to find out who's selling peaches the cheapest, I want that data pure.

Jim Newman
SF

Editor's reply: Good point. We'll henceforth print an uncontaminated version of Supermarket Superbargains. However, we will also publish regularly a Guardian Guide to Better Boycotting, indicating consumer boycotts we endorse. See Political Action Calendar, p. 3.■

THE SAN FRANCISCO BAY GUARDIAN

"It is a newspaper's duty to print the news and raise hell."
(Wilbur F. Storey: Statement of the aims of the Chicago Times, 1861)

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POLITICAL ACTION CALENDAR

BY KEN McELDOWNEY

JULY 25 (FRIDAY)

SF COALITION FOR 100,000 NEW VOTERS open house for people interested in becoming deputy registrars who get 35¢ for each new voter signed up, 12 Valencia St., SF, 5 pm, 626-9500.

"REDEVELOPMENT," film on urban renewal and SF power structure, cartoons, refreshments, 1499 Potrero, SF, 8 pm, 621-6196. INTERNATIONAL HOTEL BENEFIT CONCERT followed by a dance and party, sponsored by the International Hotel Tenants Association, 848 Kearny St., SF, 7 pm, \$1.50, 982-4249.

SOUTH PARK THREE-DAY STREET FAIR begins with art, food, music, near 3rd St./Bryant, SF, 1 pm, 982-8922.

JULY 26 (SATURDAY)

"A PEOPLE'S SALUTE TO CUBA," at the Neighborhood Arts Theater, 220 Buchanan, SF, with slides, films, the SF Mime Troupe, noon, free; poets, speakers, folksingers, 7:30 pm, \$1; sponsored by the Committee for July 26. "AFFIRMATIVE ACTION: How Does It Work in a Depression," one-day conference sponsored by SF CLUW, at SF Community College, 33 Gough St., SF, 9:30 am to 5 pm, childcare provided, 626-7239.

"WHO RUNS OUR LIVES," seminar on agribusiness featuring tours to corporate and cooperative farms sponsored by the National Land for People, Van Ness/McKinley, Fresno, 4:15 am, \$5, 209-233-4727.

JULY 27 (SUNDAY)

"SEMANA CUBANA," week-long program of Cuban food, music, culture and art co-sponsored by the Committee for July 26 and La Pena, 3105 Shattuck, Berkeley, 6 pm to midnight. SAN FRANCISCO TOMORROW'S Angel Island outing. For details call 664-5067.

JULY 28 (MONDAY)

GAS RATE DESIGN California Public Utility Commission hearings begin, Commission Courtroom, State Building, 350 McAllister, SF, 10 am. Call 557-3914 for dates of additional hearings.

"POSTERS OF REVOLUTIONARY CUBA," Open Studio program produced by Susan Adelman and Juan Fuentes, KQED-TV, channel 9, 10 pm.

SAN QUENTIN SIX TRIAL begins at Marin County Courthouse in San Rafael off Highway 101, defense committee rally at 9 am; for rides: SF, 285-5069; East Bay, 848-4661.

JULY 29 (TUESDAY)

NATIONAL HEALTH SECURITY meeting with film and speaker on outlook for health legislation in Congress, sponsored by the California Association for Older Americans, 330 Ellis St., SF, 10 am, 771-0352. PERSONAL INCOME TAX REFORM public hearings, held by State Senator Jerry Smith of Santa Clara, Regents' Room, UC Berkeley, 10 am.

JULY 30 (WEDNESDAY)

SF SUPERVISORS CANDIDATE NIGHT sponsored by Latinos of San Francisco, see and hear Terry Francois, Quentin Kopp, George Farber, Loraine Lahr and Harvey Milk, 1200 Florida St., SF, 7:30 pm, 647-5979. NUCLEAR POWER DEBATE between attorney from Project Survival and PG&E representative, KPIX-TV, channel 5, 10 pm to 11 pm and 11:30 pm to midnight.

AUGUST 1 (FRIDAY)

"WOMEN AND THEIR HEALTH: Research Implications For a New Era," two-day conference co-sponsored by the UC School of Nursing and the National Center for Health Services, Cole Hall, UC Medical School, 3rd Ave./Parnassus, SF, 8:30 am to 4:40 pm, call Dr. Virginia Olesen at 666-2453.

AUGUST 4 (MONDAY)

OIL DRILLING IN CALIFORNIA coastal waters public hearing sponsored by the House Select Committee on the Outer Continental Shelf, 350 Golden Gate, SF, 10 am. MEDIA ALLIANCE representatives speak to the Ecology Center luncheon get-together, 13 Columbus Ave., SF, noon, 563-7882.

Guardian Guide to Better Boycotting

The United Farm Worker Union boycott of: Gallo wines (all wines from Modesto), table grapes and head lettuce without a UFW label on the packing crate, Lucky Stores. Also, the Teamster community boycott of Coors Beer (see Guardian, 11/16/74).

EDITORIALS/BRUCE B. BRUGMANN-STEVE Le MOULLEC

Lay off Joe Tinney!

Let's lay off Assessor Joe Tinney. He's really not to blame for the drastic increase in residential assessments in San Francisco. Partly it's inflation, partly it's budget problems common to most cities. But first and foremost, the big reason for the high assessments is that the residents of San Francisco are being asked, without a vote, without proper representation, without consultation, to subsidize the building of a spanking new city: Executive Headquarters West (as the Chamber of Commerce puts it in ads in Fortune Magazine), Manhattan West (as the Guardian has called it since 1968).

Blame the people who run this town, the banks and utilities and developers and Chamber of Commerce/Downtown Association/Bay Area Council/SPUR heavies, who decided the old San Francisco isn't good enough anymore and a Manhattan-type complex ought to be built in its place. Blame their errand boy, Mayor Alioto, the man who's pushed redevelopment, airport expansion, Yerba Buena, selling off the port, one big Manhattanization scheme after another since the moment in 1968 when Ben Swig raised \$203,500 for him in 45 minutes at the Fairmont Hotel. Blame Alioto's commission appointees, who leave nary a pebble in the path of big developers. Blame the development-prone supervisors, who approve everything from the Lake Merced monstrosity out in the Sunset, 10-1, to a bottomless financing plan for Yerba Buena, 11-0. Blame the people who are promoting pell mell Manhattanization, not poor Joe Tinney who must by law set the assessments to pay the costs for all this.

For the point is that Manhattanization doesn't bring us economic salvation, as Chamber apologists try to tell us. Instead, it is an enormously expensive business and the disproportionate costs fall on a dwindling number of residential taxpayers. Some specifics:

The highrise drain on municipal services: The number of people in San Francisco has decreased from 740,000 to 715,767 in the past decade, but the cost of municipal services during Alioto's reign has soared from \$364 to \$700 million. That's almost double during the past eight-year highrise boom. One big reason: the city is serving more highrises (30 since 1968), more tourists (up a million since 1970), more commuters (59% of all downtown jobs go to commuters, according to a SPUR study).

Our own cost benefit study in 1971 showed that downtown San Francisco cost \$4.8 million more in municipal ser-

vices than it contributed in municipal revenues (Guardian, 9/27/71).

Then there's the millions of dollars of bonds to finance Manhattanization: a total of \$590 million since 1955 in sewers, water, airport expansion and other development bonds, as compared to a dollop here and there for park/rec/social services (\$146 million). Alioto's regime alone added \$50 million, mostly high-rise-oriented, to the city's debt in eight years. Meanwhile, as this one-way conveyor belt of subsidies rolls into downtown San Francisco, as tourist and commuter pollution increases, the quality of services declines and the city's physical plant—parks, the Muni, libraries—deteriorates badly. Even the recent outrageous property assessment boosts will never provide enough new revenues. **The highrise ripple effect:** The highrise boom sends waves of skyrocketing land values throughout the neighborhoods. For example, our ripple effect study in 1971 showed average neighborhood assessments up an average of 197% between 1950 and 1970, as compared to 67% downtown. This year, the neighborhoods had 25 to 100% increases, compared to an average of 7% to 11% increases downtown. Thus, the downtown's proportion of the city's tax bill has been steadily decreasing over the past 20 years while neighborhood taxpayers have picked up an increasingly larger share of the downtown's high density bill. How can this be in a highrise boom?

The pitfalls of relying on tourism: A million more tourists have come since 1971, but SF's hotels are in trouble. Reason: 13 hotels and 5,500 new rooms were built since 1971, in lip-smacking anticipation of Yerba Buena. This brought occupancy rates as low as 60%, according to the assessor's office, even in the new hotels. This in turn brought lower hotel assessments, even decreases in cases like Del Webb's Townhouse. The neighborhoods make up the difference. The bottom line, of course, is that the big hotels and YBC will in total cost more in city services than they bring in in revenues. (See Glide's Yerba Buena book.)

The conclusion is inescapable. If City Hall votes in Manhattanization and piles up the costs of municipal services to support it and sends higher taxes rippling out through the city's neighborhoods, then the residents are going to get brutal taxes, now and forevermore. The game

is rigged and the commuters and the tourists and the big buildings aren't going to pay their fair share of the damage they create. The rest of us must make up the difference.

It's almost that simple. Lay off Tinney. Start in on the incumbent supervisors running for reelection (Gonzales, Francois, Kopp, Mendelsohn, Molinari, Pelosi) and the candidates for mayor, for supervisor and for district attorney.

—Bruce B. Bruggmann/Steve Le Moullec

It's been nine months and four days since the DA. . .

It is now nine months, 36 weeks and four days since District Attorney John Jay Ferdon, LLB, accused Mayor Alioto in writing of a "pervading" conflict of interest in the Alioto family's purchase of Pacific Far East Lines on the Alioto-dominated waterfront. District Attorney Ferdon has refused to prosecute the mayor for law-breaking in the mayor's office.

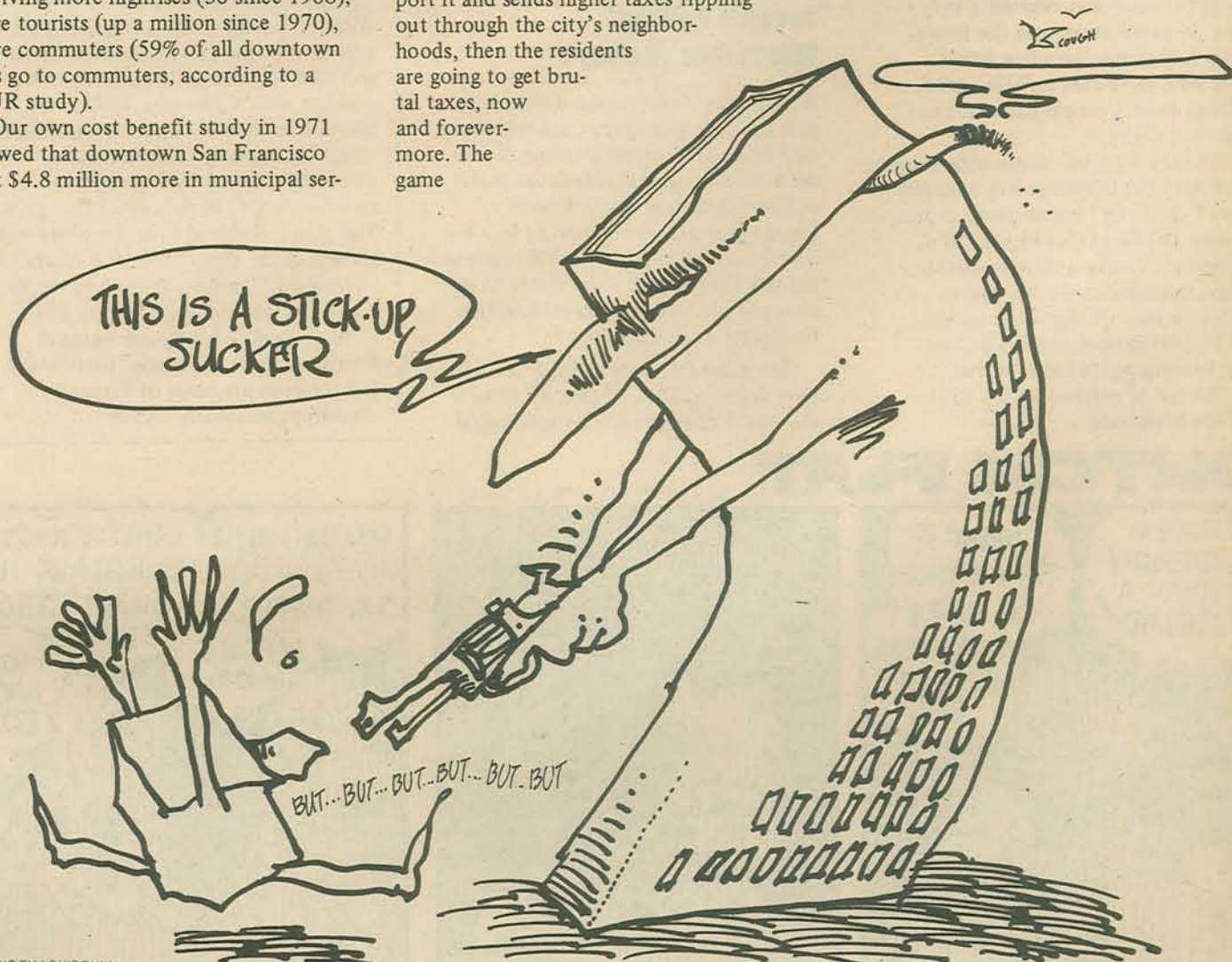
District Attorney Ferdon is running for reelection in November.

Note 1: When will the candidates for mayor, district attorney, and supervisor start making themselves serious candidates for office by saying some of the things that need to be said? That Alioto should resign. That Ferdon is afraid of Alioto and afraid of prosecuting white collar crime. That somebody ought to go after white collar crime in high places in San Francisco.

Note 2: Congratulations to City Atty. Tom O'Connor, LLB. O'Connor once again has gotten to the nitty-gritty in municipal corruption. He's ruled that Sup. Dianne Feinstein has a conflict of interest as an unpaid volunteer member of the board of directors of the non-profit charitable organization that runs the Haight-Ashbury Medical Clinic.

Note 3: When will the Examiner back up its excellent columnist Dick Nolan, who's done yeoman's work on Alioto and gang for months, and begin taking Alioto to task editorially and calling for his resignation? ■

—Bruce B. Bruggmann



DRAWING BY LOUIS DUNN

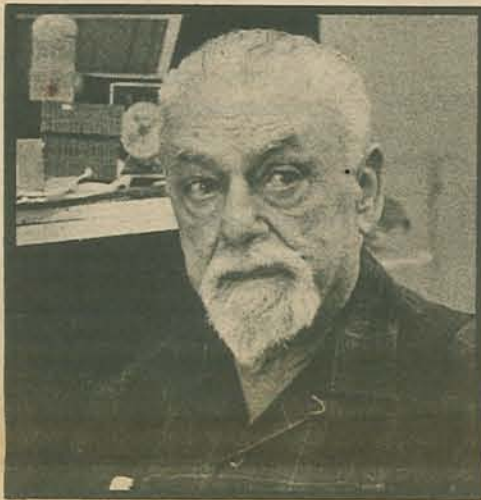
Lou Swift

A rebel with many causes 1895-1975

They buried Lou Swift the other day in a blue suit and tie. They should have buried him with his crazy blue baseball hat pulled halfway down his forehead, with the "Win" button in the middle (which became a "Lose" button after President Ford started his own "Win" campaign).

That's how everybody would remember Lou if they ever wandered into his outposts—behind the battered desk in a former barbershop at the rear of his Golden Gate News Agency on Third Street, or later at his battered desk in the anteroom of his L-S Distributors on Post Street.

Everybody remembers their first meeting with Lou Swift in his office. Phones ringing incessantly. People wandering in to buy the New York Times or get a handout. A desk strewn with papers and



letters from all over. A gruff manner that scared the hell out of a lot of people.

I got a grilling after my first Guardian in October 1966. Why did I want to start the Guardian? What was the point? Why was I wasting my time and the time of a lot of readers? But he took the Guardian and distributed it for many years, when the big distributors in town wouldn't touch it, and he bought a gratuitous \$20 ad which appeared in each edition for years. "If it's controversial, we'll distribute it," the ad said.

Burton Wolfe came to Swift in 1960 with the Californian, the forerunner of us all, which at that time was considered an extraordinarily radical publication. Swift agreed to distribute it, but not without a lecture. "Youth wants to reform the world," he told Wolfe, "but the world doesn't want to be reformed." And then he went ahead and bought 1000 copies from Wolfe on a nonreturnable basis, which got Wolfe started and kept him going until 1962.

He bought batches of Paul Krassner's Realist in the same way. He helped push Ramparts in the early days and defeated

the State Department's efforts to force him into registering as a foreign agent for distributing Communist papers such as Pravda and Izvestia. Swift even gave William F. Buckley's National Review its local distribution start, not because Swift liked the Review, but simply as a matter of principle: nobody else would distribute it locally.

Lou was born on July 4, 1895. He lived and died a rebel of many causes. He was an early organizer for the Wobblies. He financially supported a lifetime of good causes (his last: the KQED strike, as the biggest backer) and another lifetime of battles (including several major obscenity cases involving his distribution of pornographic books). His biggest fight of all was physical: polio, hospitalization from age 6 to 14, the physical and financial inability to continue school thereafter, 30 major operations, and crippling diseases enough to kill anybody else at age 30. He spent his last few years in a wheelchair. He even had to give up his big cigars because of emphysema. Nobody ever heard him complain except a few intimates.

He rose from copyboy to production manager of the SF Examiner, founded a newspaper in Texas, did stunts on horseback for grade-B films in Hollywood and, after going broke at 58, bounced back as a successful distributor.

On July 26 Lou spent a full day as usual at work, answering the L-S phones, handling the walk-in traffic, supervising the drivers. He was taken home that evening by Father Bill Richardson of the University of San Francisco, who for the past three years had ferried Lou back and forth from his office to his spartan apartment on Gough Street. Richardson was bathing Lou when Lou had a stroke and died quietly in Richardson's arms in a matter of minutes.

Lou had made a lot of money in his life, but he gave it away to his causes and to his Louis Swift Fund for the handicapped (2328 Clement St., SF 94118, which is accepting donations on Lou's behalf). Lou probably had no more than \$3000 in cash at the end, estimated Dick Seifert, Lou's right-hand man for years and his successor at L-S. His furniture was rented, he had no car and few possessions outside of a television set. What he had left was in his business and foundation.

"He lived the way he wanted and he died the way he wanted," Seifert said. "If there's a newsstand in Heaven, you can be sure that Lou Swift is running it, with integrity," wrote Krassner in the Barb. "Lou was always for the little guy," said Ed Enos, who with his wife runs the Redwood New Bookstore in Healdsburg. "He made me feel I was running one of the biggest bookstores in the business."

So long, Lou. A lot of us little guys in the print business will remain in your debt for a long, long time.

—Bruce B. Bruggmann



- and a secret witness

In the wake of an alleged police attack against them, two men face possible life prison sentences for assaulting the police. Brad Noel and Michael Ryan were both arrested July 8 after SF police broke up a picket line in front of KGO-TV studios organized by the Committee Against Racism and the Progressive Labor Party. Noel suffered a fractured skull in the incident.

The pickets were protesting KGO's airing of an ABC film clip about the Ku Klux Klan and KGO's failure to grant an antiracist speaker the right to reply. The police claim Noel, Ryan and two other demonstrators, Gina Milbourn and William Huntington, attacked them when police attempted to cite the demonstrators for an overly loud bullhorn. Noel, Ryan and picket line organizers insist they were systematically and deliberately attacked. The Guardian has learned that one of the few known noninvolved witnesses to the melee corroborates charges that Noel and Ryan were wantonly assaulted by police officer Richard Manning.

The trouble started on June 17 when KGO aired a one-minute-and-15-second segment about the new, less secretive and less selective Ku Klux Klan. The clip featured a KKK spokesman addressing a

friendly crowd and made reference to "white power T-shirts." The next week, several people from Progressive Labor and from the Committee Against Racism, a national organization that has grown around the South Boston school integration struggle, went to KGO's studios at 277 Golden Gate and confronted station officials Bob Sunderland and Clark Biggs, demanding equal time on KGO for an antiracist speaker. The station refused.

Biggs, KGO's executive news producer, told me, "There is no such thing as equal time outside of bona fide political candidates or political parties." Biggs also denied that the KKK clip was racist. "The producer said it was really funny they thought it was racist. The producer is Filipino, the writer was Chinese, the person who read it was Black."

About ten days after talking to Biggs, the Committee Against Racism and PL returned to KGO with about 65 demonstrators to march in a line while Mike Ryan gave a speech through a ten-watt bullhorn. SFPD officers Richard Manning and Howard Bergmark were on the scene ten minutes before the demonstration began, according to a police report; at 6:07, according to the report, they were joined by Sgt. Al Johnston; demonstrators say there was at least one motorcycle cop hanging around the whole time; around 6:30, officers Kranci and Buck, a "noise abatement unit," checked in at KGO to measure the volume of the bullhorn.

Soon afterward, a police "904 Code 3" highest-priority response was called, dozens of police swarmed to the KGO studio, Brad Noel was headed for neurosurgery and four people were under arrest. An eyewitness to the heavy street action was an attorney perched on the balcony

BERKELEY H.U.D. COVERUP?

William Eisen, the certified public accountant who set off a brouhaha about financial shenanigans at the Berkeley Redevelopment Agency with a routine audit report on the agency, doubts the US Department of Housing and Urban Development will adequately investigate his charges.

A limited (\$800) audit by Eisen's office had uncovered "certain irregularities" in BRA finances, the SF Examiner reported July 30 on the basis of a leaked document. Eisen's report noted he had notified HUD (BRA's funding agency) and other authorities of possible "criminal liabilities" at BRA. But HUD officials quickly disclaimed Eisen's charges.

When the Guardian informed Eisen of HUD's action, Eisen was furious. He claimed that BRA records were so garbled that almost anything could have been going on. He pointed out that BRA's contract with HUD required an audit every two years, but that BRA hadn't been audited for five years. Eisen confirmed his investigation had uncovered a number

of possible criminal activities including misappropriation and improper transfer of funds, misuse of expense accounts and conflict of interest.

Several present and former employees of BRA and the city of Berkeley who are familiar with the agency's financial workings confirmed the gravity of Eisen's charges. Missing files, lost vouchers and unauthorized payments are commonplace, these sources said, and employees have ample opportunity to cheat the agency. Several sources told the Guardian that Deputy Executive Director Robert Amber is frequently absent from work and is incompetent when he does show up. Repeated calls to Amber found him always out of the office.

Several sources spoke of the cozy relationships between BRA and the HUD officials who are supposed to be investigating BRA's fiscal irregularities. "They all go to each other's cocktail parties," a source pointed out.

Such charges have been ignored by the

DUTCH FLAT





"Drop all charges, free Joanne Little" rang the cry at a July 14 demonstration in front of the San Francisco Federal Building. More than 300 people turned out to mark the opening of the trial of Joanne Little, a young Black woman charged with the August 1974 murder of her white jailor, Clarence Alligood. Little says she killed Alligood in self-defense when the jailer tried to rape her. Alligood was found dead without pants or shoes, slumped over the end of the cot in Little's cell. A simultaneous demonstration of thousands of Joanne Little supporters took place in Raleigh, North Carolina, the site of her trial, where supporters plan to maintain a vigil at the court as long as the trial continues.

Oakland Assesses homes up, Downtown down

East Oakland homeowners have won the first battle of a campaign against unjust property tax assessments. A coalition of community groups and realtors, armed with assessment research by the California Citizen Action Group, has convinced Alameda County Assessor Don Hutchinson to cancel an announced 3.2% assessment increase for 19,000 homes in East Oakland. The homeowners objected to a basic inequity of Alameda assessments uncovered by Citizen Action: assessed values of many downtown buildings have actually declined during the well-publicized "revitalization" of downtown by supporters of BART and redevelopment. At the same time, assessments in recession-scarred working class neighborhoods have increased, despite the abandonment of hundreds of homes and a moribund residential real estate market.

Stuart Allen, Citizen Action League study coordinator, revealed the reason for the inequity on July 24: homes in Alameda County are re-assessed frequently, both by on-the-spot inspection and by price comparison based on sales in the neighborhood. But downtown Oakland commercial and industrial properties checked by Citizen Action haven't been re-appraised or even trended upward on the basis of sales since 1968.

East Oakland residents successfully argued with Hutchinson, in a series of meetings in his office, that his assessment hikes did not take into account the large number of unsaleable houses, abandoned by owners unable to keep up mortgage payments. They also pointed out that new tax increases would jeopardize the fledgling Community Development Program, which received \$28 million in federal funds to buy up, refurbish and resell abandoned homes to low-income people.

Assessor Hutchinson now promises a comprehensive personal reappraisal of East Oakland assessment procedures later this year. As yet, however, he's promised nothing to correct the under-assessments enjoyed by commercial property owners in downtown Oakland.

—Becky O'Malley and Jerry Roberts

FOLLOW THAT STORY!

Southeast Sewer Plant (6/28/75): The revelation that San Francisco has contracted with the city of San Bruno to handle sewage from the huge proposed San Bruno Mountain commercial development has fueled the fury of a coalition seeking an alternative location for a new city sewer plant. The SF supervisors voted unanimously July 21 to locate the plant at Hunter's Point. The coalition is considering a legal move to stop further action.

New ILWU contract (7/12/75): Members of ILWU Local 10 who are campaigning against a new proposed contract between the longshoremen and the Pacific Maritime Association have joined southern California longshoremen in a 100-mile march against the contract. The march started at Port Heuneme and headed toward Los Angeles, home of Local 13, which was instrumental in voting down the proposed contract last April. Results of the contract vote should be released by the end of the month.

Co-op in San Francisco (7/12/75): The Co-op, the East Bay-based cooperative grocery chain, will open its first SF store in the North Point shopping center at Bay and Mason Streets on August 4.

Olga Talamante (2/8/75): The trial of Olga Talamante, the Gilroy woman held as a political prisoner in Argentina since last November, has been delayed. The trial was to begin July 10, but the judge in the case is considering new evidence turned up by attorney Leonard Weinglass and Ed McCaughan, a member of her defense committee.

The Revolving Door at KPIX News (5/17/74): A week after we reported the demoralization among KPIX news staffers, two more dropped from the newsroom: executive producer Don Ringe, who was quietly encouraged to resign, and director Fred Joslyn, who quit. In a memo to manager George Resing, Joslyn reported he planned to "live in a redwood stump in Guerneville and be a guru to the growing army of disenchanted young maidens who thought they were really going to make it in TV."

Former KPIX reporter Rita Trevino has moved to WFAA-TV in Dallas. "I figure after KPIX anything has got to be up."

REFUGEES LEARN THE U.S.A. WAY

Life in the promised land, free from "communist aggression," is turning sour for thousands of South Vietnamese refugees. More than 130,000 fled to the US during the April evacuation of Saigon. Today, more than half of them remain in refugee camps, settlement agencies are keeping money earmarked for the refugees, resettlement arrangements are breaking down and many refugees are going on welfare.

At least 657 refugees have officially applied to return to Vietnam, according to California Department of Welfare statistics, and are waiting for processing and negotiations to begin with Vietnam's Provisional Revolutionary Government. It's no wonder they want to leave. The US State Department is paying nine private and religious resettlement agencies \$500 to place a refugee with an American family. The money is supposed to reimburse American sponsors for basic necessities provided to the refugees, but little of the money is trickling down to their level.

Marion Cantor of United Hias, an umbrella group of Jewish charities, told the Guardian that her agency is providing only \$50 directly to the refugee; the other \$450 is turned over to local Jewish community agencies.

Father Ronald Tagnoli of SF Catholic Charities told the Guardian his agency was keeping \$200 out of the \$500 to cover the cost of linking the refugee with a sponsor.

"I think some people are going to make a profit out of this," Audrey Doughty, director of the International Institute explained. Doughty said her agency, which has made a small number of resettlement placements, has already dealt with 159 Vietnamese whose American sponsors, selected by other organizations, failed to take care of them.

When sponsorship arrangements break down, Vietnamese refugees turn to public welfare agencies. Nearly a quarter of the 12,500 refugees settled in California have applied for welfare, according to state figures. Steve Wolfe, Medi-Cal and Adult Program specialist for Contra Costa County Social Services, told the Guardian,

"My experience here, and I know it's also true in LA and elsewhere, is that 80% of the sponsorships situations have broken down, at least partially." Bill Travis, a division superintendent in the SF Department of Social Services, said 267 refugees have applied for welfare and 37 for food stamps in the city so far.

Ironically, the Vietnamese refugees applying for welfare will receive better treatment than their American counterparts. A special federal program to reimburse counties for aiding the Vietnamese has ordered local welfare departments to give all Vietnamese refugees payments based on the Aid to Families With Dependent Children (AFDC) program. Under this program, a single Vietnamese refugee will receive \$144 a month; his American counterpart receives considerably less from county-sponsored General Assistance: \$83 a month from San Francisco, \$125 in Alameda County, and even less money in some other counties in the state.

—Katy Butler

Teamsters axe Coors boycott

Latest development in the Hoffa-Fitzsimmons battle for control of the Teamsters union: Teamsters Western Conference officials, close allies of Teamster President Frank Fitzsimmons, ordered Teamster Beer Drivers' Local 888 to stop working on the highly successful Coors beer boycott on July 22.

Allan Baird and Andris Cirkelis, boycott leaders and allies of former Teamster President Jimmy Hoffa, told the Guardian that George French, number two person in the Teamster's Western Conference, had locked them out of Local 888 and demanded that they "put a stop to the boycott immediately."

Even if they wanted to, it's doubtful that Baird and Cirkelis could kill the boycott that has helped cut Coors' share of the California beer market from 41.1% in July, 1973, to 37.6% in May, 1975. The Teamsters are only one part of a statewide boycott coalition including Chicano and Latino groups, the United Farm Workers, Asian-Americans, blacks and Native Americans.

—Ken McDowd

Culinary caucus challenges merger

Rank and file members of the Dining Room Employees Union Local 9 will soon file a lawsuit to try to insure that a planned merger of five San Francisco culinary unions is carried out democratically. Locals 9, 41, 44, 110 and 283 of the Hotel and Restaurant Employees and Bartenders International Union are scheduled to merge into one local on October 1. The suit by the Local 9 caucus is not designed to block the merger — many members favor the move because it could strengthen the union. But the merger is being carried out "without the input, without the approval, without the knowledge and without the desire of the rank and file," according to Andy Zachs, a caucus member.

Oakland labor lawyer Dan Siegel, who represents the caucus, outlined the points of contention at a benefit dinner which the caucus held July 20. First, the caucus seeks an election of union officers within six months of merger. Elections now aren't planned until 1978, and Local 9 members haven't voted for officers since 1971. Second, the caucus contends that each local should have the right to vote on

the merger; the decision to merge the five locals was made by national leaders in Cincinnati. Finally, the lawsuit will try to prevent the imposition of by-laws on the local by leaders of the International. When the Joint Executive Board of Culinary Workers, a group of officials of the five culinary locals, announced the merger in June, they also announced that Joe Belardi would serve as president of the new local until 1978. Belardi is Secretary-Treasurer of the Joint Board, a vice-president of the International and president of the Cooks Union Local 44, one of the locals involved in the merger.

In response to the caucus's election charge, Belardi told me that three of the locals involved in the merger have recently had elections so, "Should we let the minority rule the majority by forcing them to have new elections so soon?"

Belardi dismissed the other two points of the Local 9 suit by saying that the power of merger and the right to impose by-laws are both guaranteed to the International leadership by the International's constitution.

Many of the 400 people at the July 20 benefit were members of other rank and file union caucuses who, together with Local 9 caucus members, recently formed the Bay Area United Trade Unionists (UTU) to support each other's struggles to democratize their unions.

—Paul Rosenstiel

How to read your PG&E Progress

BY STEVE LeMOULLEC

1 "People," you and me, own PG&E, an editorial in the PG&E Progress, PG&E's monthly newsletter to ratepayers, claims in its July issue. Sure, but the little people who own less than 100 shares of stock, who represent more than "half the company's stockholders," aren't the people with clout in the company. The "people" with clout are big unidentified institutional investors who hold the biggest chunks of stock.

2 PG&E says most PG&E "owners" live in its service area. What PG&E doesn't say is that nine of its 11 largest stockholders are Eastern banks and insurance firms, among the biggest and most powerful companies in the U.S. (Undoubtedly, many of PG&E's top 100 and 200 investors are also out of state, but the company is forced by law to identify only its top ten investors.) This bloc of institutional investors, along with SF's

Bank of California and B of A, controls 16% of all PG&E stock. Each holds much more than one-tenth of 1%. (See chart).

(PG&E claims to be giving rate-payers the straight stuff in its "Who Owns PG&E" editorial. But it doesn't list its top ten stockholders, the first priority in understanding corporate power and policy. Even more significantly, PG&E, in its public reports to the PUC and the Federal

Power Commission, won't even list the real names of its ten largest stockholders. Instead, PG&E uses "nominee names," which PG&E and other large US investors use to conceal their corporate identities.)

3 PG&E is not an example of "public ownership" in any sense. PG&E is not "little people." PG&E is a private utility, owned by private investors, controlled by its big institutional investors, producing private profits for private investors, the biggest chunks going out of state. PG&E has spent the last 50 years sabotaging real public ownership of public utilities in San Francisco and has worked collusively with City Hall to keep the city's cheap Hetch Hetchy power from going to the city's residents and businesses. Instead, PG&E forces the city to buy expensive PG&E private power. It's called the PG&E/Raker Act scandal, the biggest and most costly ongoing scandal in American history. The annual cost to the city: at least

\$21 million a year, according to a study by independent public interest accountants. Or, put another way, if the city's power system were owned by the city and not PG&E, the city would get about \$21 million a year in lower rates, lower

taxes and other public power benefits. How does PG&E have the gall to claim it is publicly owned when its very presence in San Francisco defies the city charter, the Raker Act of 1912 and a U.S. Supreme Court decision of 1941?

PG&E Progress

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Don J. Baxter, Editor

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NUMBER 7

Who Owns PG&E?

- 1** PEOPLE, that's who. Including you, most likely. More than half of the company's 288,600 direct owners—people who have
- 2** invested some of their savings in PG&E common and preferred stock—live in the company's service territory. Collectively, these local stockholders own more than 43 million shares of PG&E stock. But no individual owns as much as 1/10th of one per cent of the outstanding stock, and over half the company's stockholders have no more than 100 shares. BUT IF YOU are not a stockholder, you probably are one of the millions of Californians who have an indirect ownership interest in PG&E. Do you own an insurance policy? Most probably, then, you are an indirect owner of PG&E because 554 insurance companies hold substantial investments in PG&E securities. Chances are that your insurance carrier is investing part of your premiums in PG&E to provide earnings that help cover your insurance needs. Are you employed by a city, county, state or school district? At least 38 pension funds of such governmental agencies have invested in PG&E securities. Are you a union member? If so, your union may be among the 20 unions which have invested funds, pension trusts and insurance premiums in PG&E. Do you have a bank account? If so, your bank probably invests some of your money in PG&E. About 828 banks, investment companies and security dealers across the country do. Are you a church member? There are 528 U.S. churches which hold PG&E securities. Do you belong to a fraternal organization or benefit in any way from a charitable, cultural or public service foundation fund? Substantial funds are invested in PG&E by 1,313 fraternal organizations and various foundations. And 209 colleges and universities place scholarship, student welfare and various institutional funds in PG&E securities.
- 3** WIDELY-OWNED by the public, regulated by public agencies and managed and operated by local people, PG&E is an example of public ownership in the truest sense.

The 11 Secret Big PG&E Stockholders

Name (and corporate code name)	Shares Held	% of Total
Bank of California, SF (Safund, Rucal)	5,593,721	5.7
NY Stock Exchange Depository Trust (Cede)	3,181,128	3.2
Savings Bank Trust Co., NY (Sabat)	1,180,316	1.2
Chase Manhattan Bank, NY (Cudd)	1,717,825	1.2
Prudential Insurance, NJ	814,275	.8
New York Life Insurance	764,005	.8
Equitable Life Assurance, NY	760,475	.8
Merrill Lynch, Pierce, Fenner & Smith, NY	710,894	.7
*Bank of America, SF	669,000	.7
Bank of Delaware (Carothers & Clark)	500,000	.5
First Nat'l Bank of Chicago (Olen)	437,940	.4

*Walter A. Haas of Levi Strauss, who sits on both PG&E and B of A boards, owns 11,462 shares—more than any other PG&E officer, according to PG&E's latest report to the PUC. The B of A's shares, along with Prudential's, are hidden under several "nominee" names with separate holdings too small for PG&E to reveal in its latest list of ten largest stockholders filed with the PUC. However, B of A and Prudential revealed their total holdings in their most recent annual reports.

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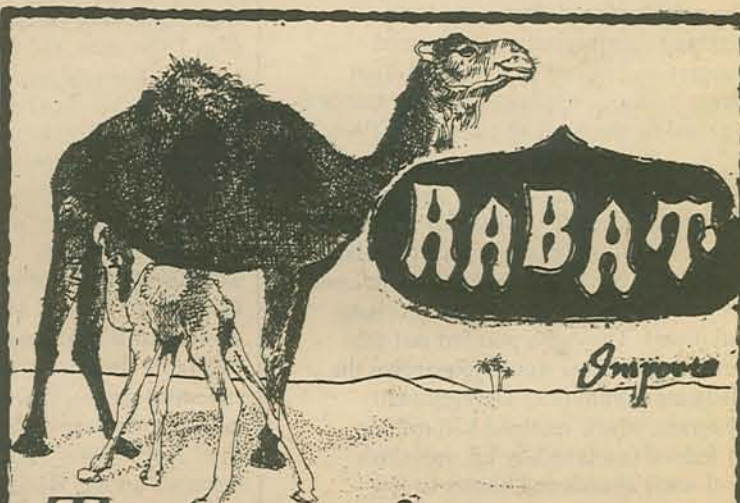
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Can big league sports ever cut it in SF?

The five sticky questions

BY JERRY ROBERTS

In the waning months of his final term as mayor of San Francisco, Joe Alioto has been posing for photographers in Washington, D.C., vacationing in Italy, picking up his private law practice and fronting for familiar friends at home. The only local public matter which seems really pressing is a new indoor sports arena proposed to be built at Third and Howard Streets: when real estate prince Melvin Swig, Alioto's political ally, had his offer to erect the arena pooh-poohed by the Redevelopment Agency, Alioto flew back from vacation in Rome to try to straighten things out.

The arena is a key piece of Yerba Buena Center, Alioto's pet redevelopment project. A publicly funded sports arena originally planned for YBC was dropped from the project as part of an out-of-court bargain the city struck with YBC foes Alvin Duskin, William Brinton and Gerald Wright last year. Now the mayor has revived plans for an indoor stadium South of Market Street and has attracted three offers to build and finance it privately: a cash-on-the-line deal by YBC architect/developer Lyman Jee; a bid similar to Jee's offered by mystery man J.J. Graham; and a nonprofit corporation scheme from the Swig family interests, owners of the Fairmont Hotel, big-time real estate dealers and perennial heavy campaign contributors.

About all that remains in the way of official approval is for the Redevelopment Agency board to select one of the bidders. But, as usual with Alioto's blitzkriegs, important questions remain unanswered.

Question #1: Can professional sports cut it in San Francisco? San Francisco and the Bay Area enjoy a lousy reputation for supporting pro teams. The city had the Warriors and lost them, had the Seals and lost them, and probably very soon will have had the Giants and lost them too. Part of the problem of poor attendance is the teams themselves: people don't watch the Giants because they lose.

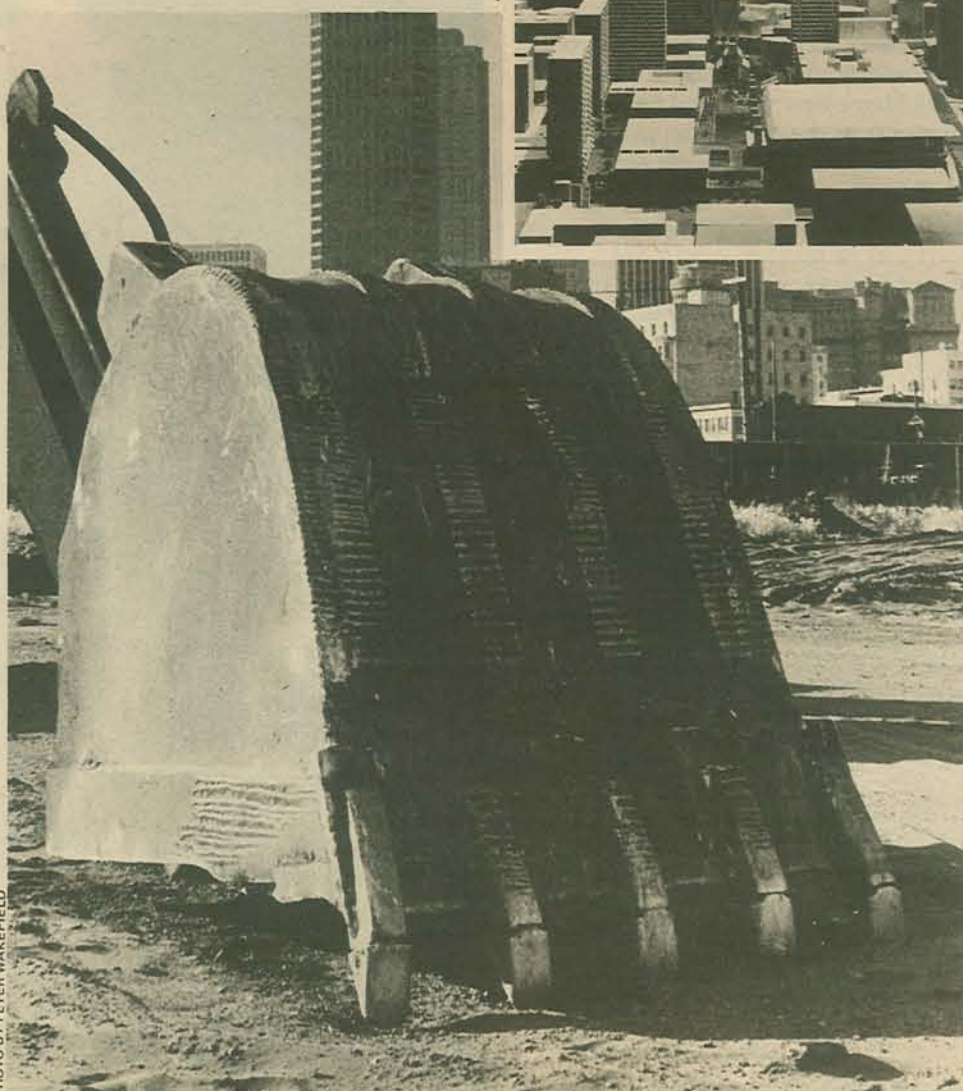
Part of the attendance problem arises from the settings for the teams. People don't watch the Giants because Candlestick is cold and plastic and boring to look at. Basketball fans don't watch the Warriors at the Oakland Arena because they can't see well.

But the Bay Area won't even support a winner: the Warriors won a National Basketball Association championship this year and averaged only 8500 fans a game at home. The Oakland A's, one of the greatest teams ever to play baseball, have won three World Series in a row and still have attendance woes. All the backers of the current proposals for a new SF sports arena are betting that problems of poor attendance can be ended by solving the problem of setting—by building a comfortable, fan-oriented arena. But some professional arena managers are more skeptical.

"The history of private buildings making it is not very promising," Lex Connelly, manager of the Cow Palace, told me. Bill Cunningham, general manager of the Oakland Arena, agreed. "The vast majority of arenas in the country are publicly funded," he said, and he added it would be "next to impossible" for a private arena to turn a profit here.

Admittedly, Connelly and Cunningham are not the most impartial observers. Competition from a new arena could only hurt business for them, so they could be expected to talk down the survival chances of a new stadium.

But even Swig agreed with Cunningham that a private arena couldn't make it without subsidy. Swig said his plan would work only because of tax-exempt bonds that would be sold by the dummy non-



Yerba Buena Center now and ?? Most of the 87 acres of downtown San Francisco leveled for a sports arena/convention complex have lain fallow for ten years.

profit corporation (though he claimed the bonds were "not exactly" a subsidy).

Both the Cow Palace and the Arena enjoy big direct public subsidies and so can afford to rent out space for less money. The Cow Palace pays no taxes, and it receives money from the State of California as a district livestock show hall. The bonds with which the Oakland Arena was built were guaranteed by the city and county and pay a tiny 4 1/8% interest. Standard rental for events at either arena is 10% of the gate.

In contrast, Swig plans to charge 12% of the gate for rental, and he would pay 7 or 8% interest on the bonds sold to finance construction. Lyman Jee's money costs would be even higher: he would pay about 9 1/2% interest on the money he would borrow privately to build a sports center. Also, most of the shows and events in any new arena would have to be drawn away from the two existing stadiums. But last year the Cow Palace and Oakland Arena together booked only about 400. According to proposals submitted by all the bidders for a new arena, their facility would have to take away at least half of that business, while charging higher rates.

And if the California Seals hockey team is really leaving the Bay Area for Seattle as Mel Swig says, there is now neither a pro hockey nor pro basketball team to act as an anchor tenant for a new arena. The Warriors have signed a letter of intent to play in Oakland for five more years, with an option to stay an additional five.

Confronted by the Redevelopment Agency with questions about these matters, superpromoter Shelley Saltman promised minor league hockey teams and the American Basketball Association. More minor league sports for San Francisco.

Question #2: Who stands to gain the most from building an arena? All the groups bidding on a new arena discount the argument that they will lose money. They believe whoever gets the arena award will make a handsome profit. "I wouldn't be getting into it if I didn't

think it would be profitable," Melvin Swig told me on July 16. At a Redevelopment Agency meeting the next day, he dramatically withdrew his offer to construct the facility and operate it for 50 years when the Agency rejected his request that they award him the arena bid without further delay so he could immediately buy the Seals from the NHL.

Nobody, including Redevelopment officials, is counting the Swig bid out. Alioto's sudden return from Italy and Wells Twombly's excoriation of Redevelopment, in the July 20 SF Examiner, for its failure to accept Swig's bid, are both clear signals that Melvin Swig is still hot for the arena. The Swigs want to form a nonprofit corporation that would sell \$20 million worth of revenue bonds to build a bare-bones arena and then give the Swigs an exclusive lease to manage it for 50 years.

After 25 years, when the bonds are paid off and the arena is getting worn out, the Swigs, through the corporation, would give the building to the city. The family would continue to manage it through the second half of their 50-year lease and would make payments to the city equal to those previously paid to bondholders—about \$2 million a year. The Swig management group would pay possessory interest tax, not property tax, to the city. Even Melvin Swig admits it would amount to less than the \$1 million a year guaranteed by rival bidder Lyman Jee.

Jee, whose Arcon/Pacific corporation holds the lucrative bid for the YBC "Central Blocks," is offering the city a straight cash deal. He would buy the land from the Redevelopment Agency at the bargain-basement price of \$1.25 million and would guarantee the city \$1 million a year in taxes.

A final proposal submitted by the ad hoc Yerba Buena Sports Center Group resembles Jee's in design and financing. The similarity is not surprising, for the group centers around J.J. Graham, who for a short time was Jee's partner in charge of raising money. Jee says he and his other partners dumped Graham because he wouldn't tell them where his money was coming from.

Question #3: Why is Alioto pushing the arena so hard? Joe Alioto has been fronting for a sports-arena/convention-center/office-tower complex South of Market for more than 20 years. As chairman of the board of the Redevelopment Agency during the mid-1950s he searched for the fastest way to clear-cut vast acres of buildings and to replace neighborhoods and jobs with such a project. Back then, Ben Swig, Mel's father, originated the idea, calling it the "San Francisco Prosperity Plan."

The Prosperity Plan didn't sell in 1954, but it was eventually reincarnated as Yerba Buena Center. The day after he took office in 1968 Alioto held a press conference at the Fairmont Hotel (owned by Ben Swig) and announced that YBC was a top priority of his administration.

But his attempts to build it have been frustrated by eight years of challenges to the legality of the project. He's hustling now because there's no guarantee a new mayor will be as responsive to the big hotel owners, retailers, Fisherman's Wharf restaurateurs and corporations who are the real beneficiaries of YBC and who have backed Alioto financially and politically for eight years.

Question #4: How can the city move to build a sports palace when it has not met its obligation to help build 400 to 500 units of low-income housing? The Redevelopment Agency destroyed more than 4000 units of low- and moderate-income housing to clear the way for Yerba Buena Center. They have replaced less than half of that housing. As part of an out-of-court settlement with Tenants and Owners in Opposition to Redevelopment (TOOR), the South of Market residents whose lives were disrupted by RDA, the agency and the city agreed to fund the construction of several hundred units of low-income housing with 1/2% of the hotel tax fund annually.

The city needs the housing now. There is a severe shortage of low-income housing in San Francisco, especially for older people. A sports arena is a luxury to be enjoyed by people who can afford the price of a ticket. Housing is necessary for survival.

Question #5: What are the hidden costs of the arena to SF taxpayers? Mayor Alioto barged into a Board of Supervisors Finance Committee meeting earlier this month and urged the committee not to be afraid not to interfere with his arena plans. He exhorted them not to put YBC on the ballot ("I think it's unnecessary to have public debate on Yerba Buena") and chided them for "ever negotiating with characters like Brinton and Duskin." He also promised there would be no fiscal monkey business with a privately financed arena: "We can build it with no pledge of city credit, no municipal revenue bonds, no tax increment bonds."

But SF taxpayers will still subsidize any arena that gets built. The Swigs' tax-exempt bonds are an obvious subsidy. All the income earned by the bondholders—about \$20 million—would be free from federal income tax.

Also, the convention center, like YBC itself, will drive property tax assessments up. Higher assessments in turn insure more of the YBC-style high-intensity development that is making moderate rents and single-family houses quaint relics of San Francisco history. Finally, a new arena would cost the city money directly by drawing events and shows away from the publicly funded Civic Center auditorium and exhibit hall and by using costly police, fire and street services.

As Bill Cunningham, general manager of the Oakland Arena, told me, "The public's got to pay something. If people believe an arena can be completely self-sustaining without some form of public subsidy, they'll believe anything."

The Trial

BY BOB MANNING

The San Quentin Six trial opens July 28 at the Marin County Civic Center amidst some of the most stringent security precautions seen in a political trial in recent US history. Visitors to the trial are greeted with a Kafkaesque scene: the floor is roped off, separating the San Quentin Six courtroom from the rest of the hallway, and to enter the trial you must show an ID, be photographed, be bodysearched and pass through two metal detectors. Once inside the courtroom, visitors can see (through a \$40,000 plexiglass screen) the defendants, surrounded by beefy San Quentin guards, chained and shackled to their seats by the hands and feet. Meanwhile, behind Judge Henry J. Broderick's bench, video TV cameras scan the courtroom. Attending an early pretrial hearing, former Pentagon Papers defendant Anthony Russo described the scene to me as "something B.F. Skinner designed for 1984. There is zero sense of justice."

The elaborate security measures indicate the importance the state attaches to the trial. The six defendants (Fleeta Drumgo, David Johnson, Hugo Pinell, Johny Larry Spain, Luis Talamantez and Willie Tate) are charged with murder and conspiracy stemming from what the state alleges was an aborted escape attempt in San Quentin on August 21, 1971. The state contends that black revolutionary author George Jackson masterminded the escape plan which the state claims included having a gun smuggled into the prison by Stephen Bingham, Jackson's attorney. Whether or not the government's theories are valid, the events inside San Quentin's Adjustment Center on August 21, 1971 left George Jackson, three guards and two white inmate trustees dead. The San Quentin Six are charged with the murders of the guards and white inmates. No indictments have been issued against San Quentin officials for the death of Jackson.

Supporters of the San Quentin Six claim that the defendants cannot receive a fair trial in Marin County and hint that the trial will bring out details of a plot by law enforcement officials to murder George Jackson and to crush the prison movement of which Jackson was an eloquent spokesman.

Defense supporters point to the chains and shackles worn by the defendants as evidence of a biased attitude on the part of the judge in the case. Judge Broderick, a long-time Republican activist appointed by his former client Ronald Reagan, ordered the defendants shackled before any of the hearings began in 1971. This stands in sharp contrast to previous instances where defendants such as Bobby Seale (during the Chicago Eight trial) and later Ruchell Magee were ordered restrained after they had allegedly disrupted their trials. When the Supreme Court ruled in 1970 that such restraints were legal, in a majority opinion, Justice Hugo Black wrote, "No person should be tried while shackled and gagged except as a last resort."

The location of the San Quentin Six trial—the Marin County Civic Center—adds to the drama of the case and has precipitated numerous legal challenges by the defense. On August 7, 1970, just one year before the events inside San Quentin's Adjustment Center, the civic center itself was the scene of a bloody clash when Jonathan Jackson, George's brother, attempted to help several prisoners escape from the courthouse. Jackson, Judge Harold Haley and two San Quentin inmates, William Christmas and James McClain, were killed in the resulting

shoot-out with San Quentin guards and Marin County sheriff deputies in the civic center parking lot. Angela Davis and Ruchell Magee were later tried on charges stemming from the civic center gun battle.

"We found that most people connect in their minds August 7 [1970] and August 21 [1971]," defense attorney Robert Carrow told me. "Both had Jacksons involved, if nothing else. And both were related to San Quentin."

Several change of venue motions by the defense have been denied. Yet the defense can point to several strong indications of the difficulty of obtaining an impartial hearing in Marin County. For one thing, the jury selection process, completed on July 17, began on March 25 and was the longest in California legal history according to two defense attorneys. By the time the 12 jurors (including only one black) and four alternates were chosen, some 1800 prospective jurors had been eliminated. Many were dismissed because they either knew Judge Haley, San Quentin guards, the victims or had formulated prejudicial views about the August 7 and/or August 21 incidents. Moreover, there has been a racial factor in the second most affluent county per capita in the US. "The number of Third World people included in the 1800 could easily be counted on both hands," said one defense attorney.

Aside from the tangled legal aspects of the case, defense attorneys anticipate the case will delve into the myriad of unanswered questions, allegations, loose ends and contradictory facts about what actually happened in San Quentin on August 21, 1971. The official prison version of what happened that day has undergone several changes. For instance, the official story changed three times as to the size of the gun that Jackson's attorney Stephen Bingham allegedly smuggled into San Quentin in a tape recorder and which Jackson supposedly hid under an Afro wig.

But the more explosive issue is that of possible police foreknowledge or even planning of an alleged escape attempt to set up George Jackson. In a motion for discovery filed March 10, 1975, Frank Cox, lawyer for defendant David Johnson, charges a possible conspiracy on the part of various law enforcement agencies including the FBI, Los Angeles Police Department's Criminal Conspiracy Section.

The trial, which is expected to last from six to nine months, will undoubtedly dig deeper into these issues. Defense attorney Robert Carrow says, "I can assure you that the trial will ventilate how the gun got into San Quentin and the rest of the issues."

A Defendant

BY EVE PELL AND BOB LEVERING

San Quentin Six defendant Willie Tate has spent half of his 30 years in California's prisons, including San Quentin, Folsom and Tracy. Released from San Quentin on December 15, 1974, after serving the full ten years of a one-to-ten-year sentence for assault, Tate is now free on \$100,000 bail which was raised by some 70 supporters. Tate is the only defendant who is not currently in San Quentin and is not shackled to his chair during the trial proceedings.

We conducted three in-depth interviews with Tate over the period of a month. Because of a gag rule imposed by Judge Henry J. Broderick in the case, Tate was not able to discuss specific aspects of the events of August 21, 1971,



PHOTO BY ANNE DOWIE

Willie Tate

The San Quentin

in which George Jackson, two inmates and three guards were killed at San Quentin. But he talked openly and at length about the trial itself and relayed numerous anecdotes about his experiences in jail, his remembrances of George Jackson, Jimmy Carr and other inmates, and his political development, including the influence of the Muslims, Malcolm X and Martin Luther King Jr. We begin this edited version of our talks with Tate by asking him about the chains the defendants wear during the trial: Tate: They started bringing us over in chains from the beginning. You know there are a lot of cases that say if a defendant messes up in court, you can chain them during pretrial hearings. But during the trial itself you got to give the defendant another chance unless there is overwhelming evidence of escape attempts. And there was nothing like that.

The reason the brothers [the San Quentin Six] make outbursts is that we feel that the judge doesn't treat us with respect. When I was inside [jail] I felt like, if we are being chained like this, why should we respect the court? The court doesn't respect us. I used to cuss the judge when I was in jail. I would tell him anything, "Suck my dick, fuck you." I felt that I shouldn't respect no one that don't respect me as a human being. I felt like he had took sides initially when he wasn't supposed to. He did it so blatant, you know.

We have always felt that the judges of Marin County were prejudiced against us. We felt that most of the judges have held prisoners — especially those who advocated some sort of revolutionary struggles — responsible for the death of Judge Haley, even though he was killed by San Quentin guards. [Judge Harold Haley was killed on August 7, 1970, during an abortive escape attempt at the Marin Civic Center.] So here we get indicted and George

Jackson is one of the persons that's deceased and his brother Jonathan Jackson was killed at the same time Judge Haley was killed. In his own mind, the judge was biased against us from the jump. We think in their own minds they connected the cases, they connected the two. They just wanted to crush us as rapidly as they could.

Guardian: A lot of your current problems seem to be related to your friendship with George Jackson. When did you first meet him?

Tate: I first met George in 1962 in Tracy in segregation. He had been on the main line but got put into segregation because of an incident he wrote about in his book [Soledad Brother], where he got into a hassle because he was sitting in the front row of the television room. Only whites were supposed to sit in front; blacks were supposed to sit in the back.

I was impressed with him. I was 17 years old, and here was this dude, not much older than me, but he was a leader. He was honest, courageous. He was not a bully type, though he was a big dude and could have been a bully if he wanted to be but he didn't have that type of personality. Always studying, always. He used to have these little vocabulary builders, you'd go by his cell and he'd be using them.

When I went to the Adjustment Center in Tracy I swear all you could hear all night long was "nigger, nigger, nigger, nigger, nigger." There were only five black dudes in the AC out of about 40 cells. One time it was the thing to go around and stab a black dude. A man would get a reputation around that. But people like George, they made that not a cool thing to do.

But George also advocated unity. He got all the people in AC to refuse to clean the tier, black, white and brown. George was not a racist. He did not think only along black lines, he did think about



James Carr

Six trial opens

'The court refused to take the chains off. If we had been going to court not chained up, the case would have been over a long time ago.'

issues. But the reality of prison life is that if he had had a reputation as just a talker he would have been jumped on. He organized against the staff.

One example happened the night before it was Thanksgiving. All the guards came in and ate the turkey that was supposed to be passed out to us. George lived down there in the first cell, and he saw the guards come in and eat up the turkey. They passed the trays to us with a little piece of turkey on it for us while they were eating most of it.

George used that to organize people around. Everyone could identify with the fact that we had been fucked over on the food. George took that little thing out and used that to get all of us to resist the man. That's what we did, and of course they put us all in the hole for refusing to clean the tier.

Guardian: Were there any other influences on you in prison besides George Jackson? **Tate:** The Muslims. One thing I like about the Muslims was that they instilled black pride. We really needed that because most black people at that time had inferiority complexes — about 1962-63. The Muslims would say, "Stop trying to ape the white man. It's not healthy, a person should not be made to feel ashamed of their culture, or if they have kinky hair or large lips or wide nostrils."

Muslims were at that time outlawed. They were the one under the gun then. It's really contradictory. One time you couldn't wear your hair cut real short.

Then later on you couldn't do something else with your hair. Whatever they felt was the most radical, you couldn't do that.

Malcolm X was the one people could really identify with. In our experience in prison we found out that you have to be physical. Malcolm X talked about physical things. We could identify with that because we found that in your personal life in prison, if you don't fight, then you are going to be fucked over, so if you fight them you get respect.

Most people at one time used to really put down Martin Luther King, including myself. You saw the pictures in the paper where little kids was having dogs sicked on them and people being shot at and you feel like, wow, man, there should be two sides to this thing instead of one. Why should we be the ones who always get the dogs sicked on us and the water turned on us and the clubs clubbing us? The thing we felt was that you have to fight back physically too. But then later on I know I began to believe, and I've heard others express it too, that Dr. Martin Luther King was a very sharp man, that he really influenced people and could get people together. Because any mass movement in this country that is going to bring about the kind of change that we desire needs to have people in leadership who can bring people together. He was doing it, King was really doing it. I think the antiwar movement was

'The courtroom looks like something B.F. Skinner designed for 1984, there is zero sense of justice.'

really good too. I think it educated a lot of people. When I was little, the only thing I heard about communism was that it was evil. I never heard anything positive about it until I got to jail.

A Mystery Man

BY EVE PELL

Bad: The Autobiography of James Carr. Edited by Dan Hammer and Isaac Cronin, Herman Graf Associates, New York, \$1.50.

Disturbing parallels exist between the life and death of James Carr and the life and death of United Prisoners Union leader Popeye Jackson. Both black men did a lot of time in California prisons and were politically active on behalf of prisoners after their release. Carr, like Popeye, offended many people by his high-handed manner. Both were gunned down gangland-style in front of their own homes. After they died, both were rumored to have been collaborators with police agencies, executed perhaps by guerrilla groups, while defenders of both say that law enforcement operatives assassinated them. Both remain highly controversial figures whose deaths caused confusion and fear in the prison movement.

James Carr's autobiography, *Bad*, appears at a time when Carr's name has been linked in sensational news stories to San Quentin escape plots in 1970 and 1971. Two recent SF Chronicle stories that appeared in late June claimed Carr was involved in an elaborate conspiracy which led to the Marin County Civic Center shootout of August 7, 1970, in which Jonathan Jackson (George's brother), Judge Harold Haley and two San Quentin prisoners were killed. The Chronicle story, based almost entirely on police sources, offered little in the way of substantiation of the charge aside from information obtained from Louis Tackwood, Carr's brother-in-law and an informant and agent provocateur for the Los Angeles Police Department.

Carr was also linked, in an affidavit filed by Marin County Public Defender Frank Cox in the San Quentin Six case, with an alleged state conspiracy to kill his prison friend George Jackson. Cox's affidavit, which made headlines when it was disclosed on March 28, 1975, says law enforcement authorities discovered a letter from George Jackson to Carr, describing an escape plan, tucked in the pocket of some trousers Carr had sent to the cleaners. This story may be aired during the upcoming San Quentin Six trial and again bring Carr into the headlines, further fueling the controversy surrounding him.

Carr was murdered as he left his San Jose home for work the morning of April 6, 1972, his 33rd birthday. The two men who shot him were convicted and imprisoned after a trial in which the District Attorney maintained they were hired killers, but the DA did not attempt to find out who hired them or why. Carr had finished taping reminiscences of his life, the material from which *Bad* was edited, but the manuscript was not finished at the time he died.

Bad is a fast-paced, chilling, sickening, black-humor voyage through the grotesque world of the East Los Angeles ghetto and the California prison system. As the publicity hype on the cover says, James Carr was a bad motherfucker who burned down his school when he was nine and went on from there. Carr describes the ingenious hustles he organized in prison, the joy of destroying a bakery in an orgy of eating and vandalism, the pleasure in outwitting a sadistic prison guard. He also tells how he walked up to a fourteen-

year-old stranger and knifed him, how he organized gang rapes that drove prisoners insane and how he coldly murdered other prisoners. He runs it all down like a slick dude showing off his wit, his strength and his formidable survival skills. Carr is engagingly frank about his own ignorance and mistakes, yet he never apologizes for himself or his life. He tells a fine adventure story, with himself as the picaresque, antiestablishment hero.

But he fails to draw conclusions from his experiences. His autobiography could justify almost any view of prisons on the political spectrum. Law-and-order types can focus on the graphic, vicious tales of prisoners raping and murdering each other to insist that our society needs more prisons and harsher sentences to put menaces like Carr out of commission. Liberals can focus on the deprivation Carr suffered in his early life and the cruelty of prison staffs to prove we need more humane treatment for poor people and massive reform for our prisons. Radicals can focus on the need to eradicate capitalism, which systematically brutalizes the poor and infuses our culture with sick values. Most of the people Carr knows end up dead by violence at an early age or otherwise destroyed, like the Muslim leader in prison whose brain was ruined by an overdose of shock therapy.

What's fishy is that people who knew Carr say he was intensely political, intelligent and well read and was much more of a person than the slick hustler portrayed in *Bad*. He was a leader of the antiracist prisoner organizing of the Sixties until his release in 1970. Why did he write about the savagery of prison life in a political and historical void? Why did he portray George Jackson as a calculating, murderous ripoff artist? It's as though Ho Chi Minh had written an autobiography telling what a gas he and his buddies had butchering their enemies and setting booby traps for the French. The account would be accurate as far as it went, but it would hardly be the whole truth. The political, social and historical framework essential to an understanding of the struggle would be missing, as it is from Carr's book.

Willie Tate, the San Quentin Six defendant who was recently released after 16 years in prison, knew James Carr for a long time. He told me, "The book is a puzzle to everyone who knew Jimmy. I don't feel that he was finished with it. He left a lot of stuff out. I think it was just too painful for him to talk about."

Carr feels no need to portray prisoners purely as innocent victims, and this honesty is one of the strengths of the book. Yet he fails to provide a thorough understanding of the violence in prison: where it comes from, who benefits and why prisoners alone can't stop it.

Carr's book remains a shocking, revealing but sadly incomplete portrait, both of himself and of prison life. His account does not answer many questions. Did he play any role in a plan to set George Jackson free? Was he killed by operatives of the Los Angeles Police Department? As the aftermath of a prison feud? By some guerrilla group? Because someone knew he was writing a book and felt he knew too much? Perhaps some answers will emerge during the trial of the San Quentin Six.

Bad is valuable because it shows in grisly detail what prisons do to people. Carr lifts the rug on the workings of human destruction that takes place inside and the staff's essential role in that destruction. But to keep the focus clear, I would advise reading this book together with George Jackson's *Soledad Brother* to fill in the blanks — the pain and the politics — that Carr so mysteriously left out. ■

Lunaception

Will sleeping with a light on three nights a month prevent pregnancy?

BY KATY BUTLER

For generations, popular songs and myths have linked the moon with lovemaking. Recent scientific studies and a bold new theory, as yet unconfirmed, suggest that the linkage may exceed the wildest imaginings of songwriters. Moonlight, according to Louise Lacey of Mill Valley, has a direct effect on women's reproductive cycles.

Lacey's theory is propounded in her new book, *Lunaception: A Feminine Odyssey into Fertility and Contraception* (Coward, McCann and Geoghegan). She also advanced it last summer in an article in *CoEvolution Quarterly*, published by Stewart Brand of the Whole Earth Catalog.

Lacey, a former ghostwriter with no medical training beyond a solid research background, has put together a theory that on the surface seems absurd: that in ancient times, before the invention of artificial light, women's bodies were so highly sensitive to light that the bright full moon brought on ovulation each month. Modern women, according to Lacey, can re-create this primordial response by sleeping with the light on three nights a month. The light, she says, will reliably trigger ovulation. Abstaining from intercourse during ovulation constitutes a natural form of birth control that Lacey calls "Lunaception." It's the rhythm method with an added bounce: the time of ovulation is determined by a light bulb rather than temperature charts, guesswork and babies.

Before you throw down the paper and laugh, consider Louise Lacey's case

history. Before she was 22 she had become unwillingly pregnant more than once, despite the frantic use of foam, diaphragm and condoms. Then she spent ten years on the pill but stopped after she developed fibroid masses in her breasts as a side effect. She first tried Lunaception in March 1972. For the last three years and four months she has used only Lunaception to avoid pregnancy. Although she has a regular sexual partner, she has not become pregnant.

As a side benefit Lacey's menstrual cycles fell into perfect rhythm with the full moon. For more than a year her light bulb nights (and her ovulation) coincided perfectly with the full moon, and her menstrual cycles with the new moon. Then, she reports, a series of emotional crises threw her synchrony off. Her temperature chart revealed she had ovulated early which shortened her entire cycle. The next month, use of the light bulb re-established a regular cycle, but the new cycle was out of phase with the full moon.

Only 2 unplanned pregnancies

Lacey has more than her own experience to back up her theory. Since 1971 she has followed 29 women through more than 300 menstrual months. Some have used Lunaception to avoid pregnancy, others to encourage it. Lacey says that only two unplanned pregnancies have occurred. One woman made love during her ovulation, with the light on. The other woman had delivered a baby only two months before starting Lunaception; Lacey believes the wom-

an's body had not yet readjusted and she was still ovulating irregularly.

Nine of these women have achieved synchrony with the moon; several report less premenstrual tension and shorter, heavier periods. There have been some hitches, however: several women reported that long airplane flights and emotional disturbances threw their ovulation out of harmony with their light bulbs.

Lacey doesn't consider the results of her informal survey conclusive. In an interview with the *Guardian* she said, "Some authority is going to have to find 1000 people and do a study. They're not going to listen to me, even if I have 5000 women. The study will have to come from the establishment. They'll have to do it — too many people will be using it."

Lacey says she doesn't know yet whether Lunaception will work for all women. Some, she thinks, may be too far out of whack with natural forces to bring their bodies back into line with the use of light. (One woman in her study has been trying to get pregnant using Lunaception. A year's faithful use of the light has brought a great deal more regularity into the woman's menstrual cycle but has failed to produce a recognizable ovulation point, or a pregnancy.) The method (see box) obviously requires considerable discipline, will power and record keeping.

Lacey sees Lunaception as not just a method of contraception but as a means of getting in touch with the rhythms of the body and the universe. She discovered Lunaception because she needed to find a method of birth control that would work for her.

Using research skills she had acquired

while heading up *Ramparts* magazine's Kennedy Assassination Project, Lacey marched into the University of California's medical library and confidently plunged into obscure medical journals to learn how her body worked. What she learned about birth control horrified her: the pill, for example, with its artificial hormones, affects more than 50 metabolic functions, and there are serious risks attached to IUDs. The more she read about reproductive physiology, the more she found that modern forms of birth control conflicted with her feelings about natural rhythms. She writes, "This is birth control we're talking about here; women's bodies, not street traffic . . . Putting physical restraint upon a living thing sometimes means death and always raises the possibility of damage — as anyone who has ever tried to break up a cat fight, or collect butterflies, or jail someone, knows."

A cosmic attitude

It's this cosmic attitude rather than an interest in feminism that led Lacey to investigate Lunaception, and her approach sets Lacey apart from the rest of the women's health movement. In the last five years thousands of women in self-help groups, seeing control of their own bodies as a political issue, have learned how to use a speculum, mirror and light to examine their own vaginas. Like Lacey, these groups have been searching for better answers to women's health care problems than those advanced by the male-dominated gynecology profession. They've encour-

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aged a return to such home remedies as douching with yogurt or acidophilus bacteria to counteract yeast infections. (Acidophilus occurs naturally in the vagina and helps fight an overgrowth of yeast bacteria.) And they're trying new things: some women are experimenting with garlic suppositories to counteract other vaginal infections. Others have invented an apparatus that allows women to extract their entire monthly period within half an hour, freeing them from cramps. (This process is also used as an early abortion technique.) Others in the women's health movement are now trying Lunaception.

It took her 3½ years to research and write her theory. "It was supposed to be a quickie," she says. "If I'd known how much work it would be, I might not have done it."

Lacey says she has received letters from women all over the country who are trying Lunaception, but no official medical study has yet been initiated to find out how well it works. Dr. John N. Miller, a California Medical Association consultant on Obstetrics and Gynecology, told me he had never heard of the theory and added, "I wouldn't advocate someone using it without more substantiation." More substantiation, of course, will have to wait until a research doctor takes seriously this theory which originated outside the medical establishment.

One of the few doctors who has read the book so far is excited. Dr. Howard Maccabee, a pediatrics specialist at SF General Hospital who read the theory in its manuscript form, told the Guardian, "The book presents some exciting new ideas. The basic science [in the book] is really superb. A whole series of experiments have shown that animals are affected by cycles of light and darkness. There have certainly been experiments under artificial lights which show an effect on the endocrine system and the system of reproduction and conception. It would be unusual for the effects not to carry over to human beings."

Some scientific experiments

But, Maccabee warns, "You cannot regard it as a proven means of birth control. In order to regard it as scientifically or medically proven it would have to be tried by a lot more people."

Although Lacey's entire theory has never been confirmed, there's some scientific evidence to back up small sections of it. Studies have shown that women who live about the Arctic Circle experience irregular periods during the long dark winter months, which suggests that perhaps light affects their cycles.

Lacey has marshalled other evidence which is even more convincing. During her research, she discovered that in 1959, Dr. Walter Menaker and Abraham Menaker studied 510,000 New York City hospital births and found that a significantly high percentage occurred during the full moon and a significantly low percentage during the new moon. Assuming standard pregnancies of nine lunar months, a significantly high percentage of these babies were conceived during the full moon — a fact which fits perfectly into Lacey's theory. Despite the amount of artificial light

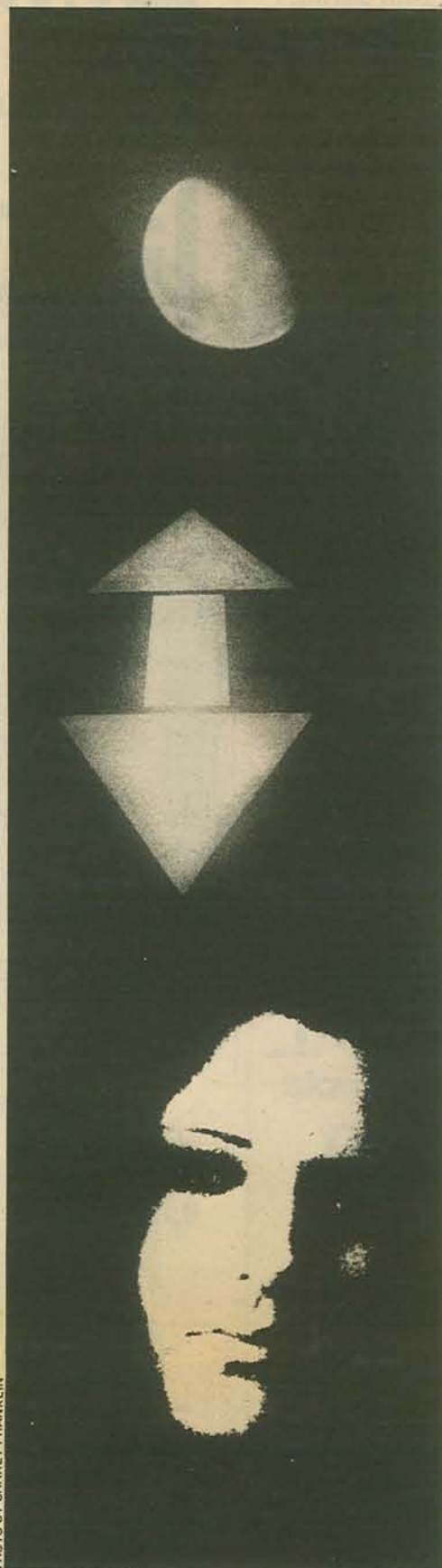


PHOTO BY CHARLY FRANKLIN

Could there be an effective form of birth control based on the light of the moon?

abounding in New York City, the study suggests, some women's reproductive cycles still keep time with the moon.

Other experiments using artificial light suggest that it's the light, (rather than the moon's gravitational tug or some more mystic factor) which does the trick. Edmond M. Dewan, a theoretical physicist, conducted his own home-brewed experiment and published the results in the American Journal of Obstetrics and Gynecology in December 1967.

Dewan left the light on all night during the fourteenth through seventeenth days of his wife's menstrual cycle. The result: within a month, her irregular, extremely long menstrual cycle regularized at 29 days. For the next five months, she used the light and continued to have regular cycles. After she stopped, her cycles became irregular again.

The Rock Reproductive Clinic in Brookline, Massachusetts, followed up on Dewan's results in 1969. Fourteen women with complaints of infertility slept with the light on during the fourteenth, fifteenth, sixteenth and usually seventeenth nights of their menstrual cycles.

A preliminary study of the data shows a correlation between regular menstrual cycles of approximately 29 days and use of the light.

'Moderation is required'

Scientists have long known that light influences the behavior of plants and animals: shifts in the lengths of days trigger the storing of fat in the bodies of migratory birds; a single exposure to light sets some seedlings growing; ferrets subjected to artificially lengthened days anticipate spring and come into heat early.

Light may be absorbed through animal's skin to trigger these reproductive changes. Dr. Michael Menaker at the University of Texas has shown that house sparrows that have been blinded still respond to cycles of light and dark the way sighted sparrows do. Further experiments have suggested that light is absorbed through the skin on the head: blinded sparrows with plucked head feathers showed a greater sensitivity to light than unplucked birds.

Lacey and other investigators believe that the pineal gland, situated in the head and once thought to be the site of the human soul, may be activated by small amounts of moonlight or artificial light. In darkness, studies have shown, the pineal gland produces melatonin, a hormone which acts as an "off" signal, suppressing the gonads and depressing ovulation. Light slows down the production of melatonin, and the slowdown acts as an "on" signal to the gonads or ovaries, encouraging the development of sex cells and hormone production. That's why Lacey thinks her theory works. Twenty-five days of sleeping in a totally darkened room encourages the production of melatonin, the "off" signal. The three nights of sleeping with the light on shuts off the production of melatonin — and the ovaries turn on.

The light reaches the pineal gland in small quantities through the sleeper's closed eyelids, as well as through the skin. That's the reason why a woman practicing Lunaception can sleep with her nightie on: a tiny amount of light will do the trick, as long as she sleeps in complete darkness the rest of the month. And that's why Lacey believes the light of the full moon triggered the ovulation cycles of primordial woman. Even through cave openings or the cracks in a grass hut, the light of the full moon can make a difference when it doesn't have to compete with a constant random bombardment of artificial light.

There are, of course, unanswered questions about Lacey's theory. Perhaps her preliminary results have been a statistical fluke. Maybe the light bulb has a psychosomatic effect and produces ovulation simply because it forces the woman to be aware of when she ovulates. Perhaps the ovulation cycle's instability in the face of travel or emotional upheaval will make it as impractical as the rhythm method as a means of birth control. Dr. Maccabee speculates that statistical studies will show it to be more effective than the rhythm method but less foolproof than the IUD or birth control pill.

But for the woman who is willing to put her body on the line, Lunaception

certainly has its advantages: freedom from the damaging side effects of the pill and the IUD, and a sense of connection to the beat of a distant moon. As Lacey puts it, "Lying in bed at night with a full moon streaming in through the window and washing over my body is one of the biggest thrills I've ever experienced. It is not only a psychologically fertile moment. When I'm in tune with the lunar rhythm, I feel a profound sense of biological gratification that is a very strong inducement to make a baby. I think nature set it up that way . . . And like all gratifications, moderation is required. I am still not ready to get pregnant." □

HOW TO USE LUNACEPTION

Warning: Lunaception has not yet been scientifically tested. It requires discipline and will power, and it definitely will not work for the very small percentage of women for whom orgasm can trigger ovulation.

1. Insulate your bedroom from random sources of light: streetlights outside the window, TV sets, hall lights, etc. Rehang your drapes, stuff a towel in the crack under the door, tell your lover to turn off the hall light before he opens your door if you're already asleep. You must sleep in total darkness 25 nights a month. Keep using another method of birth control.
2. Keep a chart of your menstrual cycle, counting the first day of your period as day 1. On days 14, 15 and 16, sleep with a 25 watt white light bulb on all night. Within three months, this should trigger ovulation regularly. On day 17, go back to total darkness. Keep using another form of birth control.
3. To make sure that Lunaception is triggering ovulation, keep a temperature chart parallel to your chart of your menstrual cycle. Take your temperature under your tongue for at least four minutes at the same time every day (within fifteen minutes). Don't eat, smoke, drink or brush your teeth for ten minutes beforehand. Use a good clinical thermometer. Chart your temperature on graph paper and connect up the dots. Ovulation is signalled by a dip (of approximately half of a degree) followed by a sharp rise (of more than one degree) in temperature. Within three months you should be ovulating during the three nights you sleep with the light on.
4. After you are sure that you are ovulating during your bright nights, you may choose to use Lunaception as a form of birth control. Abstain or use another form of birth control from the morning of day 12 until the morning of day 17 (two days before ovulation and one day after). The rest of the month, kick out the jams.
5. Long airplane trips, emotional stress, drug use and other changes in your daily living patterns can throw ovulation out of phase with your light regimen. During such times pay careful attention to your temperature chart, use another form of birth control or lengthen your period of abstinence until you're sure you are in phase again. As a backup you can learn to recognize changes in your vaginal mucus that signal ovulation: the mucus becomes smooth and slippery, like the white of an egg. Lacey also recommends keeping a monthly mucus chart, since it is the only reliable indicator of ovulation other than the light. (The temperature chart only indicates ovulation after the fact.)
6. If you are coming off the birth control pill, use another efficient means of contraception for at least the first four months you use Lunaception. (You may ovulate more than once a month for several months as an after-effect of the pill.) Don't use Lunaception as a method of birth control until your temperature chart and mucus tests indicate you are ovulating only once a month. ■

Adapted from *Lunaception*, by Louise Lacey.

LUNACEPTION: FIVE CASE HISTORIES from the files of Louise Lacey.

Susan G., 25. Teacher. Never pregnant, formerly used contraceptive foam. Wanted to get pregnant. Had sex with the light on during her 14th, 15th and 16th days. Got pregnant that month.

Elsie R., 27. Auto mechanic. One previous pregnancy. Had irregular periods and bad experiences with the birth control pill and IUD. Used Lunaception as her only form of birth control from January 1973 to January 1974. Avoided pregnancy and regularized her periods, then moved to a house incapable of insulation from random light pollution. Is looking forward to moving to the country so she can get back to Lunaception.

Judy Q., 30. Public Relations woman. Two previous pregnancies. Used Lunaception successfully to avoid pregnancy for 14 months from mid-1973 to 1974, then succumbed to a persuasive lover while the light was on, got pregnant. Had an abortion, found a new lover and is using Lunaception again.

Martha H., 23. Unemployed. One prior miscarriage. Used Lunaception to avoid pregnancy from September 1971 to January 1974 (28 months).

Anita T., 35. Artist. Three previous pregnancies. Began using Lunaception in December 1971. Has used it for 38 months without a pregnancy.



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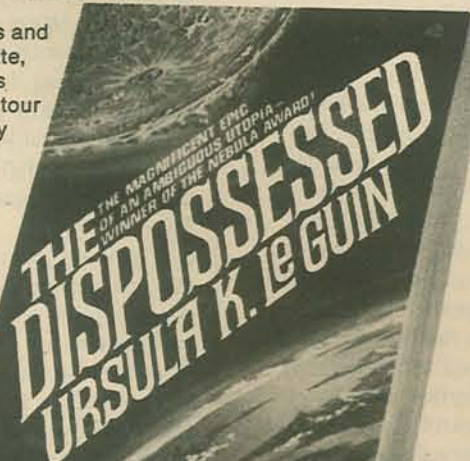
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How 50 of 56 SF supermarkets shortweight meat

The shortweight standings

This survey ranks, from best to worst, all 56 San Francisco markets that sell prepackaged meat from self-service counters. The inspection procedure: an inspector from the city's Weights and Measures department weighs one package

of each type of meat on the counter. If a package of pork chops, for example, is underweight, all other pork chop packages are weighed.

Store	Location	Number of inspections January 1974 to April 1975	Percentage of packages found to be underweight
Star	1825 San Jose Ave.	3	0%
Safeway	1445 Sutter	4	0%
Olympia	2139 Polk	6	0%
McCambridge	755 Portola	3	0%
Jerry's	2040 Chestnut	4	0%
Cala	1095 Hyde	4	0%
Safeway	625 Monterey Blvd.	4	0.1%
Cala	4201 18th St.	6	0.1%
Safeway	730 Taraval	3	0.2%
Lucky	100 Lakeshore Plaza	4	0.2%
Cala	690 Stanyan	4	0.2%
Safeway	15 Marina Blvd.	4	0.2%
Bell	3950 24th St.	5	0.2%
Safeway	850 La Playa	4	0.2%
Safeway	3132 Clement	4	0.2%
Safeway	3350 Mission	3	0.2%
Brentwood 1	350 Ocean Ave.	3	0.3%
Safeway	1150 Ocean Ave.	3	0.3%
Safeway	2020 Market	4	0.3%
Cala	3845 Noriega	2	0.4%
Safeway	4940 Mission	3	0.4%
Safeway	2630 Bayshore	4	0.4%
Mi Rancho	3665 20th St.	3	0.4%
Big Bonus	1350 Folsom	3	0.4%
Budget Basket 1	350 Bay	3	0.5%
Brentwood	4175 Mission	3	0.5%
Lucky	816 Geneva	5	0.5%
Big Bonus	555 S. Van Ness	4	0.6%
Safeway	3350 Mission	1	0.6%
Safeway	5290 Diamond Heights	2	0.6%
Bell 2	1333 Castro	2	0.6%
Safeway	2350 Noriega	3	0.6%
Safeway	2300 16th St.	3	0.7%
Safeway	111 Cambon	3	0.7%
McCambridge	500 Kirkham	4	0.8%
Farmers 1	1755 Geary Blvd.	2	0.8%
Cala	1245 South Van Ness	3	0.8%
Arguello	782 Arguello	2	0.8%
Safeway	345 Williams	4	0.8%
Lucky	1100 Eddy	5	0.9%
SF Discount	6190 3rd St.	3	0.9%
Park & Shop	1200 Irving	4	0.9%
Safeway	690 Chestnut	3	1%
Cala	201 Leland	5	1%
Foodland	1300 Eddy	2	1%
Albertson's	3925 Alemany Blvd.	4	1%
Safeway	145 Jackson	2	1.2%
McCambridge	34th Ave./Vicente	4	1.2%
QFI	2900 Alemany Blvd.	4	1.6%
Bell	1390 Silver Ave.	2	1.6%
Safeway	3150 California	2	1.8%
Cala	3029 Taraval	4	1.9%
Cala	199 Parnassus	2	1.9%
Cala	6333 Geary Blvd.	2	3.2%
New Jax	3131 Vicente	3	5.9%
JC Super	820 Cortland	1	32.5%

1Former Mayfair market
2Former Safeway market

—Research by Barbara Francis and Patricia Ohmans.

Fifty of 56 San Francisco supermarkets have been shortweighting prepackaged meat in the past 18 months and short-changing customers by thousands of dollars, according to a Guardian survey of the shortweight records of the SF Department of Weights and Measures.

San Francisco markets had a worse record this time than in our last shortweighting survey (2/28/73), which showed that 15 of 60 markets had no reports of shortweighting violations. The year before, only three of 58 markets had no reports of violations.

The typical underweight package of meat is a few hundredths of a pound off — about half an ounce, according to Weights and Measures. This amounts to anywhere from a dime to a dollar out of the pocket of each consumer, but adds up to tens of thousands of dollars for the stores.

If the shortweight results from a meat wrapper's failing to adjust the scale to cancel out the weight of the packaging, the shopper may be out a dime. If the weighing and pricing machine malfunctions, which is fairly common, the customer can lose as much as a dollar.

But any shortweighting seems inexcusable in these days when the markets have already jacked up meat prices by 50% in the last three months. Both the stores and the Weights and Measures inspectors seek to write off these errors as human.

Human error or not, we found that things haven't changed much since our two previous surveys. Weights and Measures officials still aren't rigorously enforcing state and federal laws that prohibit shortweighting. While other counties such as Riverside and Los Angeles have taken markets to court, San Francisco hasn't prosecuted a shortweight violation in ten years. And consumers are still virtually helpless when it comes to verifying the weight of packages in the store. You must accept the weight stated on the package, because no markets provide customer scales. The produce scales won't help — they show only ounces, not hundredths of a pound.

The Weights and Measures people, with the amiable William Petry in charge (800 Phelps, 558-4911), still see little sense of



Shopping for prepackaged meat, you don't necessarily get what you pay for.

urgency and complain, rightly, of budget cuts that are reducing the number of field inspections. Two years ago inspectors checked each store four or five times a year; now it's down to two or three.

Undoubtedly there is human error in the stores, and Weights and Measures does get inadequate money to do an impossible job, but the same questions we raised in 1972 remain: If Safeway on Sutter Street can consistently give its customers full value on their packaged meats, why can't Safeway on 16th Street maintain the same standards? Why can't Weights and Measures and the District Attorney go after the big shortweighters who repeatedly, audit after audit, year after year, cheat their customers out of thousands of meat dollars?

Supermarket superbargains

FREE CHECKING ACCOUNTS

First Enterprise Bank, open account by July 31; 260 Montgomery, SF; 1632 1632 Franklin, Oakland.

CHEAP GAS

Mohawk, 3889 Castro Valley Blvd., Castro Valley: regular, 54.9¢, premium, 58.9¢.

Olympia, Pacheco/19th Ave. and Geary/25th Ave., SF: regular, 55.9¢, premium, 58.9¢.

MEAT

Beef, corned brisket, lb. (Byrne's) 89¢ July 27
Pork, smoked picnic, lb. (Safeway) 79¢ July 26
Beef, ground, lb. (Farmers, 1755 Geary, SF) 77¢ July 29

PRODUCE

Lettuce, butter (Bell) 10¢ July 29
Zucchini, lb. (El Rancho Super) 10¢ July 29
Bananas, lb. (Bell) 2/29¢ July 29
Peppers, bell (Safeway) 10¢ July 26

MISCELLANEOUS

Brown rice, bulk, lb. (Co-op, East Bay, Marin) 33¢ July 27
Bread, wheat or white, lb. (Co-op, East Bay, Marin) 29¢ July 27
Eggs, large, doz. (Co-op, East Bay, Marin) 54¢ July 27

Superbargains is a compilation of best buys in staples such as food, banking, gas and clothes. If you know of lower prices contact the Recession Notebook, 1070 Bryant St., SF, 94103. Businesses whose addresses are not listed are either in the phone book or part of a chain. Date is the last day of sale. —K.M.

BARGAINS

CHEAP AUTO REPAIR. The Cooperative Auto Shop at 5900 Mission, SF, is seeking new members. For a \$20 fee you get parts at 10% below retail, labor at \$17.50 an hour and advice on work you can do yourself. The shop is owned by the members and dedicated to fair wages and reasonable prices. With labor costs at other shops nudging \$30 an hour, savings to members are considerable. . . . **FREE BIKE MAINTENANCE** workshops at the Ecology Center, 2179 Allston Way, Berkeley, every Monday and Thursday at 7:30 pm. Call 548-2220. . . . **CANNING AND PRESERVING.** Heliotrope class for \$20 tuition. Call 398-7042. . . . **UNEMPLOYMENT INSURANCE.** Peter Jan Honigsberg has written an excellent guide to getting benefits and what to do if they are denied. Includes copies of the California forms and how best to fill them out. \$3.35 from Golden Rain Press, P. O. Box 2087, Berkeley 94702. . . . New federal law provides additional unemployment payments for many who have exhausted special and extended assistance benefits. Call your local California Employment Department office to see if you qualify. . . . **THE RED DESERT** has large cacti for sale in a beautiful setting with sand on the floor and lovely Indian weavings on the walls. Plants range in price from

\$5 to \$20. 1640 Market, SF, 552-2800. Open Monday through Saturday from 11 am to 6 pm. . . . **SENIOR CITIZEN "Day Camp at Baker Beach"** with transportation, lunch and crafts from July 28 to Aug. 1, 8:45 am to 3 pm. Free. Call SF Commission on Aging at 558-2126 for details. . . . **BERKELEY FREE CLINIC** has a free speaker bureau on topics of medical and mental health and drug use. Call 548-2570.

BATTLES!

MARINA HEALTH SPA VICTORY. Superior Court Judge Albert Axelrod has fined the Marina Health Spa \$107,000 for false advertising and unfair business practices. Judge Axelrod's July 8 decision came after a month-long trial at which the District Attorney's office called 107 witnesses to the stand. The decision voids the hundreds of membership contracts still outstanding. A major consumer victory. . . . **CAFFEINE OR CANCER.** The Health Research Group, formed by Ralph Nader, is demanding that the federal Food and Drug Administration ban the use of trichlorethylene (TCE) which is used to extract caffeine in making decaffeinated coffees. A preliminary study by the National Cancer Institute showed that TCE produces liver tumors in mice. FDA is waiting for final study results before taking action.

Calendar

July 26 through August 8

Calendar by Kit Green. ▶ indicates free admission. Deadline for next calendar: July 30.

Saturday

26

▶ **CUBAN** Revolution anniversary, celebrate with music, poetry, history and discussions, 8 am to midnight, KPFA 94 FM.

SLAPSTICK Moliere, brilliant Jim Dale stars in "Scapino," a Young Vic production from London, laugh till you cry, opens tonight through Aug. 17, 8:30 pm, ACT, Geary Theater, 450 Geary, SF, 673-6440, \$9.50-\$7 weekend/\$8.50-\$6 weekdays.

▶ **COMMUNITY** Festival time in Marin, African dancing, African art exhibits, foot races, karate, food, music, crafts, and films, 11 am to 7 pm, followed by dance-concert with Merl Saunders, Martine Fierro, Sweetmeat and others, 8 pm, Manzanita Recreation Center, 630 Drake Ave., Marin City, 454-3962 ext. 229, festival free, concert \$3.

▶ **"AFFIRMATIVE** Action: How Does It Work in a Depression?" one-day conference sponsored by SF CLUW, speakers include B. J. Miller and Paul Chown, 9:30 am to 5 pm, SF Community College, 33 Gough, SF, 626-7239, men welcome, child-care provided.

2

VAUDEVILLE, dancers, singers, live music by Menage, at a benefit evening for US Productions, a new SF-based theater company, 8 pm, Tom Sawyer Room, Mark Twain Hotel, 345 Taylor, SF, 864-7164, \$2.50, 50¢ for buffet.

"LENNY BRUCE without Tears," a documentary by Fred Baker with clips of some off-beat performances, plus "Thank You, Masked Man," cartoon version of Bruce's sketch, midnight, Presidio Theater, 2340 Chestnut, SF, 921-2931, \$1.75.

AMERICA brightens up your afternoon, with John Sebastian, good solid sounds, 2 pm, Greek Theater, UC Berk., \$6/\$5 advance through BASS.

BLOWING his own horn, the magnificent Freddie Hubbard plays some fine jazz, last night tonight, 9 pm and 11:30 pm, Great American Music Hall, 859 O'Farrell, SF, 885-0750, \$4.

"TRADITIONS of Batik in Java," an informal talk about methods, material and tools, 2 pm, Fiberworks Center, 1940 Bonita, Berk., 548-6030, \$1.50.

Sunday

27

▶ **HYSTERESIS**, a women's creative arts group, organizes a benefit fair/flea market, music, dance, food, mime, games, 12 to 5 pm, Willard Park, 2720 Hillegass, Berk., 849-3924.

▶ **FREE SPIRITS** Band, a six-person jazz line-up, plays a concert of good sounds, 3 to 5 pm, Potrero Hill Neighborhood House, 953 De Haro, SF, 826-8080.

SOLIDARITY with women political prisoners in Latin America, panel discussion with Latin American representatives, folk music and Teatro Claridad, possibly Olga Talamante, pending her release, 7:30 pm, La Pena, 3105 Shattuck, Berk., 285-6861, \$1.

TAKE NOTE of a lecture-demonstration of the Sutton Movement Shorthand technique of dance notation, by Valerie Sutton, 3 pm, SF Dance Theater, 1412 Van Ness, SF, 673-8101, \$2.

MESOAMERICAN Art in two documentaries, "In Search of the Lost World" and "Maya through the Ages," 2 pm, Little Theater, Palace of the Legion of Honor, Lincoln Park, SF, 588-2881, donation.

3

▶ **JAZZ GALA**, your favorite Bay Area jazz personalities will be there, get there early, 2 pm, Stern Grove, 19th Ave./Sloat, SF, 558-4728.

NO GRINDING HERE, organist Roger Nyquist performs works by Handel, Bach, Daquin and others, 8 pm, Hertz Hall, UC Berk., 642-2561, \$3/\$1.50 students.

SATIRIST Preston Sturges excels in parody, two films, "Unfaithfully Yours," 4:30 pm and 8 pm, with "On Approval," 6:25 and 9:55 pm, Pacific Film Archive, 2621 Durant, Berk., 642-1412, \$2 double bill.

▶ **FLEA MARKET** all-day, pick up some bargains, proceeds to Cal State Handicapped Student Center and Cal State Employees Association, starts 7 am, Parking Lot C, Cal State University, Hayward, 881-3700/881-3686 for info.

VIVA BRASIL, Latin music played with energy by Claudio and Jaime, The Reunion, 1823 Union, SF, 346-3248.

Monday

28

▶ **SECOND GENERATION** chamber concert, featuring harpist Roxanne Olshausen and pianist Roxanne Michaelian, playing Handel, Beethoven and Mozart, 8 pm, Hertz Hall, UC Berk. (also July 31, 7 pm, Palace of the Legion of Honor, Lincoln Park, SF, 433-3000 for info).

SCREWBALL comedy "Bringing Up Baby," one of the funniest, with Cary Grant, Katharine Hepburn and Asta the dog, with "Swing Time," an Astaire-Rogers classic, through tomorrow, Gateway, 215 Jackson/Battery, SF, GA 1-3353, \$3/\$2 with discount card (\$2, valid one year).

▶ **BARDS** recite at an evening of poetry, Frances Phillips reads her work, 9:30 pm, open reading 8:30 pm, Ye Rose and Thistle, California/Polk, SF.

KING FROM CHICAGO, Michael Bloomfield, one of the greatest blues guitarists, cool as ever, Lion's Share, 60 Redhill, San Anselmo, 454-9856.

4

FORGET the penicillin, learn to treat diseases with herbs at a four-session class, starts today, 1:30 pm, UC Botanical Garden, Centennial Drive, Berk., 642-3352, \$10 (also other plant courses, call for info).

▶ **TWILIGHT** series of the SF Chamber Orchestra finishes with a program including works by Britten, Mozart and Dvorak, with soprano Lorene Adams and violinist Eriko Sato, 8 pm, Pauley Aud., UC Berk. (also Aug. 5, 7 pm, Palace of the Legion of Honor, Lincoln Park, SF, 433-3000 for info).

DOUBLE BILL, Rosalie Moore and Ed Mycure read their poetry, 8:30 pm, Intersection, 756 Union, SF, 397-6061, \$1.

CREAM OF FELLINI, "La Strada," "Variety Lights," and "The White Sheik," his best early works, through tomorrow, Cinema II, Telegraph Repertory Cinema, 2519 Telegraph, Berk., 548-2519, \$2/\$1 srs., children.

▶ **"AN ART EXPO: 1975"** brings together work by more than 50 Eureka Valley artists, exhibiting in spaces donated by storeowners on Castro Street, the entire street becomes an art exhibit, through Aug. 10, sponsored by Neighborhood Arts, Castro Valley Merchants and Eureka Valley community groups.

Tuesday

29

"BLOOD OF A POET" Testament of Orpheus, compelling films by , 7:30 pm, Angelico Hall, San Rafael, 1.50.

"AUTOPHYSIOPSY" from the gentle giant Lateef and his quartet jazz, tonight through 9 pm, Keystone Korral, Vallejo, SF, 781-0000.

▶ **LARGER-THAN-LIFE** of photographs by Burt Foster, with him on hand to discuss his work, 7:30 pm, Sutter, 800 Chestnut, SF.

MORAL TALES by filmmaker Eric Rohmer, at Maud's, "sophisticated," "Chloe," "Intelligent," 7:30 pm, Theater, 46th/Irving, SF, 664-6300, \$2.50 (also bargain matinee \$1.50).

MASSAGE workshop find out how to make good, plus John Horn, Bishop's Coffeehouse, Harrison, Oakl., 444-4444.

DROP IN to an open house on going program, 7:30 pm, Berkeley Valley Center, 2112 Channing, Berk., 548-4343.

5

"BLACK GIRL" is a Senegal by Ousmane Sembene, about an African girl's enslavement by a Frenchman, with a short by Sembene, 7:30 pm, SF Museum of Modern Art, Van Ness/McAllister, 863-8800, \$1.50/\$1 members.

▶ **"IMAGES of Women in Art,"** a lecture by Rosalind Wiseman, 4 pm, 1600 Hall, UC Berk., 642-2561.

YOU CAN'T CAP KATIE Betty that is, playing all-women's band for 9 pm, Bishop's Coffeehouse, 1437 Harrison, Oakl.

CHINESE Classical music by Lui Pui-yuen, Lo and ensemble, 8 pm, Presbyterian Church, Sacramento, SF, 776-2500.

▶ **RECENT PROGRESS** law and sex discrimination, subject of a discussion, shop, part of the "Women's Series," 7:30 pm, Trellis Lounge, Stanford, 444-4444.

▶ **MUJERES** Muralist Irene Perez gives slides on the wonderful murals, 7:30 pm, Mitchell Library, 3359 24th, SF, 824-3810.

BACK FROM VACATION:

Peggy, Sue, Jake and Pam, otherwise known as BeBe K'Roche, keep up their well-deserved reputation as one of the best women's bands in the Bay Area, Aug. 8 and 9, 9 pm, Wild Side West, 720 Broadway, SF, 391-0460.



PHOTO BY KAREN WALLACE

Weekend

WEEKEND JULY

FEET FIRST at a Concert Dance, Smith Studios, 2

DON AND PILA songs, July 25 at Church, Franklin

"COUP pour Coup in a textile factory, political impact, Oakl., 531-2917

UNUSUAL perspective Owl Creek Bridge, 7:30 and 9:30 pm

WEEKEND AUG

▶ **LOOK INTO IT** Health: Research, women's perspectives, A Cole Hall, UCSF

OPEN THEATRE which combines Live Oak Theater

AMBOS Dance T 8:30 pm, Golden SF, \$1.50.

Bread and CHEESE

Where to get the best of both

BY CATHY LUCHETTI

Bread sticks, baguettes, focaccia, pupusa, calzone, bagels, sourdough, heat 'n' serve, Wonder Bread, whole wheat—it's all here in the Bay Area, where most of the innumerable nationalities have a traditional bread. Some are well known, others obscure. Here are a few of the more interesting varieties.

Irish Soda Bread. Bit of Ireland Bakery, 1252 Davis, San Leandro, 568-4767.

Irish flags and shamrock hats festoon the doorway of the Bit of Ireland bakery, and although owner Jack Cuddy admits he's "only second generation Irish," the spirit is definitely there. There are big, round loaves of soda bread (65¢ for a pound) and blarney-stone cookies with currants and nuts (8¢ each). Irish soda bread is traditionally rich, with buttermilk, raisins and lots of butter. 9 am-5 pm Mon.-Sat.

Pita Bread, Sahara Bakery and Imports, 2412 Mission, SF, 824-5957. The actual falafel factory is prefaced by a tiny window-box cafe that serves Arabic pizza and German sausage. The factory proper is a large sunlit room stacked to the ceiling with packaged falafel wrapped in one-pound packages and divided into low-calorie white and whole wheat. The shell is baked without oil and puffs up during the baking process into a tortilla-shaped loaf. This resemblance is not accidental, explains owner Assad Mourad. When the Moors invaded Spain they brought pita bread with them. The Spanish were impressed with the handy little pocket loaf and fashioned their own version, the tortilla. Today pita bread is served with spicy garbanzo, avocado or ground beef. The Sahara will be changing location soon, so call ahead.

Tortillas, La Palma Mexicatessen, 2884 24th, SF, 648-5500. Here you must make a choice: tortilla por machina or por mano? The machine-made type is cheaper at 34¢ a dozen, but they're also flatter and thinner and have considerably less style than those made by hand (65¢ a dozen). The native tortilla consists of softened, ground corn mixed with lime. Most tortillas today lack the bulky "corn" feel of the old home recipes and are generally less nutritious, but La Palma's are thick, speckled with grain and easy to work with.

Central American Breads. La Mascota Bakery, 209 Brazil, SF, 334-1848; 3254 23rd St., SF, 647-7488. You'll have to travel up Mission Street past Silver Avenue to reach the Brazil Street bakery, but the window filled with photo novelas, tinsel, bouquets of straw and old hats is by itself worth the trip. Brush up on your Spanish, since manager Maria Ortiz and her helpers are as Centroamericano as the bread. Quesadilla de mantequilla is a powdery hunk of pound cake of the sort that proper families around San Salvador eat at 3 pm sharp every day. Torta de Pelota, or "bread like a little ball," is exactly that. It consists of flour, eggs, butter, cinnamon and raisins (½ lb., 45¢). The cemitá poleada is a thicker bread, almost like a sweet french until you hit the bottom and find a thick lining of cooked pineapple and raisin (½ lb., 40¢). You can buy the breads in small pieces, tightly wrapped and fairly fresh.

Dutch Bread. House of Holland Bakery, 1719 Noriega, SF, 731-3537. If you can fight your way down aisles cluttered with



Maryke Wittkamp hacks out a piece of the big Swiss at the Cheese Company on 24th St.

Pita bread, kuluri, Irish soda bread, torta de pelota—the Bay Area has a different bread for every day of the month.

butter puffs, coconut nests complete with imitation nesting doves and acres of dark chocolate brownies, the reward will be a raisin bread that boasts a pound of raisins to a pound of flour. But is it Dutch? "It certainly is," argues the manager Esther Kaplan. "A Dutch family owns the bakery, and all the bread recipes come from Holland." The one-pound loaf is \$1.49. They also sell a standard white Dutch bread: medium 69¢, large 79¢. 9 am-6 pm Mon.-Sat.

Greek Bread. Acropolis Delicatessen, 5217 Geary, SF, 751-9661. Three feet wide with a hold in the middle? Owner Greg Triantafillidis won't hesitate a minute. He custom-bakes Greek breads, and a three-footer is small compared to some of the orders. He also specializes in a petite domed bread that is cross-hatched on top and sprinkled with sugar (55¢). Regular-sized kuluri is also 55¢,

but the price ascends along with the size. 8 am-7 pm.

Panettone. Victoria Pastry, 1362 Stockton, SF, 781-2015. This is a moderately sweet cakelike bread considered tipo milanese, or a specialty of Milan. Wherever Italian-Americans gather you'll find panettone. The Victoria is a typical North Beach bakery: old-style, smelling highly of anise, sugar and warm rising bread. Panettone remains somewhat heavy and doughlike when cold, but heat brings out the flavors of butter, anise, lemon peel, pignoli, raisins and candied fruit. Mon.-Sat., 7 am-6 pm, Sun., 8 am-5 pm.

Bagels, Rye Bread. House of Bagels, 2427 Noriega, SF, 661-2865. The Jewish community in the Sunset District buys its bagels, rye bread and pumpernickel loaves at this small storefront home of "Moishe the Bay-Gull." Inside it's

interesting to watch foreman Martin Hernandez and his white-dusted crew cut, twist and set up the daily bake. Bagels are 14¢ each, and rye loaves (sometimes with caraway) are 69¢. But if it's a warm bakery with a neighborhood feeling you're looking for, the House of Bagels doesn't qualify. It's designed for turnover: you go there to buy, not hang around and chat. 8:30 am-6:45 pm Thurs.-Mon., 8:30 am-5:45 pm Tues.-Wed.

Natural Whole Wheat Bread. Your Black Muslim Bakery, 5844 San Pablo, Oakland, 658-7080. This bakery offers both fresh and day-old products at sizable savings. Whole wheat loaves that retail at 98¢ per loaf are as low as 59¢, carrot and prune cupcakes are only 25¢ per package, and the bean pie, a personal invention of Elijah Muhammed, also comes reduced. Here the concept of "day-old bread" is completely reversed. Manager Yusuf Bey explains Muslims never eat fresh bread. Instead they sell it to the general public which has been brainwashed into selecting bread by softness, freshness and package design. Fresh bread, it seems, has not stopped rising. The yeast is still active and continues to expand in the digestive tract, which leads to future problems. The Muslims eat day-old bread to aid digestion. If there's mold present they slice it off and toast the bread.

Ten years ago the Muslims preached "no preservatives" but they couldn't find bread to match their message so they opened their own bakery. Their first attempt at baking resulted in a loaf of bread the size of a hot dog. "It was so dense we had to cut it like salami," Bey said. But today they have their skill well under control and produce a full line of whole wheat products. 8 am-8:30 pm daily.

Restaurants That Serve Homemade Bread

Why would a restaurant bake its own bread? After all, there are bakeries by the dozen to provide sourdough, whole wheat and even Wonder Bread at a moment's notice. Most restaurateurs feel that bread baking is too time-consuming and labor-expending, yet some persist in offering this homey touch with their meals.

What are their reasons? Michael Caldwell, owner/baker at the Rue de Polk restaurant, explains that wheat prices have dropped 17% since last year, while bread prices have stayed at their same high levels. For him, it's cheaper to bake bread than to buy it. Even with sweet butter, a three-foot-long loaf of home-baked French bread costs only 17¢. Then there's the inherent attraction of getting warm, fresh bread along with dinner. Howard Sylvester, owner of Norman's in Berkeley, says, "Everything that leaves our kitchen is homemade. Why not the bread, too?"

Here are a few other dining spots where no meal is complete without a serving of hot buttered bread, straight from the oven.

The Beginning, 2020 Fillmore, SF, 563-9948. Owner Nate Thurmond's reasons for on-the-spot baking are simple: you can't serve soul food without cornbread, and cornbread is something money can't buy. So chef Ollie Watson uses a family recipe from the deep South to make a dense, crumbly white cornbread

Bread and Cheese

Russian peasant bread in the Richmond District, cornbread in the Fillmore, pupusa in the Mission, chapatti in Berkeley and an unpredictable loaf in Noe Valley.



From left: Nick Cohn, Brian Curll and Jim Calhoun display their Soda bread at Acme Metal Spinning Works Cafe.

continued from previous page

without sweetening, unlike the Northern version that has yellow meal and sugar. Leftover bread turns into turkey dressing, although lately, Watson says, people have been eating the bread as fast as she can bake it. She also cooks a hot white roll on Sunday to go along with the gumbo file.

Each cornbread cupcake is steaming hot and served with a big ball of butter. Chef Watson is always around, drifting back and forth from the semiexposed kitchen, laughing, beaming, asking,

"How's the meal?" The Beginning is a popular meeting place for hip blacks, business types, longhairs from upper Fillmore and, of course, cornbread freaks. Tues.-Fri. 11:30 am-11 pm, Sat. 1 pm-midnight, Sun. 1 pm-11 pm, closed Mondays.

Acme Metal Spinning Works Cafe, 3917 24th St., SF, 824-3555. This building was a metal spinning works until the present owners came along and tagged "Acme" on the top and "cafe" on the bottom. The daily bread here began as an

Irish soda bread but it changes repeatedly, according to whim. The slice I tasted contained caraway seeds, rye flour, cinnamon, nutmeg and oatmeal—a lot of good ingredients that somehow failed to convey the real effort and creativity of the people who run this restaurant.

The ambiance is superb, though, with lots of light blue flower-sprigged walls, metal sculptures, heavy wood and potted plants. "We're always learning," cook Brian Curll admits, and the effort shows, especially with dishes such as the flauta plate (\$2.25) with sliced turkey, onions, cream rice sauce and salad. Their home-made bread is served with soups, salads and entrees. 8 am to 9 pm during the week, 8 am to 1 am on Saturdays (but dinner closes at 11 pm).

Good Karma Restaurant, 501 Dolores, SF, 621-4112. This is the home of San Francisco's alternative sourdough bread, the one made with organic whole wheat, rye flour, spring water and sea salt. Cook Joel Rosenberg says the original bread starter was put together eight years ago, which means you'll probably have a taste of the original with every hot buttered slice (15¢). Each loaf weighs 1½ pounds, is made without oil and costs 90¢. They bake about 20 loaves every two days, some to sell commercially (the round, fat ones) and some to slice up and serve with dinner. All cuisine is vegetarian. 5 am-11 pm seven days a week.

Rue de Polk, 2316 Polk, SF, 441-0979.

"People need to beat bread," says owner/chef Michael Caldwell. "It gets out their frustrations." His frustrations must be legion because every morning on the dot he pounds and pummels a dozen loaves of sweet french bread for the evening's clientele. Taking a cue from Cordon-Bleu chefs such as Henri Pellaprat, Caldwell stirs sweet butter, dry yeast, hard flour and salt water together to turn out a pretty impressive loaf of bread—crisp and crunchy outside, soft on the inside. With entrees such as Mushroom a la Greque (\$1.35) and pate de Maison (\$1.40) it makes a meal in itself. "I would like to have eaten in Pellaprat's kitchen," says Caldwell. Perhaps Pellaprat would have felt the same way about Rue de Polk. 6 pm-10:30 pm daily.

El Salvador, 994 Guerrero, SF, 826-9896. Pupusa is the bread of the house. It is comida tipica of El Salvador, or, according to employee Renato Watson, "food from folklore." Traditionally the pupusa was ground masa, covered with a paste of pork and beans. Now it is an extra-thick corn tortilla with a bit of melted jack cheese in the center. The texture is slightly grainy and slightly moist. Each pupusa is 70¢, and one serving makes a small meal. 11:30 am-8:30 pm weekdays, 11:30 am-9 pm Saturday and Sunday.

Cinderella Bakery, 436 Balboa, SF,



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751-9690. Russian peasant bread and a steaming bowl of borscht are in store for you at this small (five tables) bakery tucked away in the Richmond District. The bread is a family recipe, brought from Russia and modified to US milled flour. The loaves (60¢) are large, rounded and white, and they go well with the hot soups such as barley or Rasolnick (kidney with potatoes and carrots, 85¢). It's a nice place to sit down, have some soup and watch the fog curl around the doorposts. 9 am-7 pm, closed Monday and Tuesday.

Moti Mahal, 2507 Dwight Way, Berkeley, 548-3888. No Indian meal is complete without chapatti, a flat bread patted by hand out of whole wheat flour and baked until properly soft. The restaurant is partially obscured by the large "Bongo Burger" sign from the eatery below, but follow the sound of sitar and low laughter up the stairs until you reach the entrance. Pista doodh (chilled pistachio milk) and gajar la halway (carrot pudding) go well with the bread. 4:30-9:30 pm weekdays (till 10 pm weekends).

The Darvish International Cafe. 2392 Telegraph, Berkeley, 845-5978. The Darvish serves a mean falafel, spiced with vege-burger and heaped with avocados, but the real reason for eating here is the wheat-egg bread, individually sized and perfectly formed, with a slightly cakey texture and crisp buttered dome that "thumps" when you tap it. The prices here are reasonable: you can get a cream lamb dish, salad, loaf of bread and glass of wine for less than \$4. 11 am - midnight every day.

Norman's, College/Alcatraz, Berkeley, 655-5291. Bulgur wheat bread sounds as if it should be dark and heavy. It starts out as a sodden mass of bulgur cereal and water, but somewhere along



The old-fashioned Greek domed bread, displayed by Greg Triantifillidis in his Acropolis Bakery on Geary Boulevard.

the line, chef Jimson Hing makes it light and white. You get bread with dinner only; lunch is french bread. Bread-baking goes on in the morning and produces about 150 loaves of bread a day. The restaurant itself is dark hued, candlelit and inviting.

The menu ranges from steak and kidney pie (\$6) to poached salmon (\$5.75). You can find strawberry and banana daquiris at the bar along with house wine for 65¢ a glass. 11:30 am - 10:30 pm Mon.-Fri., 5 pm - 9:30 pm weekends.

Bread and Cheese

Cheese In The City

BY KATHIE SALTZSTEIN AND LOUISE COX

Cheese may have been invented when a shepherd left some milk for too long in a bag made from a goat's stomach. The basic cheese-making process still involves introducing rennet, an enzyme found in the stomachs of goats and calves, into milk, which then separates into curds and whey. The process is perfectly natural, and there are plenty of places in the Bay Area where you can get cheese made by this time-honored method.

San Francisco

The Cheese Co., 3893 24th St., SF, Mon.-Sat., 10 am-6 pm (to 9 pm on Thurs.), Sun. noon-5 pm, 285-2254. The largest cheese retailer around—more than 400 varieties from all over the world are listed on the giant blackboard above the crammed refrigerated cases and counters. Typical Noe Valley neighborhood friendliness. Specials every week—usually one unusual and one more common item offered at good savings. Carry wine, crackers and bread also.

The Wine and Cheese Center, Mon.-Fri., 10 am-7 pm, Sat. 11 am-6 pm. Three locations: 205 Jackson, 2111 Union and 2730 Taylor. Around 300 choices and an extensive wine selection. Taylor and Union Street stores have restaurants in them; Jackson Street offers super-thick sandwiches from 80¢-\$1.20.

Garden Cheese, 1849 Union, SF, Mon.-Sat. 10:30 am-6:30 pm, Sun. 1-5 pm, 921-0223. Domestic and imported cheeses with emphasis on French and Scandinavian varieties. Other gourmet foods and wines. A nice touch is the eating area over looking a nice little

continued next page



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Some cheeses improve with age: in Switzerland it's a custom to present a baby with a wheel of Emmenthaler at the christening, haul it out again for the wedding and finish it off at the funeral.

continued from previous page

garden—pleasant tranquillity on hectic Union Street.

A Little Taste, 1388 Haight, SF, Mon.-Sat. 11 am-7 pm, 863-9321. 140 cheeses and associated items from books to slicers. Specials run 15-20% below regular price and change every week. Crackers, bread, wine, good sandwiches and informative friendly help with selections. **Bright & Co.**, 3440 Sacramento, SF, Mon.-Sat. 10 am-6:30 pm, 931-9898. Nice little neighborhood type shop, around 100 cheeses, with French and English as specialties. Also domestics, especially those made in California. Good weekly specials, fresh baked French pastries and croissants.

Sixth Avenue Cheeses, 311 6th Ave., SF, Mon.-Sat. 10 am-6 pm, Sun. 1-5 pm, 387-4192. The special this week is au foie de solagne, a French-made garlic camembert wrapped in hay (\$2.80/½ lb.). Among the standard fare is an excellent natural cream cheese at \$1.50 a pound.

Granary Warehouse, 1051 Howard St., SF, Mon.-Sat. 9 am-6 pm, Sun. 12:30-5:30 pm, 626-4294. A wholesale food distributor that has a special area for retailing cheeses. Not an extensive or fancy selection, but very good quality natural cheeses at good prices—3-10% off the retail price. Some taste testing and assistance as in the high-brow shops.

East Bay

The Cheese Board, 2114 Vine, Berk., Mon.-Sat. 10 am-6 pm, 549-3183. This tiny shop on Berkeley's north side holds three to four comfortably and is always

crowded. Knowledgeable people preside over their product and prices are low, with discounts for people over 60 as well as for those who "feel they need it." Upon request they'll add 10% to the total, match it with 5% of their own and donate the sum to KPFA, the Free Clinic or the Women's Clinic. Fresh bread (challah, whole wheat rye and cheese onion when we were there) comes hot from the oven in back.

Cheese and Coffee Center, 2110 Center, Berk., Mon.-Sat. 8:30 am-6 pm, 848-7115. Owned by women who love cheese and know all about it. A fine selection of cheese, salami, coffee beans and personal advice. Prices are good, especially their list of weekly specials which always includes a standard mild cheese at \$1.19/pound. Regular and new customers drift in and out for produce and information. **Curds and Whey**, 6211 College Ave., Berk., Mon.-Sat. 10 am-6 pm, 652-6311. A cheerful cheese store and deli with homemade goodies including quiche, cheese cake and their ever-popular brownies. Home-baked bread includes braided white, apple sauce cream cheese and pumpkin. Especially recommended: their subtly tangy herb cream cheese (\$1.15/half pint).

Lake Merritt Wine and Cheese Revival, 552 Grand Ave., Oakl., Mon.-Sat., 10:30 am-6:30 pm, Sun. 11 am-5 pm, 836-3306. Enjoy the view of Lake Merritt in this European-like restaurant (table cloths and fresh flowers) that features "meals on a board": assorted cheeses, meats, a warm baguette, fresh fruit and nuts (\$5 for two persons). In the back there's a well-stocked cheese shop and a wine bar where tasting is en-

couraged (25¢ a taste) and bottles are sold at retail (not restaurant) prices.

Bay-Wolf Cafe and Cheese Restaurant, 3853 Piedmont Ave., Oakl., Mon.-Sat. 9 am-6 pm, Sun. 10 am-2 pm, 654-9111. Ex-professor Mike Wild and four of his friends decided to "do something relevant" so they bought an old house, fixed it up and created this combination cheese store and indoor-outdoor restaurant. They take their business personally; the atmosphere is friendly and honest. The cheese store holds a rich assortment; their most expensive is Bucheron goat's milk cheese, wrapped in straw, \$5.25/lb. Bread is made daily (such as cheese-onion-curry bread). Meals include a daily special (main dish, soup and salad, \$2.25) and a Sunday Brunch (croissant, white wine and a main dish such as blintzes, asparagus in cheese sauce or Greek salad—\$3).

Say Cheese, 1561 Solano Ave., Albany, everyday, 10 am-6 pm, 527-2522. Once a bank, this spacious store now has a fine selection of cheese, all right, but their bakery production is the most outstanding we've seen at any cheese store. A true taste sensation is their cheese bread, a roundish, lumpy herbal loaf laced with chunks of cheddar cheese (\$1.29/loaf). Other home-baked delights: Hoot 'n Holler Brandy cake, \$1.69; strawberry nut bread, 99¢/pound, and zucchini bread, 99¢/pound.

The Cheese Wheel, 3311 Grand Ave., Oakl., Mon.-Sat. 10 am-5 pm, 763-6733. A good selection of cheese, sandwiches, party catering, plus a bargain "cheese of the day."



PHOTO BY RICK GROSSE

San Francisco's Alternative Sourdough Bread: the T...
sourdough bread, a whole wheat, rye flour, spring wa...

Cheese In The Country

BY KATHIE SALTZSTEIN AND LOUISE COX

For a pleasant day's diversion, take a spin up into the rolling hills of Sonoma County, where you can visit three cheese factories within an hour's drive of the Golden Gate Bridge.

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on Dolores. Cook Sasa Ossingert in the background.

Viviani and his family have been making cheese for three generations. They created Sonoma Jack, which accounts for 80% of their production and may include such additions as caraway seeds, herbs and bacon. You can take a tour of their factory and see their 1000-gallon stainless steel tanks of milk where the cheese-making process begins. They sell 101 varieties of cheese in all: jack, \$1.45/lb.; mild cheddar, \$1.75/lb.; swiss, \$1.95/lb. Discounts of 10% on any ten-pound block or wheel.

Two blocks away, the Vella Cheese Factory (315 2nd St. East, 9 am - 5 pm Mon. - Sat., 707-938-3232) occupies a cool stone building which was first a

brewery and later a mushroom factory. Thomas Vella and his crew offer no tours, but they maintain they have the "best deal on prices": Monterey jack, \$1.20/lb.; cheddar, \$1.25-\$1.35/lb.; Greek feta and bleu cheese, \$1.50/lb. Fancier cheeses are slightly higher.

People come from miles around to visit the Marin French Cheese Company near Petaluma (7500 Redhill Road, 8 am - 5 pm weekdays, 9 am - 5 pm weekends; tours, 10 am - 4 pm; 707-762-6001). For more than 100 years the Thompson family has been famous for their soft French-style cheeses—camembert, brie, schloss—which they market under the Rouge et Noire label. You can make a day

of it here—tour the factory, pick up some cheese, bread and wine from their shop and have a picnic beside the duck pond. It's a gourmet cheese, and prices are somewhat high, but you can save by buying their odd-shaped or underweight pieces: brie, \$5.50/24 oz. (\$3.30 for roughly the same weight in underweight pieces); camembert, \$1.70/8 oz. (\$1.10); breakfast schloss, 67¢/3 oz. (55¢).

Day-Old Bread

BY K.A. MASZKA, PATRICIA OHMANS AND BARBARA FRANCIS

Save your dough and take advantage of the numerous bakery thrift stores that sell day-old bread. (In this age of preservatives, "day old" usually means it's been sitting on the supermarket shelf for two to three days before it's returned.) Lots of these outlets also offer fresh bread at less than retail prices, and many have daily specials.

Continental Baking Co., 1525 Bryant, SF, 552-0950. (Mon. and Thurs., 9:30 am - 4:30 pm; Tues., Wed., Fri., Sat., 9 am - 5:30 pm.) Pre-Adelle Davis sweet-tooth stuff: Twinkies, Hostess cupcakes. Also Wonder bread, cookies, English muffins, hamburger buns, Profile bread. Current special: four loaves (1½ lbs.)/\$1.59. Supermarket price: 69¢ each.

Kilpatrick Thrift Store, 16th St./Folsom, SF, 431-0810. (Mon. - Sat., 9 am - 6 pm.) Think of all the peanut butter and jelly sandwiches you can make if you take them up on the "freezer special": 20 loaves (1½ lbs.)/\$6.99. Also 20-50% discount on Dolly Madison cakes and Mother's cookies.

Bread and Cheese

Langendorf, 19th St./Folsom, SF, 647-9942. (Mon. - Sat., 9 am - 5 pm.) Fresh bread: 10¢ off supermarket price. "Three-day-old" bread, hamburger and hot dog buns, cookies, cakes. Sample buy: five loaves/\$1.

Adeline Bake Shop, 6th St./Mission, SF, 433-4259. (Mon. - Fri., 7 am - 4 pm; Sat.: 7 am - 3 pm.) Day-old pastries returned from the various Adeline bakeries throughout the city go on sale at 8 am. A dime will get a day-old dunking donut (22¢ fresh); danish 18¢ or six for 90¢ (39¢ regular price).

Anna's Danish Cookie Co., 3560 18th St., SF, 863-3882. If your timing is right and the baker has had one of his rare bad days, you can get broken cookies: 75¢/lb.

Oroweat Thrift Store, 1798 Bryant, SF, 863-4773. (Mon. - Fri., 9 am - 5:25 pm; Sat.: 9 am - 4:55 pm.) Bake your own: up to 40% off on white and wheat flour. Also cereal grain, cookies, muffins. Fresh white and wheat bread baked especially for the Thrift Shop: 39¢/1½-lb. loaf; three for \$1.15 (supermarket price: 79¢). Recent special: returned raisin bread, 71¢ (retail 99¢).

Parisian Bakeries, 1995 Evans, SF, 826-1273. (Mon. - Fri., 9 am - 5:30 pm; Sat.: 8:30 am - 5 pm.) White, wheat, rye and French bread and rolls. Sliced French, three loaves for 99¢ (fresh 63¢ each).

Royal Baking Company, 4773 Mission, SF, 585-9655. The dough hits the dock when the drivers return after 4 pm with French bread and rolls. Discounts vary.

Miniature Bakery and Restaurant, 433 Clement, SF, 752-4444. Occasional day-old piroshki and Russian pastry, including baklava and bird's nests.

American Bakeries, 2725 Oakdale, SF, 647-9989. (Mon. - Sat., 9 am - 4:55 pm.) Bought out Langendorf. Discounts 25% or better on Langendorf label.

Larraburu Bros. French Bakery, 365 3rd Ave., SF, 221-4112. (Wed., 9 am - 4 pm.) "Crippled bread," as they call lopsided loaves, goes on sale at the loading dock for half price. It goes fast, and the neighborhood folk start arriving at 7 am. Until September the bakery,

continued next page

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PHOTOS BY RICK GROSSE



Gladys Salazar, owner of the Mascota Bakery, displays (center) a loaf of cemitina, a specialty of this Central American bakery. Chef Ollie Butler of The Beginning (lower left) adds one of the 22 eggs she uses in her recipe for corn bread. Michael Caldwell (lower right) in the kitchen of Rue de Polk, where he makes 50 loaves, or about 100 pounds, of sweet French bread a week.

continued from previous page

which is closed on Wednesday, will be offering day-old products that day. If the response is good, according to receptionist Claudia McHenry, the day-old sales may be year round. Try to get there by 2 pm, or they may be all sold out for the day.

Eppler's Bakery, 1402 California, SF, 673-0312. (Mon. - Sat., 10 am - 6:30 pm.) Day-old snails, croissants, butterhorns, Danish and bread, 5¢ to 10¢ off.

East Bay

Continental Baking Co., 53rd St./Adeline, Oakl., 655-9767. (Mon. - Fri., 9:30 am - 5:25 pm; Sat., 9 am - 4:50 pm.) Day-old Wonder Bread and Hostess cakes, daily "people's specials."

Kilpatrick's Return Store, 1139 13th Ave., Oakl., 534-3600. (Mon. - Sat., 9:30 am - 6 pm.) Fresh bread, 46¢ for 1½-lb. loaf (regular: 66¢). Returned "hots and hams" (hot dog and hamburger buns): four packs for \$1. Day-old bread: five loaves/\$1.89. Also potato chips, Dolly Madison cakes and Mother's cookies.

Oroweat Thrift Store, 414 23rd Ave., Oakl., 536-4610. (Mon. - Sat., 9:30 am - 5:30 pm.) Sample specials. Fresh English muffins, three packs for \$1. Returned French rolls: six packs for \$1.

Pisano Bakery, 2497 Grove Way, Castro Valley, 538-3400. (Mon. - Sat., 9 am - 7 pm; Sun., 10 am - 4 pm.) Fresh and day-old French, sweet and cracked wheat bread. Prices vary depending on how old bread is. From five loaves for \$2 to five for \$1.40.

Dolly Madison Cakes, 769 West A St., Hayward, 783-9770. (Mon. - Fri., 10 am - 6 pm; Sat., 9:30 am - 6 pm.) Zingers, KoKos, Stars and Stripes (Twinkie-type cakes) along with Kilpatrick's and Weber bread and Pisano French.

Safeway Bake Shop, 2900 Broadway, Oakl., 451-6643; 5130 Broadway, Oakl., 658-5744. (Mon. - Sat., 9 am - 9 pm.) Assorted leftover Danish, muffins, rolls marked down 20%.

Toscana, 3924 Market, Oakl., 655-2066. (Tues. - Fri., 9 am - 5 pm; Sat., 9 am - 2 pm.) Fresh and returned French bread and rolls.

Fractured fresh, 45¢ a loaf. Faultless fresh, 55¢ (store price: 64¢).

Langendorf Thrift Stores, 2929 7th St., Berk., 841-2055. (Mon. - Fri., 9 am - 5:45 pm.) Fresh and day-old bargains. Recent specials: angel food cake, fresh 59¢ (regularly 95¢). Day-old: three for 99¢. Great for chocolate fondue.

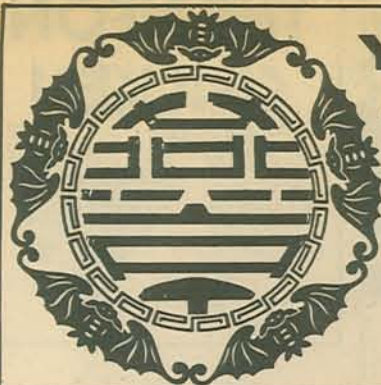
Your Black Muslim Bakery, 5844 San Pablo, Oakl., 658-7080. (Daily, 8 am - 8 pm.) No preservatives, all natural ingredients. manager Yusuf Bey guarantees. Prune and carrot cakes, wheat, raisin and egg bread. Fresh egg bread, 78¢ (sells for \$1.25 in stores). Day-old egg bread, 55¢.

French Chef Teaches Ecology

BY CATHY LUCHETTI

Josephine Araldo is to puff pastry what Imogen Cunningham is to portrait photography: a master. Seventy-nine years old, tense, spry, exuding energy and good will, Josephine never lapses into hauteur over the subject of French cooking. To her, haute cuisine is as basic as cooking leftover lettuce leaves, or as experimental as make pate feuilletée. She holds a Grande Diplome from the Cordon-Bleu, Institut de Cuisine de Paris, and has logged 52 years of private service as a chef, but she still maintains, "Cooking is fundamental. I don't teach people how to cook, but how to save."

Between 1927 and 1962 she worked for many wealthy and prominent families, including the Fleishhackers, Isadora Duncan, Premier Clemenceau of France and Eleanor Roosevelt. She managed, however, to keep an impudent outlook.



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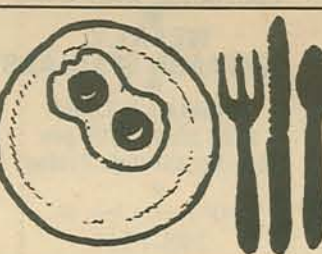
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'After studying with Josephine,' says one student, 'I feel guilty even throwing away a chicken bone.'

When a wealthy employer once chided Josephine for sampling an imported Roquefort cheese, she retorted, "But Madame, I'm imported too." Another patron complained because Josephine tried the soup with her thumb. Josephine replied, "Madame, it's only too bad I can't use my feet."

Josephine hoards, juggles and recycles food as if every meal were her last. Even after 52 years in wealthy and distinguished kitchens, she is not satisfied until the last leftover is baked, pounded, pureed and eaten. "Josephine even recycles her goosefat," says former Chronicle assistant food editor Jana Allen.

"The difference between a chef and a cook lies in training," Josephine explains. A cook reads a recipe but doesn't know the fundamentals. Perhaps a cook will make a success — but he or she cannot duplicate the dish again. "A chef does not rely on guesswork," says Henri Paul Pellapat, master chef of the Cordon-Bleu, and Josephine concurs. A chef knows the fundamentals and can construct le potage from scratch, turn puff pastry into an en tree or a cookie at a moment's notice, and knows exactly when le roti (the roast) is done without consulting a clock. All chefs make mistakes, she adds, yet they repair the damage quickly with garnish, a white sauce or a different container.

An energetic woman who still invents at least one new dish a week, Josephine encountered only one obstacle to her career: her sex. Pellapat told her upon graduation, "Women are better chefs than men, but they don't get as many jobs because they can't handle the big pots." Josephine thinks her salary suffered occasionally for this reason, but she doesn't complain.

Active as ever, Josephine prepares Sun-

day meals for the priests at Notre Dame, stuffs sausages and caters pate to the Club Lafayette and, since her retirement in 1962, teaches a weekly course in cooking fundamentals. She has more than 4000 ex-students, including Jana Allen, who says, "After studying with Josephine, I feel guilty even throwing away a chicken bone."

Josephine repeats this motto to all who will listen: Learn to cook, save, eat and be happy. Here, then, are some of her recommendations for shaping up the kitchen:

DAY-OLD LETTUCE AND OTHER VEGETABLES: Wilted lettuce isn't rotten — it's only ripe, Josephine explains. The brown spots mean there's iron present, and leaves like this make good future eating. She stores them in the freezer until she has a good-sized bagful. Then she blanches the frozen mass, braises it in butter and adds onions, carrots and seasonings to make a vegetable dish. She stores other greens, too. Chard, kale, spinach and cabbage in a glass jar last up to three weeks in the refrigerator. What for? Braised, buttered and chopped greens give body to other leftovers, such as soup or white sauce.

You can also resurrect used vegetables in the top of a double boiler. Note: skip the salt while cooking. A sprinkle of salt suffices, while too much causes meats and vegetables to lose juice, flavor and vitamins. As for herbs, Josephine uses her own from the garden, where she grows a wild array of parsley, broccoli, red currants and many herbs. "Schilling and Spice Island people must dry their herbs in the sun," she says. "Otherwise, why would they be so gray and tasteless?"

BREAD INTO CRUMBS: Buy bulk flour for economy's sake, but freeze it immediately afterward, Josephine cautions. The

same goes for bread dough. Refrigerated dough wears itself out after two days of alternate rising and being punched down. Instead, freeze the dough initially, then thaw it out before using. Pastry dough, on the other hand, has no yeast and can survive in the refrigerator for up to three weeks. Just wrap it in muslin and slice



Josephine Araldo pours a glass of cheap Burgundy in her kitchen.

off little pieces each day to make torts, crackers, puffs or pies.

Josephine dries, crushes and sifts old bread into bread crumbs, which she stacks in neatly labeled jars in the larder. Crumbs serve both as flour or garnish in a great number of dishes. As for baking bread? It is much simpler than making pastry dough, Josephine states. A simple French bread calls for nothing more than flour, water and yeast. In fact, in France it is illegal to call it "French bread" if it contains any other ingredients.

BAGUETTES: Anyone who relishes French bread will equally enjoy its thin-

ner relative, the baguette. In place of an expensive baguette mold, all you'll need is a packaged aluminum baking sheet (us (usually around 69¢ for two). Crimp several vertical ridges lengthwise along the sheet. This gives the baguette dough a mold to form itself against. Use unbleached white or whole wheat flour to make a stiff batter. Thin, bleached flour causes "bread spread," an oddly shaped loaf of bread.

2 cups warm water (105°-115°)

1 package yeast

5½-6 cups sifted flour (for three loaves)

Sprinkle yeast over water and stir until dissolved. Add part of the flour and beat with a wooden spoon until smooth (around ten minutes). Place in greased bowl, turn over, and let rise until double. Punch down, divide into thirds and roll out on floured pastry cloth. Roll into an oblong shape, then roll up from wide end and pinch edges to seal. Place in baguette molds, brush with cold water. With scissors, cut diagonal slashes across each loaf. Let rise, uncovered, for 1½ hours. Then bake in preheated oven (400°) with a pan of water beneath the loaves. Bake 40-50 minutes, brushing with water every 20 minutes. Remove, cool, enjoy.

BRIOCHE DOUGH

2 cups flour

3 eggs

1 package yeast

1/3 cup sugar

1 cube butter

Mix all ingredients. Let the dough rise once, then punch down. Put it in the refrigerator, then mold into a braid. Let it rise the second time (meanwhile, constantly punching down, so the yeast won't exhaust itself. Bake in preheated 400° oven. Combine egg yolk and one tablespoon water and brush on the braid. Bake 20-25 minutes. Serve hot or cold.

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ET" and neus," two Jean Cocteau, Hall, Domini- fael, 457-4440.	VISWANATHAN plays South Indian flute, accompanied by the violin, mrdangam and ghatam, 8 pm, Center for World Music, 2640 College, Berk., 548-7777, \$2.50.	"NATURAL GAS," second annual benefit dance for E&GP, which is working to restructure PG&E rates, music from funky reggae groups the Scorchers, Obiah, and Mango Disco, 7:30 pm, The Orphanage, 807 Montgomery/Jackson, SF, 543-5632 for info, \$5.	FRENCH HORNS, piano and soprano voice at a chamber concert of Britten, Schubert and others, 8 pm, Community Music Center, 544 Capp, SF, 647-6015, \$2.50/\$1.50 students.
CHIC" music nts of Yusef tet, earthly h Aug. 10, rner, 750 97, \$3.50.	OLD BUT GOOD, jazz films of the Twenties, Thirties and Forties featuring performers such as Bessie Smith, Louis Armstrong, discussion after- ward, 8:30 pm, Rainbow Sign, 2640 Grove/Derby, Berk., 548-6580.	PASS THE BUCK at a dollar concert, sonatas for flute and guitar played by Maria Bair and Peter Draper, 8 pm, East Bay Music Center, Virginia/ Milvia, Berk., 234-5624, \$1.	"SALT of the Earth," a McCarthy- blacklisted film about striking Chicano miners, with "Time Has No Sympathy," about women in jail, 7:30 pm, Le Conte School, Russell/Ellsworth, Berk., 843-6194, \$1.50 for the Berkeley Women's Health Collec- tive.
LIFE slides Bob Brown, o talk about SF Art Insti- SF, 771-7020.	GRAND OPENING of Palo Alto's new professional repertory theater in "In the Midst of Life," a musical based on the life and humor of satirist Ambrose Bierce, 8:30 pm, Stanford Music Hall, 221 University Ave., Palo Alto, 328-8474, \$5.50-\$3.50.	SVENGALI lovers should enjoy "Dreaming in Berkeley," a sleep/ dream piece performed under hypnosis by Linda Montano, 2 pm, University Art Museum, 2626 Bancroft, Berk., 642-1438.	SALSALACRAN plays with Benny Velarde, Tito Garcia, Insight Out and Muziki at a Salsa Dance, 8 pm to 2 am, California Hall, 625 Polk, SF, 626-3779 for info, \$4/\$3.50 advance through BASS.
French film- in "My Night cated conver- in the After- and witty, Surf g, SF, so July 30, 50).	PORTRAIT of a child molester and his fate in "M," a film by Fritz Lang, with Peter Lorre, don't miss it, 6:45 pm, Lurie Room, Main Library, Civic Center, SF, 558-3191.	EXPOETRY EXPRESS, local poetry personalities read their combined works, 9:30 pm, The Pyramid, 104 Columbus, SF, 392-3908.	RAISING funds for the Women's Vocational Institute, a worthy cause, wine and cheese with SF Commissioners on Status of Women, 6 pm to 7:30 pm, 593 Market, Suite 516, SF, 495-8044 for reservations, \$5.
for women, e others feel n, 9 pm, e, 1437 -9805.	COME LISTEN and enjoy a musical experience with the Happy Valley String Band and A Flow of Shows, a theater/mime group, 9 pm, Intersection, 756 Union, SF, 397-6061, \$2.50.	FOREMOST Mexican singer and composer Jose de Molina makes his Bay Area debut singing songs of struggle of Latin America, 9 pm, La Pena, 3105 Shattuck, Berk., 849-2568, 50¢ (also Aug. 1- 3, 9 pm, \$1).	CANDLELIGHT Concert, sonatas for violin and piano by Prokofiev and Franck, 10 pm, Old First Presbyterian Church, Van Ness/ Sacramento, SF, 776-5552, \$1.
esbian rap, very Tues., Women's ing Way,		"THE RAKE'S PROGRESS," Stravinsky's opera based on Hogarth's etchings, performed by SF City College Music-Theater workshop, today through Aug. 2, 8 pm, City College Theater, Phelan/Judson, SF, 587-7272 ext. 100, \$2.50/\$1.50 students.	
film made in Sembene 's virtual ench family, ene, n of Art, SF, srs.,	6	7	8
in Modern oberta Kroeber 2561.	"THE ORGANIZER," an Italian film by Mario Monicelli with Marcello Mastroianni, about a textile workers' revolt in Italy in the 19th century, 8:30 pm, La Pena, 3105 Shattuck, Berk., 548-3204, \$1.50.	"CRAFTSWOMAN as Artist," a juried group show, opening re- ception tonight 6 pm, show runs through Sept. 18, Women's Art Center, 400 Brannan, SF, 957-9239.	PALACE MONKEYS Poets' Band, sound and verse, with Ruth Weiss performing her Light Poem, ac- companied by Claude Palmer on bass, 8:30 pm, United State Cafe, 1538 Haight, SF, 865-7557, \$1.
plowitz, with her gay night, ehouse, 444-9805.	HOT FOUR, New Orleans Jazz from the Dick Oxtot quartet, banjo, trombone, bass and clari- net, 8 pm, The Exploratorium, 3601 Lyon, SF, 563-7337, 25¢.	WOODCUT printmaker Antonio Frasconi talks about his art and shows some of his latest works, with a film on his techniques made by his son, 7:30 pm, Room 303, SF Museum of Art, Van Ness/McAllister, SF, 863-8800.	STAY LOOSE and get in rhythm at an evening of Afro-Caribbean music and dance, led by Esalen, 8 pm, First Unitarian Church, Franklin/Geary, SF, 771-1710 for info, \$3.50.
music, a concert u Harrison Old First Van Ness/ -5552,	LUNCHTIME happening, singing songs of women's struggle with the Berkeley-Oakland Women's Chorus, to celebrate start of new newsletter for office workers, 12:15 pm, Crocker Plaza, Market/ Sansome, SF.	TRANSATLANTIC visit, new films by London filmmakers Gary Woods and Roger Ham- mond, with Gary Woods in person, 8:30 pm, Canyon Cinematheque, 800 Chestnut, SF, 332-1514, \$1.75.	SOCIALITE frolics in "The Bark- leys of Broadway," Fred and Ginger's last fling together, with a Tex Avery cartoon, 8 pm, Oakland Museum, 10th/Oak, Oakl., 273-3009, \$1.50/\$1 srs., members.
SS in the nation is the n and work- men Today" dder Union 97-1994 for	ART IN PERFORMANCE, Lydia Modi-Vitale talks on the history of performance by artists, focusing on pieces by Bay Area artists, 1 pm, University Art Museum Theater, 2626 Bancroft, Berk., 642-1438.	WORTH IT for the memorable tape of Bertolt Brecht before the House Un-American Acti- vities Committee, "Brecht on Brecht," cabaret-style scenes from his plays, through Aug. 9, 8:30 pm, 1819 10th St., Berk., 843-4446, \$3-\$2.	DANCE FREE to taped music, multitudinous sounds, bring musical instruments to jam, 9 pm, Cat's Paw Palace, 2547 8th/Dwight, Berk., 841-6500, \$1.50.
s, group mem- a talk with ful Mission ssion Branch St., SF,	SUMMER STOCK from the Old Chestnut Drama Guild, "Fallen Angels" by witty Noel Coward, relive the Twenties, 8 pm, Zeller- bach Playhouse, UC Berk., 642-2561, \$3/\$2.50 students (also Aug. 7 and 8, 8 pm, Aug. 9, 2 and 8 pm).	DANCER'S THEATRE performs "Summer Dance '75," a concert of modern ballet, 8:30 pm, Ashkenaz Dance Cooperative, 1317 San Pablo/Gilman, Berk., 428-1370, \$2.	ALLAUDDIN, director of the Sufi choir, talks on the art of contrapuntal listening, develop- ing the ability to hear different melodies, 8 pm, Family Light School, 303 Harbor Drive, Sausalito, 332-6051, \$2.50/ \$1.50 members.

Weekend Events

25-27

program of contemporary ballet by Arabesque
premiere ballets, July 25 and 26, 8:30 pm,
184 Greenwich, SF, 922-2755, \$2.

play their own original brand of music and
d 26, 8:30 pm, Macondray Hall, First Unitarian
/Geary, SF, 383-4322, \$2.50.

"a 1973 French film about a revolt by women
ry, banned by the French government for its
July 25, 8 pm, Labor Temple, 2315 Valdez,
\$2, sponsored by Union WAGE.

ctives of time in three films, "Occurrence at
s," "La Jeteé" and "Time Is," July 25-27,
n, 1736 9th Ave., SF, 665-3265, \$1.50.

UST 1-3

at a two-day conference on "Women and Their
n Implications for a New Era," discussing recent
's self-help clinics, health care issues, and new
g, 1, 8:30 am to 5 pm, Aug. 2, 8:30 am to noon,
500 Parnassus/3rd Ave., SF, 666-2453.

series continues with Dance Media, a group
dance with video, Aug. 1 and 2, 8:15 pm,
r, 1301 Shattuck, Berk., 841-5580, donation.
eater presents "Trunktown," Aug. 1 and 2,
n Gate YMCA, Leavenworth/Golden Gate,

ROLL OVER for Chuck Berry and Little Richard, undisputed
giants of rock 'n' roll like it's never been since, Aug. 1 and 2,
7:30 pm and 11 pm, Aug. 3, 6 pm and 9:30 pm, Circle Star
Theater, Industrial Road, San Carlos, 364-2550, Fri., Sat.,
\$7.50-\$5.50/Sun. \$6.50-\$4.50.

GWEN LEWIS Dance Company presents a concert of Afro-
American Interpretive dance, first in a series of heritage con-
certs, Aug. 2 and 3, 2 pm, Fort Barry Parade Grounds at Marin
Headlands, Muni bus 32 drops you right off for 25¢, info from
Bill Anderson at 556-0111.

WEEKEND AUGUST 8-10

CINEMA OF AFRICA, excellent series, don't miss "Boesman
and Lena," made in South Africa from Athol Fugard's play,
moving and humane view of a couple on the road, with "Last
Grave at Dimbaza," illegally shot documentary on apartheid,
Aug. 8, 7:30 pm, \$2/\$1.50 srs., members; "Freedom Railway,"
Felix Greene's film on the Tan-Zam Railway, with "A Luta
Continua," documentary on the Frelimo army in Mozambique,
Aug. 10, 2 pm, \$1/75¢ srs., members, SF Museum of Art,
Van Ness/McAllister, SF, 863-8800.

"WOMEN AND HEALING," a two-day course in natural
healing techniques derived from matriarchal societies, with
breath awareness and clarity therapy as healing forces, led by
Hallie Iglehart, Aug. 9 and 10, 10 am to 6 pm, call 845-7786
for reservations, limited to 12 women, \$15.

OPEN ROAD presents a dramatization of Walt Whitman's
poetry in a program "There Was a Child Went Forth," Aug. 8
and 9, 8:15 pm, Live Oak Theater, 1301 Shattuck, Berk.,
841-5580.

Free for All

BALLET CELESTE presents a brown bag performance, previews
of some of the works they will perform in Mexico City, July 25,
noon, Rotunda, City Hall, Civic Center, SF, 731-7355.

DELIGHTS in Kite Flying, Dinesh Bahadur presents a history of
kites, a lesson in how to fly them and a short film, July 26, 2 pm,
Marina Branch Library, Chestnut/Webster, SF, 346-9336.

MULTICULTURAL Festival, the celebration of ethnic heritages,
crafts, foods, entertainments, July 26, 11 am to 8 pm, July 27,
noon to 7 pm, Fair Oaks Community Center, 2600 Middlefield
Road, Redwood City, 364-7340.

PREVENTIVE Health Care Research presents two films, "Acu-
puncture: Myth or Miracle?" 11 am, and "Stopped Smoking:
Roadblocks Along the Way," 1 pm, July 26, Sunset Medical
Center, 2409 19th Ave., SF, 664-2248.

RAINBOW SIGN sponsors batik workshops, taught by textile
artist and book designer Yvonne Browne, every Sat. through
Aug. 9, 12:30 pm to 3:30 pm, 2640 Grove/Derby, Berk.,
548-6580.

BORIS BORISOFF, authority on the folk music of Russia and
Norway, presents a concert with slides and commentary on
the balalaika, domra and langeleik, July 27, 7 pm, Community
Music Center, 544 Capp, SF, 647-6015.

EVENSONG at Advent presents the Ockeghem Choir, performing
15th Century sacred polyphonic works, July 27, 7:30 pm, Church
of the Advent, 261 Fell, SF, 431-0454.

DO THE LOTUS at a yoga class for persons of all ages, wear loose
clothing, every Monday, 3 to 4 pm, St. Mary's Recreation Center,
Justin/Murray, SF, 558-4268.

DON'T BE NEGATIVE, see the new photography exhibit by
two women photographers, Jacqueline Livingston and Jacqueline
Thurston, opens July 28, Oakland Museum, 10th/Oak, Oakl.,
273-3009.

RAZA ART in a new exhibit of portraits, including work by
Juan Fuentes, Rupert Garcia, Ralph Maradiga, Wed.-Sun.
through Aug. 2, Galeria de la Raza, 2851 24th St., SF.

BREW YOUR OWN, Lee Coe gives a lecture-demonstration on
beermaking at home, July 29, 7:30 pm, West Portal Branch
Library, 190 Lenox, SF, 566-4581.

ONSTAGE in a revue of both traditional and improvisational
theater by SF State Summer Drama Workshop, July 31, 3 pm,
Aug. 1, 8 pm, Little Theater, Creative Arts Building, SF State,
1600 Holloway/19th Ave., SF, 469-1667.

WORDS AND IMAGES at an open poetry reading for women,
bring your work, Aug. 1, 8 pm, Berkeley Women's Center,
2112 Channing, Berk., 548-4343.

FOLKSY fiddle, bluegrass, yodelers, comic songs at a concert
by the SF Folk Music Club, Aug. 4, 8 pm, Jewish Community
Center, 3200 California, SF, 346-6040.

BEA NETTLES gives a talk with slides about her work in photo-
graphy, Aug. 5, 7:30 pm, SF Art Institute, 800 Chestnut, SF,
771-7020.

SURVEY of World Music and Dance is the ambitious topic of
lectures every day through August, 11 am, Center for World
Music, 2640 College, Berk., 548-7777.

SOUL AND BLUES still getting it on every Wednesday afternoon
through Aug. 13, 1:30 pm, Band Concourse, GG Park, SF,
558-4268.

CLASSICAL ragas of North India played by virtuoso G. S.
Sachdev in a concert, Aug. 9, 8 pm, Community Music
Center, 544 Capp, SF, 647-6015.

YEAR OF THE WOMAN, 1975, and a talk on the recent
conference in Mexico City, presented by Margaret Leahy,
July 28, 8:30 pm, Community Action TV, Cable Channel 6.

"BLUES BY THE BAY" is a fine blues show hosted by Tom
Mazzolini, with drop-in guests, now in a new time slot, every
Monday, 11 pm to 2 am, KPOO 89.5 FM.

ONE OF THE GREATEST satires on film, "The Girl Can't
Help It," directed by Frank Tashlin with Jayne Mansfield
and Tom Ewell, July 27, noon, Channel 44.

OUR OWN IMAGE, "Women of All Ages," readings of literature
throughout history, showing how the image of women has
changed (or not changed), Aug. 1, 7 pm, Open Studio, KQED
Channel 9.

"ORACLE," a ceramic sculpture by Suzanne Jacquot-Goldman, in
a four-woman ceramic and print show, July 25 through Aug. 31,
Tues.-Sun., 11 am to 5 pm, Berkeley Art Center, 1275 Walnut,
Berk., 849-4120.

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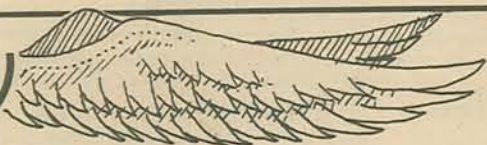
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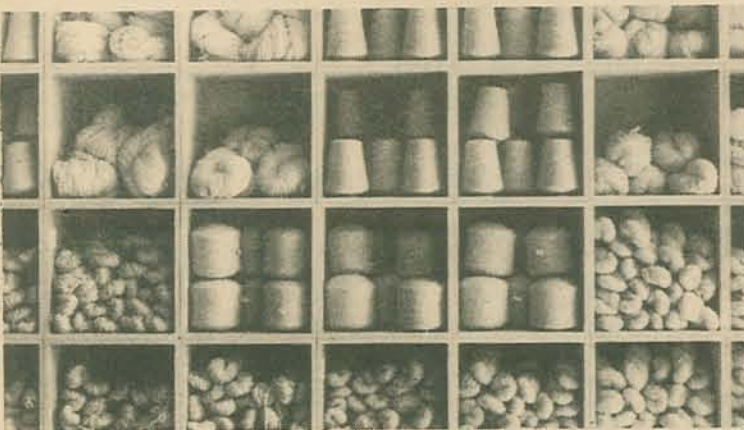
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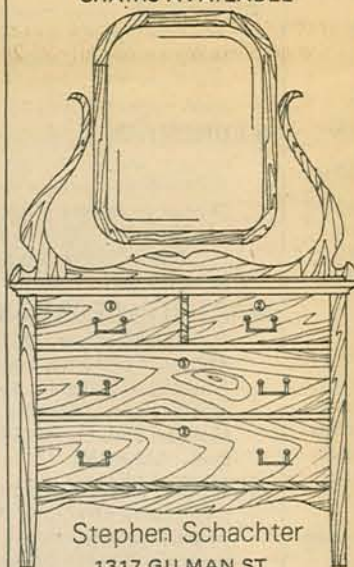
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EVENTS

JULY 24 THRU AUGUST 9

BY NANCY DUNN

MUSIC-DANCE

Arthur Fiedler and SF Symphony Pops Concerts: All-request program, July 24, including Grieg's Piano Concerto in A minor, selections from "My Fair Lady" and Shostakovich's Festive Overture; Evening of Rodgers and Hammerstein, July 26, with music from "South Pacific," "The King and I" and many others; Old Timers' Night, July 29, featuring sing-along medleys, traditional tunes, dance music and patriotic songs, all at 8:30 pm, Civic Aud., Grove/Van Ness, SF, 431-5400, \$3.75-50¢.

Summer Dance '75, July 24 and 31, 8:30 pm, presented by Dancers Repertory Theatre, Ashkenaz, 1317 San Pablo, Berk., 525-9830, \$2.

Turtle's Milk, a story dance based on Nigerian folk tales, presented by Drum, Song and Dance Company, July 24, 8 pm, East Bay Music Center, Virginia/Milvia, Berk., 234-5624, \$1.

California Music Center Festival: Memorial to Maurice Ravel, July 24, including works by Mozart and Bergsma; student orchestra featured, July 26, with music by Mozart, Brahms and Debussy; music by Arriaga, Mozart and Brahms, July 31, all at 8 pm, College of Notre Dame Aud., 1500 Ralston Ave., Belmont, 593-7674, \$3.50/\$1.50 students.

Candlelight Concerts: Baroque and classical trios, July 25; sonatas for violin and piano by Prokofiev and Franck, Aug. 1; The Ockeghem Choir, Aug. 8, all 10 pm, Old First Church, Van Ness/Sacramento, SF, 776-5552, \$1.

Arabesque Concert Dance and Choreographers Workshop, July 25-26, 8:30 pm, Smith Studios, 2184 Greenwich, SF, 922-2755, \$2.

Concord Summer Festival: Kenny Burrell Quartet, LA Four and Sergio Mendes and Brasil '77, July 25, 8 pm; Dick McGarvin Quintet, Tony Bennett and Louis Bellson and his 32-piece orchestra, July 26, 8 pm; Milt Jackson Quintet, Jackie and Roy and The Crusaders, July 27, 7 pm; Michel Legrand and orchestra with Phil Woods and Mayuto, Aug. 1, 8 pm; East Coast All-Stars, Milt Hinton, Zoot Sims, Bucky Pizzarelli, Joe Venuti, Ellis Larkins and Maxine Sullivan and West Coast All Stars, Herb Ellis, Ray Brown, Harry "Sweets" Edison, Plas Johnson and Jake Hanna on Aug. 2, 8 pm; Hinton, Hanna and Pizzarelli, Aug. 3, 8 pm, plus Bobby Hackett, Helen Humes, Teddy Wilson, and the Ruby Braff/George Barnes Quartet, all the Concord Pavillion, 2835 Willow Pass Rd., Concord, 682-6770, \$6.50-\$5.50 reserved/\$5 general admission on the grass/\$3 under 18.

Performing Arts Workshop students dance with Daniel Grossman, July 25, 8 pm, Margaret Jenkins Studio, 2005 Bryant, SF, by donation.

1750 Arch Street: the last performances of the month-long series of J. S. Bach's secular music, July 25-27, 8:30 pm, 1750 Arch, Berk., 841-0232, \$3/\$2.50.

Center for World Music: Music for a While, July 25, Medieval and Renaissance chamber music; South Indian flute music, July 30, with T. Viswanathan, both at 8 pm, 2640 College, Berk., 548-7777, \$2.50.

Family Light School of Music: Richard Garneau plays classical Indian ragas, July 26, 8 pm, \$3; Uncle Vinty gives a lecture/concert on music and comedy, July 28, 8 pm, \$3; Howard Roberts guitar seminar, Aug. 1-3, 10 am - 6 pm each day, \$85; Allaudin, director of the Sufi Choir, Aug. 8, 8 pm, seminar on Contrapuntal Listening, \$2.50; Guitar Players of America organizational meeting, Aug. 9, 1 pm, free, all at 303 Harbor Dr., Sausalito, 332-6051.

Donald Byrd and the Blackbyrds and Major Harris, July 26, 8 and 11:30 pm, Paramount Theater, 2025 Broadway, 465-6400 or dial TELETIX, \$7.50-\$5.50.

Stern Grove Music Festival: fully staged opera, July 27, with members of the

Merola Opera Program and the Stern Grove Orchestra; Bay Area jazz musicians, Aug. 3; faculty and students from the SF Conservatory of Music, Aug. 10, all at 2 pm, Sigmund Stern Grove, Golden Gate Park at 19th Ave./Sloat, SF, free, call 558-4728 on the Monday before the concert to reserve a picnic table.

Oscar Peterson, July 27, 7 pm, at the Robert Mondavi Winery, Oakville, (707) 963-2783, \$6/\$4 students, wine and cheese tasting included.

Jethro Tull, July 28, 8 pm, Oakland Arena, Hegenberger Rd./Nimitz Freeway, Oakl., 635-7800 or dial TELETIX, \$7.50-\$5.50.

Hertz Hall summer concerts: SF Chamber Orchestra, July 28, 8 pm 8 pm, with Handel's Concerto for Harp, Vaughan Williams's Fantasia on Greensleeves and others, free; the Arion Ensemble, Aug. 1, 8 pm, 17th and 18th century European music, \$3/\$1.50 students; organist Roger Nyquist, Aug. 3, 8 pm, J.S. Bach, Vienne and Sokola, on UC Berk. campus, 642-2561.

My Body Is My Temple, an evening of movement with Gabriel Ross, July 29, 8 - 10:30 pm, at the Dancers Workshop, 321 Divisadero, SF, 771-1710, \$5.

In the Exploratorium: Leo Collingnon, July 30, classical guitar; Dick Oxtot and his Hot Four, Aug. 6, swinging New Orleans Jazz, both at 8 pm, 3601 Lyon/Bay, SF, 563-7337, 25¢.

Ten Years After with Alvin Lee, July 31, 8 pm, Winterland, Post/Steiner, SF, for advance tickets dial TELETIX, \$6 at the door/\$5.50 advance.

Chuck Berry and Little Richard whoop it up, Aug. 1-2 at 7:30 and 11 pm, and Aug. 3 at 6 and

9:30 pm, Circle Star Theatre, 1717 Industrial Rd., San Carlos, 982-6550, or BASS, Ticketron, Macy's, etc., \$7.50-\$4.50.

America and John Sebastian, Aug. 2, 2 pm, Greek Theater, UC Berk., dial TELETIX for advance tickets, \$5.50/\$6 at the door.

"The British Are Coming!" Day on the Green No. 3, Aug. 2-3, 10 am, with Robin Trower, Dave Mason, Peter Frampton, Fleetwood Mac and Gary Wright, Oakland Stadium, Nimitz Freeway/Hegenberger Rd., Oakl., 635-7800 or dial TELETIX, \$10 at the door/\$7.50 advance.

Woody Herman and his Big Band, Aug. 3, 2 pm, Marin County Fairgrounds, San Rafael, 472-3500 and major agencies, \$6.50 reserved/\$5.50 general admission on the grass/\$3 students.

The Jackson Five, Aug. 4-7 at 8:30 pm, Aug. 8-9 at 7:30 and 10:30 pm, Aug. 10 at 3 and 7:30 pm, Circle Star Theatre, 1717 Industrial Rd., San Carlos, 982-6550 or major agencies, \$7.50-\$3.50.

SF Chamber Orchestra, Aug. 4, 8 pm, with Britten's Les Illuminations for Soprano and others, Pauley Aud., Telegraph/Bancroft on the UC Berk. campus; program repeated Aug. 5, 7 pm, Little Theater of the Legion of Honor, Lincoln Park, SF, both free.

Joan Baez and Hoyt Axton, Aug. 9, 2 pm, Greek Theater, UC Berk., dial TELETIX for advance tickets, \$4.50/\$5 at the door (box office opens at noon).

Quincy Jones and Jimmie J. J. Walker, Aug. 9, 8 and 11:30 pm, Paramount Theater, 2025 Broadway, Oakl., 465-6400 or dial TELETIX, \$7.50-\$5.50.

All Star Gospel Festival, Aug. 10, 3 and 8 pm, with the original Gospel Caravans, the Soul Stirrers of Chicago, the Loving Sisters, Mississippi's Five Blind Boys, the Voices of Christ and the SF Inspirational Choir, all at the Paramount, 2025 Broadway, Oakl., 465-6400 and major agencies, \$7-\$5.□

THEATER

Beach Blanket Babylon Goes Bananas, all-new high camp musical revue, Wed.-Thurs., at 8:30 pm, Fri.-Sat. at 8:30 and 11 pm, Sun. at 7:30 pm, Club Fugazi, 678 Green/Columbus, SF, 421-4222, \$5-\$4.

Beggar's Theatre: open-air performance of original theater, July 16, noon, Embarcadero Plaza, SF; July 19, noon, Marx Meadow in Golden Gate Park, SF; July 26, noon, Marx Meadow; July 27, noon, Panhandle near Ashbury/Oak, SF, call 332-6848 for more info.

Berkeley Shakespeare Festival: "Richard II," July 24 and Aug. 1 at 8:15 pm; and July 27 at 7 pm; "Twelfth Night" on July 25 and 31 at 8:15 pm; "Love's Labour Lost" on July 26 and Aug. 2 at 8:15 pm and on July 27 at 2 pm, presented by the Emeryville Shakespeare Company and the New Renaissance Company, in John Hinkle Amphitheatre, Arlington/Southampton, Berk., 843-0450, by donation.

"Brecht on Brecht," scenes from Bertolt Brecht's plays plus a tape of his command performance before the House Un-American Activities Committee, Thurs.-Sat., 8:30 pm, through Aug. 9, 1819 10th St., Berk., 843-4446, \$3-\$2.

"Bullshot Crummond," cabaret-style satire on gentleman sleuth Bulldog Drummond, brought to you by Low Moan Spectacular, the same folks who brought you "El Grande de Coca Cola," Tues.-Thurs., 8:30 pm; Fri.-Sat., 8 and 10:30 pm; Sun., 7:30 pm, Hippodrome Theatre, 412 Broadway, SF, 982-2343, \$7-\$5.

"East Lynne," presented by Civic Arts Repertory, opens July 26, 8:30 pm, then Thurs. and Sun. at 7:30 pm and Fri.-Sat. at

8:30 pm, 1641 Locust, Walnut Creek, 939-0355, \$3.50-\$2.

"The Fantasticks," presented Fri.-Sat., 8:30 pm, through Aug. 9, Parkside Playhouse, Parkside Dr. in Baldwin Park, Concord, 687-2850, \$3/\$2 srs., under 16.

"Fear of Heights" by Wynston Jones, "Sweet Eros" by Terrence McNally and "Strip Tease of Jealousy" by Fernando Arrabal, three one-act plays on the tragic side of relationships between women and men, Thurs.-Sat., at 8 pm and Sun. at 7 pm, 1618 California/Polk, SF, 441-8001, \$3.50.

"The Good Woman of Setzuan" by Bertolt Brecht, Aug. 6 - Sept. 28, Thurs.-Sun., 8 pm, presented by Berkeley Stage Company at Way Station 99, 1111 Addison, Berk., 548-4728, \$3-\$2.

"Hamlet," part two of Berkeley Repertory's Shakespeare Festival, Tues.-Sat., 8 pm and Sun. 7 pm through Aug. 3, 2980 College, Berk., 845-4700, \$5-\$3.50.

"The Importance of Being Earnest" by Oscar Wilde, July 23-24, 26 and 30 and Aug. 5 and 10, 8 pm, Foot-hill College Band Room, off Hwy. 280 in Los Altos Hills, 948-4444, \$2.50/\$2 students.

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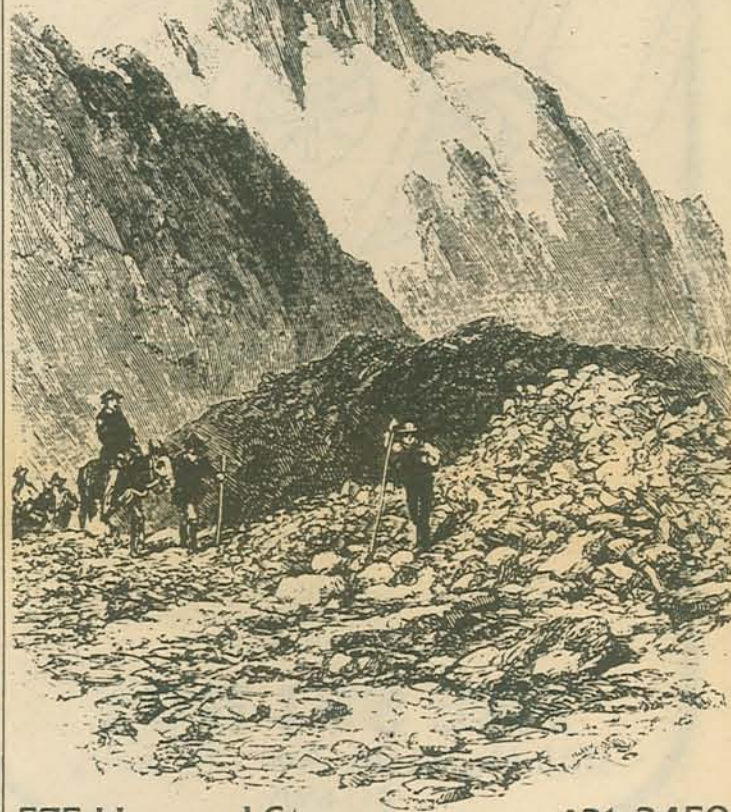
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in 3 hours

continued from previous page

Hall, 221 University, Palo Alto, 328-8474, \$6.50-\$3.50.

"It's Cool in San Francisco," Les Nickettes' latest wacky musical, Mon.-Tues., 8:30 and 10:30 pm, at Mabuhay Gardens, 443 Broadway, SF, 956-3315, \$3/\$2 advance.

"The Night the Streetwalkers Walked," by the Jones Company, last performances, July 25-26, 8:30 pm, at the Farm, 1499 Potrero Army, SF, 621-2059 or 626-9634, \$2.

Old Chestnut Drama Guild, summer stock from hit shows of the Twenties: "The Cat and the Canary," July 24-25 at 8 pm and July 26 at 2 and 8 pm; "The Vegetable" or "From Postman to President," F. Scott Fitzgerald's only play, July 30-Aug. 1 at 8 pm and Aug. 2 at 2 pm; "Fallen Angels" by Noel Coward, Aug. 6-8 at 8 pm and Aug. 9 at 2 and 8 pm, all at Zellerbach Playhouse, UC Berk., 642-2561, \$3/\$2.50 students.

"P. S. Your Cat Is Dead!" James Kirkwood's new play, Tues.-Thurs. at 8:30 pm; Sat. at 7 and 10 pm; and Sun. at 3 and 7:30 pm, Montgomery Playhouse, Broadway/Grant, SF, 788-8282, \$7.50-\$5.50.

Panda presents improvisational comedy, mime and music, Fri.-Sat. at midnight, Oleg's Saloon, 1974 Shattuck, Berk., 548-6965, \$1.50 donation for the group.

"Patience," by Gilbert and Sullivan, presented by The Lamplighters, Fri.-Sat. at 8:30 through Aug. 9, plus a matinee on Aug. 3 at 2:30 pm, Presentation Theater, Turk/Masonic, SF, 752-7755, \$5-\$2.25.

Psychodrama introduction, an experimental evening led by Walt Anderson, July 24, 8 and 10:30 pm, First Unitarian Church, Franklin/Geary, SF, 771-1710, \$1.

SF Mime Troupe: "Frijoles" on July 25, 7 pm, First Unitarian Church, Franklin/Geary, SF, a United Farm Workers Filipino Solidarity Benefit; July 26, 2 pm, in the Panhandle between Baker and Masonic in SF; July 26, 4 pm, Neighborhood Arts Theater, 220 Buchanan, SF; July 27, 2 pm, Ocean View Park near City College in SF; Aug. 7, 8 pm, Ma Revolution, Dwight/Telegraph, Berk.; a new play, "Powerplay," about PG&E's rip-off of the public, Aug. 1 at noon and Aug. 2 at 2 pm in Washington Square Park, SF; also Aug. 8, noon, South Park, Bryant/3rd St., SF; both shows, Aug. 9, 2 pm, Ho Chi Minh Park, Berk.; "Powerplay" on a single bill, Aug. 10, 2 pm, Ho Chi Minh Park, Berk., for more info call 285-1717, all free, but donations are welcome.

"A Separate Peace," an adaptation of John Knowles's book by Tony Cormeir and Ron Lazar, July 23-25, 7:30 pm, Lurie Room, Main Library, Civic Center, SF, free.

"Story Theatre," an off-Broadway clown musical with folk tales and folksongs, presented by TheatreWorks Festival, July 24-26 and 31 and Aug. 1-2, 8:30 pm, Palo Alto Community Theater, 1305 Middlefield Rd., Palo Alto, 329-2526, \$2.50/\$2 youth and on Thurs. for srs.

"Sylvia Plath," presented by Women's Ensemble Theatre, July 25-26, 8:30 pm at Live Oak Theater, Shattuck/Berryman, Berk.; Aug. 1-2, 8-9 and 15-16 at 8:30 pm, St. Mark's Church, 2314 Bancroft, Berk., \$3.

"Works by Brecht and Weill," presented by Eureka Theatre, last performances, July 25-26, 8:30 pm, and July 27 at 8 pm, 16th St./Market, SF, 863-9026 or 863-7133, \$3/\$2.50 students, srs.

"Zen Grits, Zen Gravy," the Wing's comedy revue, Fri., 9 pm, and Sat., 9 and 11 pm, at the Savoy-Tivoli, 1438 Grant, SF, 673-6510, \$4-\$3.50.

"Zoo Story" by Edward Albee and DeGhelderode's one act tragicomedy farce "Three Actors and their Drama," presented by the SF Actors Guild, Thurs.-Sat., 8:30 pm through Aug. 2, Intersection Theater, 756 Union, SF, 397-6061, \$2.00

MOVIES

Bergman's "Persona," July 31, 8 pm, SF Jewish Community Center, 3200 California/Presidio, SF, 346-6040, \$2/\$1.50 members, students.

Canyon Cinematheque: Stan Brakhage's "Book of the Film, Chapter 1," July 24, "Scenes from under Childhood"; Brakhage's "Book of the Film, Chapter 2," July 31, plus "The Horseman, the Woman and the Moth," 8:30 pm, SF Art Institute, 800 Chestnut, SF, 332-1514, \$1.75.

Cento Cedar: "Citizen Kane" and "The Magnificent Ambersons," July 24-30; "Shadows of Forgotten Ancestors" and "Black Orpheus," July 31-Aug. 2; "Jules and Jim" and "Two English Girls," Aug. 3-6; "Pygmalion" and "The Importance of Being Earnest," Aug. 7-8; "Miracle in Milan" and "Umberto D.," Aug. 9-10, 38 Cedar Lane/Larkin, SF, 776-8300, \$3/\$2 srs., children.

Clay: Bunuel's "Phantom of Liberty" and "The Adventures of Robinson Crusoe," 2261 Fillmore/Clay, SF, 346-1123, \$3.

Dominican College: last in the Jean Cocteau series, "The Blood of a Poet" and "The Testament of Orpheus," July 29, 7:30 pm, Angelico Hall, on the campus in San Rafael, 457-4440, \$1.50.

Film Fair, reopening for a subscription series of seven Friday screenings. Thirties and Forties classics including Barbara Stanwyck in "My Reputation" and George Raft in "Background to Danger" on July 25; others feature Olivia de Havilland, Kay Francis, Ginger Rogers and Andy Devine, 732 Chenery, SF, 586-7748, \$25 for the series.

Foothill College: "Woman Chases Man," July 25, 8 pm, in the Appreciation Hall, on the campus off Hwy. 280 in Los Altos Hills, 948-8590, \$1/free srs.

Gateway: "Bringing up Baby" and "Swing Time," through July 29; "Summertime" and "Something for Everyone," July 30-Aug. 5; "The Adventures of Robin Hood" and "Virginia City," Aug. 6-12, 215 Jackson/Battery, SF, GA 1-3353, \$3.

Intersection: "Lucky Jim" and the first of everyone's favorite cartoon series, including Popeye and Woody the Woodpecker, plus Laurel and Hardy, July 27, 7 and 9:30 pm; Rock, Pop and a lot of Wow, Aug. 3, live show with the Fabulous Frambese Sisters, Jeff Ross and PS at 8:50 pm, the Rolling Stones, Otis Redding and others in "Popcorn" and shorts of Elvis at 7 and 9:20 pm; Great Women, Aug. 10, Marlene Dietrich in "The Blue Angel" at 7 and 9:40 pm, Clara Bow in "Dancing Mothers" at 8:30 pm, plus Betty Boop and Women in the News, 756 Union, SF, 397-6061, \$1.

La Pena: "The Promised Land," produced in Chile during the Popular Unity government, July 30; "The Organizer," Aug. 6; 3105 Shattuck, Berk., 849-2568, \$1.50.

Midnight Movies: "A Film about Jimi Hendrix," July 25-26; Fred Baker's "Lenny Bruce without Tears," Aug. 2, plus "Thank You, Masked Man"; Mark Lester's "Truck Stop Women," Aug. 9, all at midnight at the Presidio Theatre, 2340 Chestnut, SF, 921-2931, \$1.75, box office opens 11 pm.

Oakland Museum, MGM musical series, with cartoons by Tex Avery: "Words and Music," Aug. 1, with "Symphony of Slang"; "The Barkleys of Broadway," Aug. 8, with "The Cat that Hated People," both programs at 8 pm, 1000 Oak/10th, Oakl., 273-3401, \$1.50/\$1 members, srs.

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Miklos Jancso, July 24, "Red Psalm" at 7 and 10:30 pm; "My Way Home" at 8:35 pm; Film Noir Revisited, July 25, with two by John Alton, "Reign of Terror (Black Book)" at 7 and 10 pm; "Canon City" at 8:40 pm; Kids' matinee, July 26-27, 2:30 pm, cartoon carnival including "Gertie the Dinosaur" and "Fun on Mars"; "First Charge of the Machete," July 26, 4:30, 7:30 and 9:45 pm, plus three Cuban shorts, including "Che" and "For the First Time"; Preston Sturges' "The Miracle of Morgan's Creek," July 27, 4:30 and 8 pm; "Ruggles of Red Gap," July 27, 6:20 and 10:20 pm; New German Opera Films, part 4, July 28, 8 pm, in Wheeler Aud.; "Die Meistersinger"; two by Josef von Sternberg, July 28, "The Shanghai Gesture" at 7 and 10:20 pm and "Macao" at 8:55 pm; "The Merry Widow," July 29, 7:30 and 9:30 pm (special admission \$2); Godard's "Les Carabiniers," July 30, 7:30 pm, in Wheeler Aud., plus Rossellini's "Paisan" (special admission \$2); Stan Brakhage's "The Text of Light" and "The Stars Are Beautiful," July 30, 7:30 pm;

"Jamilya," July 30, 9 pm; Antonioni's "Il Grido," July 31, 7:30 and 9:30 pm, all in University Art Museum (except where noted), 2621 Durant, Berk., 642-1124, \$1.50/75¢ before 6 pm.

Postal Street Academy: "You Can't Win Them All," July 26; "Kill the Umpire," Aug. 2; "Samson and the Seven Miracles," Aug. 9, all at noon, 914 Divisadero/McAllister, SF, 556-6343, free.

SF Libraries: Laurel and Hardy in "Another Fine Mess" and Chaplin in "Dough and Dynamite," July 28, 2 and 7 pm, West Portal Branch; "Nanook of the North," July 29, 7:30 pm, Noe Valley Branch; "Desperate Scoundrels," "Haunted Spooks" and Buster Keaton in "Cops," July 29, 7 pm, Richmond Branch; "Picasso: His Life and Art," July 29, noon, Lurie Rm., Main; "Bernie Casey: Black Artist," "My Childhood: James Baldwin's Harlem" and "I Am Pablo Neruda," July 29, 2 and 7 pm, Excelsior Branch; "Two Faces of China" and "Painting the Chinese Landscape," July 29, 7:30 pm, Western Addition Branch; "The Golden Age of Comedy," July 30, 7:30 pm, Western Addition Branch; Peter

Lorre in "M," July 30, 6:45 pm, Lurie Rm., Main Library, all free.

SF Museum of Art: Ann Hershey's documentary "Never Give Up" on photographer Imogen Cunningham, July 25, 7:30 pm, plus "Womanhouse" at 8 pm; "Art in Revolution" and "Malevitch" and "Mayakovsky," July 27, 2 pm; recent films by Stan Brakhage, July 29, 7:30 pm, including "The Stars Are Beautiful" and "Star Garden," "Sambizanga," Aug. 1, 7:30 pm, from Angola, the first in the Africa Cinema series; "The Swamp Dwellers," from Nigeria, Aug. 3, 2 pm; Ousmane Sembene's "Black Girl," Aug. 5, 7:30 pm, plus "Borom Sarret," from Morocco, Souheil Ben Barka's "A Thousand and One Hands," Aug. 6, 7:30 pm, plus Kwate Nee-Owoo's "You-Hide Me," from South Africa, "Boseman and Lena" and "Last Grave at Dimbaza," Aug. 8, 7:30 pm, (special admission \$2); Felix Greene's "Freedom Railway," Aug. 10, 2 pm, about the construction of the Tan-Zam Railway, plus "A Luta Continua," all Museum Aud., Van Ness/McAllister, SF, 863-8800, \$1.50/\$1 members, srs., under 16; on Sun. \$1/75¢.

Surf: "Klute" and "Don't Look Now," July 24-26; "I Am A

Dancer" and "Lovers of Teruel," July 27-28; "My Night at Maud's" and "Chloe in the Afternoon," July 29-30; "And Now for Something Completely Different" and "WR: Mysteries of the Organism," July 31-Aug. 2; "La Guerre Est Finie" and "State of Siege," Aug. 3-4; Bergman's "The Passion of Anna" and "The Touch," Aug. 5-6; "The Ruling Class" and "Beat the Devil," Aug. 7-9; "White Dawn" and "Walkabout," Aug. 10-11, Irving/46th Ave., SF, 864-6300, \$2.50.

Telegraph Repertory Cinema: Cinema I: Iagaki's "The Samurai Trilogy," through July 29; "La Strada," "Variety Lights" and "The White Sheik," July 30 - Aug. 5; Cinema II: "His Girl Friday," Sam Woods's "The Devil and Miss Jones" and "To Be or Not to Be," through July 29; "Mr. Arkadin" and "The Immortal Story," July 30 - Aug. 5, 2519 Telegraph, Berk., 548-2519, \$2/\$1 srs., children.

Times: "The Long Goodbye" and "Touch of Evil," July 24-26; "White Lightning" and "Oklahoma Crude," July 27; "The Wild Child" and "Stolen Kisses," July 28-30; "Dark Star" July 31 - Aug. 2 with "Invader from Mars" until 5 pm, with "Barbarella" in

continued on page 30

Get Inside San Francisco

San Francisco is nearly everyone's favorite city... not only for people from the Bay Area and Northern California... but for people from all over the world.

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All Beethoven Program
Overture to Egmont
Symphony No. 9

SAT AUG 16 8 PM Klaus Tennstedt Guest Conductor
Andre Watts Pianist
Wagner/Overture to Die Meistersinger
Tchaikovsky/Piano Concerto No. 1
Moussorgsky/A Night On Bald Mountain
Respighi/The Pines of Rome

FRI AUG 22 8 PM Edo de Waart Principal Guest Conductor
Misha Dichter Pianist
All Brahms Program
Piano Concerto No. 2
Symphony No. 4

SAT AUG 23 8 PM Edo de Waart Principal Guest Conductor
Marilyn Horne Soprano
Mozart/Overture to "Così fan Tutte"
Ravel/Sheherazade
Reznicek/Overture to "Donna Diana"
Rossini/Aria, Mura Felice from "La Donna del Lago"
Berlioz/Symphonie Fantastique

WED AUG 27 8 PM Seiji Ozawa Conductor
Kinshi Tsuruta biwa Hideo Kanze noh-kan and utai
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MOVIES/LARRY PEITZMAN

**Shocking scenes, a desert island and
lightweight entertainment**

The earth is a sinful song

Directed by Rauni Mollberg. At the Lumiere, California/Polk, SF.

The Earth is a Sinful Song" comes to us from Finland, a modern Scandinavian state which has previously sent us such masterpieces of contemporary design as Arabia glass and Marimekko fabrics. "The Earth is a Sinful Song," however, seems to come from a different century, although its story takes place only 30 years ago. Alienness seems the film's defining characteristic. The picture was made in the frozen, austere beautiful landscape of Lapland, and it is this landscape which gives the film its spirit. The life of the Finns, at least as portrayed here, is bleak and primitive and short.

Death is an everyday occurrence. Work is a constant. Only the sick and disabled are allowed the privilege of not working. Cows must be milked, reindeer herded, fields plowed, meals cooked. Sex is casual, practical and unromantic. Religion is practiced but not much heeded. There is no real notion of modesty or morals or sensitivity about feelings. Animals are slaughtered without a wince; fights are commenced on slight provocation and ended violently as a matter of course. Burials are a ritual so commonplace that they are barely noted.

Against this background is told the story of the heroine's coming of age. It is, to say the least, a simple story: she falls in love with a handsome young Lap herder; her father disapproves; she has sex with the herder and becomes pregnant; her father chases after the young man, who trips into a pool of icy water and drowns; she gives birth to his child and returns to her daily chores. Some tensions are developed in this slender story but very few. The father is distraught to learn that his daughter is pregnant, but his outrage comes not so much from a sense of morality betrayed as from a sense of loss, of waste—a sense that his daughter will be used up and prematurely aged, like his wife, who also became pregnant out of wedlock. The father's response is unusual. More typical is the response of the mother, whose only concern is whether the daughter will be strong enough to help with the housework during pregnancy.

"The Earth is a Sinful Song" portrays a society in which everything, even the most traumatic experience, is simply accepted. Life in such a society does not require affirmation—what is the point of affirming the inevitable? This primitive society is just not the sort in which questions about purpose and values are raised.

"The Earth is a Sinful Song" is very well directed by Rauni Mollberg and well played by an un-self-conscious, un-actorish cast. It is a film of uncompromising and unsparing verisimilitude (it contains several shocking scenes of animal killings), and I wish I could say that I liked it, but it is a film whose value I am not prepared to judge. The human material of this Finnish film is so far removed from my own experience that I find it impossible to relate to the picture in any meaningful way. Let me hasten to add that I am not the kind of person who wants or expects to "identify" with the characters in a movie, but I do want something to respond to, something that has resonance, that connects with my life, and I must say, with sorrow and no small amount of guilt, that I did not find that something in "The Earth is a Sinful Song."

**The adventures of
Robinson Crusoe**

Directed by Luis Bunuel. At the Clay Theatre, Fillmore/Clay, SF.

An interesting contrast is Luis Bunuel's 20-year-old film version of "The Adventures of Robinson Crusoe," which is currently being revived at the Clay Theatre. "Crusoe," like "The Earth is a Sinful Song," deals with the struggle to survive under primitive conditions, but the story is told from the point of view of a modern, civilized man, namely Bunuel, who has rescued Defoe's masterpiece from the mushy grip of children's storytellers.

Robinson Crusoe (played by Dan O'Herlihy) is shown here to be initially a foppish, spoiled aristocrat. This Crusoe would have a hard enough time fending for himself in London without the assistance of his "man," but he is hopeless when stranded on a desert island. Gradually, however,



Dan O'Herlihy and Jaime Fernandez fire up some homegrown in Bunuel's "Adventures of Robinson Crusoe."

Crusoe learns the basic skills of survival—how to find food, how to build a fire—but the one thing he never learns is how to live alone. Unlike the survivors in "The Earth is a Sinful Song," Crusoe is always trying to find some new way to escape, though he doesn't succeed for over 20 years.

For at least 18 of those years, Crusoe has no companionship at all, and he becomes desperately lonely. In one scene, as eloquent as any in the huge body of Bunuel's work, Crusoe rails at the gods and talks to his own echo about his loneliness. Finally, Crusoe meets Friday, and the irony, as observed by Bunuel, is that after all the years alone, Crusoe is so frightened and suspicious and primed for self-preservation that his first instinct is to kill Friday. Crusoe and Friday become friends, however, although they are not equals. Bunuel shrewdly observes that it is not in Crusoe's nature, even after all the years alone on the island, to accept a "savage" as an equal. Even with a population of two, Crusoe tries to reimpose on his island the social structure to which he is accustomed.

The phantom of liberte

Directed by Luis Bunuel. At the Clay Theatre, Fillmore/Clay, SF.

This sort of devotion to social custom is the subject, indeed the target, of Bunuel's latest film, "The Phantom of Liberte." This new film is really little more than a series of skits featuring a number of stars (Monica Vitti, Jean-Claude Brially, Adrianna Asti) doing variations on Bunuel's favorite joke: that bourgeois society is the triumph of form over substance. In one skit, for example, parents express shock over the pictures their little girl has been given by a stranger in the park, but the pictures turn out to be postcards of the Louvre and the Arch of Triumph. (Most offensive is a shockingly graphic photograph of—gasp—the Taj Mahal.) In another skit, a complacently comfortable couple invite their friends in for a convivial evening of public defecation; everyone sits on toilets around what looks suspiciously like a dining room table, while the conversation turns to the population explosion and the problem of waste disposal in a world of seven billion people.

In yet another skit, the parents of a "missing" child are interrogated by the child's teacher and by a police inspector, while the little girl is standing right beside them. The girl tries to make her presence known, but no one will listen. "Don't talk while the teacher is speaking," the child's mother instructs. "Speak when you are spoken to," the police inspector says, as he continues making out his report on the missing child who is even then tugging at his sleeve. Bunuel lays before us here a world in which style and good manners are everything, in which doctors politely offer cigarettes to their cancer-ridden patients, in which the living are haunted by corpses who call on the telephone to make an appointment, in which policemen always follow orders as long as they come through channels.

"The Phantom of Liberte" is a comedy of manners in which the manners are the comedy. Bunuel has played this game before, but never so lightly. The follies of the middle class must seem too frivolous for an old man to rage over. Where his humor was formerly bitter and sardonic, Bunuel is now good-naturedly sophomoric. But as a filmmaker, the master has lost none of his skill, and "The Phantom of Liberte" is as entertaining as anything Bunuel has done. Lightweight as it is, however, it is probably still too heavy for children, who might enjoy the "Crusoe" film with which it is playing. ■

THEATER

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"Twelfth Night" is joined by "As You Like It" and "Richard II" to fill out the summer repertoire of the Berkeley Shakespeare Festival. Dramatically spotty but convivial outdoor theatre in a beautiful but chilly hillside amphitheater. Collective Shakespeare.

"BRECHT ON BRECHT," The New City Theater Company, The Finnish American Hall, 1819 10th St., Berkeley, 843-4446.

Have a beer with Bertolt Brecht. This casual, cabaret-style collage of songs, skits and monologues is interspersed with a tape of Brecht's appearance before the House Un-American Activities Committee. Lynne Soffer's rendition of "The Jewish Wife" is moving and incisive. Unfortunately, the performance is almost sabotaged by the acoustical problem caused by the theater's spaciousness.

BULLSHOT CRUMMOND, Low Moan Spectacular, Hippodrome Theatre, 412 Broadway, S.F., Tues. through Sun.

Will that plucky Captain Crummond outwit those dastardly foreign scoundrels? Tune in to this slick quick pre-WWII vintage melodrama and find out. High camp satire. Jolly good show.

"THE EMPIRE BUILDERS," by Boris Vian, San Francisco Actors Ensemble, 2940 16th Street, SF, Thurs. through Sat., through Aug. 2.

Heavy on the existentialism. A bourgeois home is attacked by mysterious noises causing the family to flee for safety farther and farther upstairs until they ultimately end up in the attic. They are accompanied by an omnipresent smurz—a mummy-like creature that everyone thrashes and whips on whim. If post-war absurdist nihilism is your bag, then you'll be engrossed by the well-written dialog and fine performances in this somewhat abstruse Gothic play. Reliably high-caliber theater for a low price (\$2, \$3).

EVOLUTION OF THE BLUES, On Broadway, 435 Broadway, SF, Wed. through Sun.

Oscar Brown Jr. replaces Jon Hendricks in a big, beautiful show that includes music, dance and poetry. Epic black history.

"FEAR OF HEIGHTS," by Wynston Jones; **"SWEET EROS,"** by Terrence McNally; **"STRIP TEASE OF JEALOUSY,"** by Fernando Arrabal. The Magic Theatre, 1618 California, SF, above Ye Rose and Thistle Pub, 441-8001.

Both "Heights" and "Eros" operate from the vantage point of an unbalanced or aberrant personality. Each play tensely examines victim-persecutor relationships. They do this simplistically and, in the long run, tediously. Both have cop-out endings. Actor James Dean commands the stage in "Heights," which is really a monologue. Like "Eros," it purports to examine attitudes toward sexuality and women. In the first play a woman's presence is implied, in the second it is actual, but in neither play does the woman have more than two words of dialog. I confess to leaving before "Strip Tease of Jealousy."

"FRIJOLES," SF Mime Troupe, July 26, 2 pm, GG Park Panhandle between Baker and Masonic, SF, 285-1717.

Next time you enjoy the Mime Troupe don't just take—kick in a few coins.

"HAMLET," Berkeley Repertory Theatre, 2980 College Ave., Berkeley, 845-4700, through August 3.

A well-conceived and interesting "Hamlet." Although the show gets off to a slow start, the director wisely resists the temptation to treat the play in contemporary terms. Amazingly, it is set in medieval Denmark. But poorly constructed costumes make the show look like a Sunday school pageant and undermine John Raymond Freimann's handsome Romanesque set concept. Berkeley Repertory's vocal abilities are not up to Shakespearean par, but the characterizations are well thought out, and the company demonstrates some fine ensemble acting.

"HOW TO SUCCEED IN BUSINESS WITHOUT REALLY TRYING," The San Francisco Civic Light Opera, Curran Theatre, 445 Geary, SF, 673-4400, 673-4400.

This tired old Fifties-vintage Broadway vehicle about corporate business is a musical, but hardly any of the principals can sing. Robert Morse is an engaging and seasoned knave cast along the lines of Horatio Alger. The score spotlights forgettable songs like "Coffee Break" and "A Secretary Is Not A Toy." A totally irrelevant show.

THEATER/CAT. COATES; MOVIES/LARRY PEITZMAN

MINI-REVIEWS



Janis Myer and Marc Jacobs in "Sweet Eros," at the Magic Theater through Aug. 17.

"IT'S COOL IN SAN FRANCISCO"

Les Nickettes, Mabuhay Gardens, 443 Broadway, SF, Mon. and Tues., BASS.

A raunchy, mildly satiric review from an all-female cast musically backed by Charlie Hitchcock and the Heroes. The show is never the same twice, but sample topics are cosmic consciousness, welfare and the ghetto. Songs include bad-taste goodies like "Sex Offender" (to the tune of "Hey, Big Spender"). To their fans, Les Nickettes are becoming a San Francisco institution.

"OTHELLO," Jack Aranson's San Francisco City Theater Company, Marina Auditorium, Bay/Fillmore, SF, BASS, etc.

"A little more Max Factor Number 2 Egyptian, C.B.!" This production probably has the most sonorous vocal treatment of Shakespeare in the area (with some sputtery exceptions), but it has little else to recommend it. Its faults include weak directing, no apparent design concept and lighting that conceals more than it reveals. Logan Houston's Iago looks like a Petruccio and acts like a Puck.

ZEN GRITS, ZEN GRAVY, The Wing, Savoy-Tivoli, 1438 Grant, SF, Fri. through Sun.

Fast-moving revue based on topical material. Mellow rather than bitter satire from this resident improvisational company.

MOVIES

BITE THE BULLET - Gene Hackman and James Coburn are among the contestants in a grueling horse race across the mythic Western desert. You don't have to be Jeanne Dixon to know who the finalists in this contest are going to be. Candice Bergen is the sex interest. Richard Brooks directed. (Alexandria, SF; California, Berkeley)

THE DAY OF THE LOCUST - Nathanael West's Hollywood novel is one of those rare literary works that exist in perfect, irreducible form. John Schlesinger should have resisted the temptation to translate it into film, but he didn't. With Donald Sutherland, Burgess Meredith, and Karen Black. (Showcase, Oakland; Bridge, SF)

THE FOUR MUSKETEERS - Richard Lester's "Three Musketeers" had the sly humor of Marcel Duchamp's painting of the Mona Lisa with a mustache — almost all the details of Dumas's classic were in place, but Lester had added some eccentric touches that made the whole swash-buckling affair ridiculously funny. In this sequel, Lester tells the Dumas story in a more-or-less straightforward manner; "The Four Musketeers" seems just the kind of film its predecessor was sending up. With Michael York, Richard Chamberlain, Oliver Reed, Frank Finlay, Charlton

Heston, Christopher Lee, Geraldine Chaplin, Faye Dunaway, Raquel Welch, among others. (Fox Skyline, San Bruno)

THE FORTUNE - a desiccated little farce about attempted murder on which the talents of Jack Nicholson and a newcomer named Stockard Channing have been lavished to no avail. With Warren Beatty. Directed by Mike Nichols. (Metro Theatre, SF)

THE FRENCH CONNECTION II - Gene Hackman repeats his Oscar-winning role as the tough New York cop, Popeye Doyle, but in this sequel, John Frankenheimer has replaced the original director, William Friedkin, and Frankenheimer doesn't seem to have enough conviction to make all the muscular carrying-on entertaining. (Theatre 70, Oakland)

JAWS - is a movie, a goddam Hollywood movie, slick, commercial, manipulative and scary as hell. Directed by Steven Spielberg, a twenty-six-year-old action movie wizard, who possesses the not inconsiderable gifts of the very best Hollywood hacks. (Various theaters)

LOVE AND DEATH - Did you hear the one about the Russian soldier who tried to commit suicide by inhaling next to an Armenian? With Woody Allen and Diane Keaton. (Regency II, SF; Berkeley Cinema, Berkeley)

NASHVILLE - Robert Altman's poetic contemplation of ordinary American life is the first movie in a long time to acknowledge that the ugliest features of the American character are also its greatest strengths. "Nashville" is at once unsentimental and affectionate, sympathetic and cruel, funny and terrifying, and may be the only bicentennial epic to see America whole. The huge, wondrous cast includes Ronoe Blakley, Lily Tomlin, Henry Gibson and Barbara Harris. (Northpoint SF)

ONCE IS NOT ENOUGH - Says who? (Cinema 21, SF; Empire Cinema, SF)

THE RETURN OF THE PINK PANTHER - Perfectly timed gags strung on the barest thread of a plot. It has something, though not much, to do with the theft of the world's largest diamond. Peter Sellers returns in triumph as the redoubtable Inspector Clouseau. Blake Edwards directed. (Empire, SF; Alhambra 1, SF; Alameda 3, Berkeley)

ROLLERBALL - Norman Jewison's sci-fi speculations about life and death in the 21st century. With James Caan. (Regency I, SF) ■



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There will be three demonstrations of death defying Zen Archery experiences at 2 p.m. - 4 p.m., 8 p.m. Rev. Ra will also join with many well known Bay Area psychics as well as those from the Berkeley Psychic Institute.

There will be no door charge, but a donation of \$5.00 will be asked for each reading.

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the evening. Stockton/Broadway, SF, 362-3770, \$1.

UC Berkeley: "The Middle of the World," July 24, 7 and 9:30 pm, \$1.50; "Chinatown," July 25, 7 and 9:30 pm, \$1.50; "Two English Girls" and "Jules and Jim," July 29, 8 pm, \$2; "Stavisky," July 31, 7 and 9:30 pm, \$1.50; "Lenny," Aug. 1, 7 and 9:30 pm, \$1.50; "The Lady Vanishes" and "The 39 Steps," Aug. 5, 8 pm, \$2; "A Woman under the Influence," Aug. 7, 7 and 9:30 pm, \$1.50, all in Wheeler Aud., 642-2561, tickets available only at the door, one hour before performance.

UCSF: "What's Up Doc," July 30, 6 and 8 pm; "Camelot," Aug. 6, 6 and 8:45 pm, both in Cole Hall, 501 Parnassus/3rd Ave., SF, 666-2019, \$1.50/\$1.25 students, srs.

USF: "Becket," July 27, 7 pm, discussion after the film, Cowell Hall Rm. 113, Golden Gate/Masonic, SF, 666-6276, free.

Women's Film series of the Berkeley Women's Health Collective: social struggle, Aug. 1, 7:30 pm, "Time Has No Sympathy," about women in prison, and "Salt of the Earth," Le Conte School, Russell/Ellsworth, Berk., 843-6194, \$1.50. □

Full Moon, coffeehouse for women: Woody, July 25; Betty Kaplowitz, July 26; Selby, Wendy and friends, Aug. 1; Susan Straightarrow, Aug. 2; Elinor Uman, poetry, Aug. 3; Lorja and Lorna, women's comedy, Aug. 7; Carolyn Jayne, Aug. 8; Paula Wallace art show Aug. 1-31, 4416 18th St./Eureka, 864-9274.

Great American Music Hall: George Duke, July 24, 8:30 and 11:30 pm; Mose Allison, July 25-26, 9 pm; Freddie Hubbard, July 31 and Aug. 1-2, 9 and 11:30 pm; Stan Kenton and orchestra, Aug. 9, 859 O'Farrell, 885-0750.

Keystone Korner: Ahmad Jamal through July 27; Yusef Lateef, July 29 - Aug. 10, 750 Vallejo, 781-0697.

Mooney's Irish Pub: Charlie Hickox and the Heroes, Tues.; Good Morning, Wed.; old time movies, Sun.-Mon.; Hovey and Andrew, July 24 and 31; Brightwood Fire, July 25-26 and Aug. 8-9; Steamin' Freeman, Aug. 1-2; Little Roger, Aug. 7; 1525 Grant, 982-4330.

Old Waldorf: Peter Spelman and Clarice Jones, Sun.-Mon.; Better Times Band, Tues.-Sat. California/Divisadero, 921-3050.

Orphanage: Graham Central Station, July 26-27; Rowan Brothers, July 28-30; Crackin', Aug. 1-3; Surprise guest, Aug. 4-7, call for details; the Shakers, Aug. 8-10, 807 Montgomery/Jackson, 391-8078.

The Reunion: Mark Levine jazz ensemble, every Mon.; Leila and Company, July 24 and 31; Tony Lewis/Larry Blackshire Quintet, July 25-26; Benny Valarde Super Combo, July 29; Jim Lowe Quintet, July 30; jazz jam with Hal Stein every Sun. afternoon; Viva Brasil with Claudio and Jaime every Sun. evening, 1823 Union, 346-3248.

Wild Side West: Ladies at Nite, July 24 and 31; Cheryl Hoenemeyer, Aug. 1-2; Bebe K'Roche, Aug. 8-9, 320 Broadway, 391-0460.

Yellow Brick Road: All American Band featuring Rick Stevens, July 24-26 and 29 - Aug. 2; Spectrum, July 27 and Aug. 3, 2215 Powell, 982-6700.

EAST BAY

Big Art's: Grayson Street, July 25-26; Arm and Hammer, Aug. 1; Eddie Money, Aug. 2; Frank Biner and the East Bay Stroke, Aug. 8-9, 2517 Durant, Berk., 845-9690.

Bishop's: Liv on piano and Jim Donovan with bottleneck blues, July 24; women's night, July 25, with Betty Kaplowitz; Dialectical Sound Ensemble, July 26; Selby and Wendy, July 27; John Horn, July 29, plus a massage workshop for women; gay culture night, July 31; women's night, Aug. 1, with Woody; Lois Ann Thomas, Aug. 2; Susie Rothfield, Aug. 3; Betty Kaplowitz, Aug. 5; women's night, Aug. 8, with Nancy Vogl Koan, Aug. 9; Louise Colbert, Aug. 10; 1437 Harrison, Oakl., 444-9805.

Freight and Salvage: Country Joe McDonald, July 24; Lawrence Hammond and the Whiplash Band, July 25-26; Fingers and L. C. Calamere and friends, July 30; Duck Baker and Dale Miller, July 31; hoots every Tues., 1827 San Pablo, Berk., 548-1761.

Jerry's Stop Sign: New Moon, July 24; Little Roger, July 25-26; Lectrified Church, July 27 and Aug. 3, 7 and 10; Baby, July 29; Future Shock, July 30-31 and Aug. 2 and 5; New Moon and Down Home, Aug. 1; Down Home, Aug. 6; Peak and Rage, Aug. 8-9, 1048 University, Berk., 849-2501.

Keystone Berkeley: Graham Central Station and the Delta Wires, July 24; Commander Cody and his Lost Planet Airmen, July 25-26; plus Larry Hosfort and the Fly By Night Band; Larry Hosfort and the Fly By Night Band and Helix, July 27; Lucky Strike, July 28, Sons of Champlin and Howard Wales, July 31, 2119 University/Shattuck, Berk., 841-9903.

Longbranch: Jerry Miller Band, July 24 and 31; with Back Road; Earth Quake and Back Road, July 25; Earth Quake and Eddie Money, July 26; Hoodoo Rhythm Devils and Eddie Money, July 28; the Sneakers, July 29; Delicia and the Depressions and Jonathan Richman, July 30; the Shakers every Sun., 2504 San Pablo, Berk., 848-9696.

The Ordinary: Charlie Hickox and the Heroes every Fri.; Dick Oxtot and his Golden Age Jazz Band with Terry Garthwaite, every Sat., 3974 Manila, Oakl., 655-3640.

NORTH-SOUTH

The Bodega: Kinky Friedman, July 24; Elvis Duck, July 25-26; Jackson Street Band, July 29; Crossfire, July 30;

CLUBS SAN FRANCISCO

Boarding House: The Meters and Stoneground, through July 26; Chico Hamilton and the Hot Licks, July 29 - Aug. 3; Steve Martin and the Goose Creek Symphony, Aug. 5-10, 960 Bush, 441-4333.

Cesar's: Cesar's Band Thurs.-Sun., plus Chris Luna's Flamenco Revue; Roger Glen Quintet, July 24-25 and 31 and Aug. 1-2; Tito Puente and orchestra with Eddie Palmieri, July 26-27; Azteca, Aug. 3; Los Hermanos Silva, Aug. 10, 576 Green, 781-9300.

El Matador: Jackie and Roy, through July 26; Michel Legrand, Aug. 2-5; Phil Woods, Aug. 6-9, 492 Broadway, 434-2913.


Family Pharmacy: Paul Kreb, Richard Cuadra and Steve Solomon, Thurs.; Joy and Cayuse, Fri.; Joe and Chris and David, Sat.; auditions and Tony and Friends, Sun., 4344 California/6th Ave., 668-7755.

Full Moon: ? ? ? ? ?

<h3>REAL REELS</h3>	<p>LUMIERE Calif. at Polk 885-3200 Finnish epic EARTH IS A SINFUL SONG Fri. & Sat. midnight PINK FLAMINGOS</p>	<p>ALHAMBRA II Polk & Green 775-5656 DROWNING POOL Opens August 6 HENNESSEY</p>
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<p>4-STAR 2200 Clement 752-2650 SHAMPOO & THE STEPPORD WIVES</p>	<p>SURF Irving at 46th Ave. MO4-6300 SUMMER FESTIVAL Now thru Sat. KLUTE DON'T LOOK NOW Sun.-Mon. I AM A DANCER LOVERS OF TERUEL July 29-30 MY NIGHT AT MAUD'S CHLOE IN THE AFTERNOON</p>	<p>ONCE IS NOT ENOUGH & VALLEY OF THE DOLLS EMPIRE III SHAMPOO & CONFESSIONS OF A WINDOW CLEANER</p>
<p>CINEMA 21 Chestnut & Steiner 921-1234 THE OTHER SIDE OF THE MOUNTAIN Call Theater for Programs After July 29</p>	<p>REGENCY I Sutter & Van Ness 673-7141 ROLLERBALL</p>	<p>POWELL CINEMA 39 Powell (at Cable Car Mall) 421-4040 Wed. July 23 - Tues. July 29 Jeanette MacDonald & Nelson Eddy "NAUGHTY MARIETTA" plus Bob Fosse's ("Cabaret") First Film! "SWEET CHARITY"</p>
<p>CENTO CEDAR Cedar at Larkin 776-8300 July 24-30 ORSON WELLES' MASTERPIECES "CITIZEN KANE" Welles, Joseph Cotten "THE MAGNIFICENT AMBERSONS" Tim Holt - Anne Baxter</p>	<p>REGENCY II Sutter & Van Ness 673-7141 LOVE & DEATH</p>	<p>Wed. July 30 - Tues. Aug. 5 Judy Garland & All Star Cast! in Vicente Minnelli's "ZIEGFELD FOLLIES" plus Miss Alice Faye & John Payne "HELLO, FRISCO, HELLO!"</p>
<p>July 31 - Aug. 2 "SHADOWS OF FORGOTTEN ANCESTORS" Marcel Camus "BLACK ORPHEUS" Aug. 3-6 Francis Truffaut's "JULES AND JIM" Jeanne Moreau - Oskar Werner Francis Truffaut's "TWO ENGLISH GIRLS" Jean-Pierre Leaud - Kika Markham</p>	<p>ALHAMBRA I Polk & Green 775-5656 RETURN OF THE PINK PANTHER</p>	<p>Coming Wed. Aug. 6 "THE GOOD EARTH" plus "DANTE'S INFERNO"</p>

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Chicago Blues Snow, July 31, with Otis Rush, Big Joe Williams and the Jimmy Dawkins Band, 30 S. Central Ave., Campbell, 374-4000.

Chuck's Cellar: An Exchange, Mon Mon.; Poker Face, Tues.; Cisco and Boston, Wed.; John Stewart, July 24-26; Sunrise, July 31 and Aug. 7; Crystal Pistol, Aug. 1-2, 4926 El Camino, Los Altos, 964-0220.

Inn of the Beginning: Commander Cody and his Lost Planet Airmen, July 24; Uncle Vinty and Neilsen Pearson, July 25-26; Listen with Mel Martin, July 28; Kicks, July 30; Steamin' Freeman, July 31; Barbara Mauritz, Aug. 1-2; free folk every Sun., 8201 Old Redwood Hwy., Cotati, 795-9955.

Lion's Share farewell festival: Merl Saunders and friends with Aunt Monk, July 24-25, plus Sweetmeat;

Michael Bloomfield, July 28; Sons of Champlin, July 29, 60 Redhill, San Anselmo, 454-9856.

Odyssey Room: Garcia Brothers, through July 27; Bo Diddley and Elvis Duck, July 28; Elvis Duck, July 29; Keith and Donna, Aug. 4, 799 E. El Camino, Sunnyvale, (408) 245-4488.

Sleeping Lady: Bob and Desda, July 24; Lenny Capizzi and friends, July 25; Robbie Bosh, July 26; John Allair and Steve Mitchell, July 27; Joel Edelstein, July 28; Maria Hunt and friends, July 29; Marcus and lo Maria, July 31; Wild Turkeys, Aug. 1; Laura Allen, Aug. 2; Delilah and Wide Eyed, Aug. 3; Middle Jon, Aug. 4; Mark Robinson, Aug. 5; Rory McNamara and Reggie the Mime, Aug. 7; Sulaiman Rogee, Aug. 8, 58 Bolinas Rd., Fairfax, 456-2044. □

GAY

Rolando Alarcon, gay Chilean folk-singer, his life and his music in a documentary July 24, 9:30 pm, on KPFA (94.1 FM), produced by the Fruit Punch Collective.

Film Benefit to raise funds to publish a new journal of collective faggotry from a socialist/feminist perspective, "Salt of the Earth," Aug. 1, 8 pm, plus folk music by Blackberry, Bethany Community Center, Clipper/Sanchez, SF, \$1 donation, for more info call Danny or Tom at 861-6661.

Sign up now for a place on a rafting trip sponsored by Lavender U., an eight-day trip on the Salmon River in Idaho, Aug. 25 - Sept. 5, only

room for 12 people, \$250 pays for equipment, professional boaters, food; some rafting experience helpful, call Larry at 431-1754 to sign up and organize carpools.

Back pack trip, Aug. 2-17, in the high Sierras on parts of the John Muir Trail, bring your own food, transportation to the starting point, \$20 covers other expenses, call David Roinski at 861-2608, sponsored by Lavender U.

Dignity, gay Catholic organization, monthly meeting and liturgy, Aug. 3, 3 pm, St. Ann's Hall, St. Peter's Church, 24th St./Florida, SF.

Extraordinary People No. 2, Aug. 8, 6:30 pm, discussion of gay theater on KQED Open Studio, Channel 9.

Daughters of Bilitis, regular drop in raps, every Mon., 6-9 pm.

1005 Market, Rm. 402, SF, 861-8689.

Open Lesbian Rap, every Tues., 7:30 pm, Berkeley Women's Center, 2112 Channing Way, Berk., 548-4343.

SF gay rap, every Tues., 8 pm, 121 Leavenworth, SF, 922-5247.

Gay rap groups for men and women, every Tues., 8 pm, Lambda Gay Center, Bishop's Coffeehouse, 1437 Harrison, Oakl., 451-1338.

Fruit Punch, gay men's radio, every Wed., 10 pm, KPFA (94.1 FM), 848-6767.

Lesbian rap, every Thurs., 8 pm, South County Women's Center, 25036 Hillary St., Hayward, 537-2112.

Gay men's rap, every Fri., First Baptist Church, Dana/Haste, Berk., 654-1578. ■

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PERSONALS

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Woman, Asian, 28, wishes to apprentice, woodworker/furniture maker for exchange. Box 1264, Berkeley 94701.

Single Male, 26, 6'1", 195 lbs., enjoys tennis, outdoor sports, and good times. I would like to meet an intelligent tall female, 6 ft. and over (can be well over 6 ft) with similar interests. Phone John 11 am to 12 noon, Mon. and Wed. 664-9949.

Sensitive, intelligent man (30), member stable group marriage, seeks additional close, open relationship with woman for sharing experiences/ideas, occasional nights together. Robert, 835-3367.

Down-to-earth, together, very attractive male, Scorpio, 27, seeks like-minded slender female to 30, beautiful in mind and body for discreet daytime meetings. Box 3491, San Rafael, Ca. 94901.

Going to Mexico now. Seek travelling partner(s). Open to where to explore and transportation (have car). 931-2821. Call early morning or late night.

Warm, sensitive but busy television producer/director, 25, willing to devote what little spare time I have to an intelligent, fun-loving woman. Share long walks through the woods, stary nights and good times. Mike 752-3671. Keep trying!

"But I, being poor, have only my dreams;
I have spread my dreams under your feet;
Tread softly because you tread on my dreams."
Wm. Butler Yeats

Truckin and diggin it. Need strong mellow, (possibly gay) person with thumbing practice to hitchhike with next summer. Plan to leave Cal., head north to Canada, east to Quebec, down New England, west thru South America. Pondering tripping to Europe. Am female and therefore subject to bullshit from sexist psychos. Am 20 and an old thumb at trucking. Want one last look at highways before I turn in my thumb. I want to know my companion, so tell all! I'll do the same. California Dreamer, Guardian Box 9-20-B, 1070 Bryant St., SF, Cal., 94103.

Need male/female to play tabla/tampoor. (India music). Free lessons. Will teach. (415) 849-3221 (messages).

WRITER - researching underground guide to Unemployment & Welfare systems, needs information from employees in same. SSA Programs, AFDC, Medical, Unemployment, G.A. etc. - especially needed data on fraud detection. 653-1823.

Single man 32 seeks girl for dating. 584-8329.

Independent, attractive widow with accumulated wit, wisdom, warmth desires contact unattached, uncommon man over 50 for occasional sharing joys, vicissitudes country/city living. Box 727, Sonoma 95476.

RUNNING, stroking, gentleness. Travelling, tripping. Non-smoking, non-roleplaying. Self-confident, unselfconscious. Objective, observant. Unafraid, intimate, involved. James (32): P. O. Box 12291, S.F. 94112.

Free massage. Mellow massage for handsome young ladies and gentlemen under the age of 25. Call Rick 387-4820.

WOMEN ALONE?
Divorced? Separated? Deserted? Out of work, and over 40? We need other women who understand to talk to. Leave phone number where we can reach you between 7 and 9 pm at 543-1994 weekdays, 8:30 am to 5:30 pm.

Male 33, creative, pleasure-loving, cat-lover, industrious at his own pace, seeks to meet woman who definitely likes herself, for equal relationship with some kind of commitment. Call 843-7876.

Attractive gentle lady, artist/therapist desires other women friends/lovers for: outings in Muir Woods, literary exchange, touching, theater, Alsatian wines, honest communication. Important values: integrity, awareness, allowing. #317, 841-6500 (messages).

I want a companion whom I can value both as a person and a woman. I'm 52 yrs., 6 ft., 170 lb. W/M prof. man with wide interests. I'm married but need a second companion who enjoys going to the better places. No pros, please. Write P.O. Box 5458, Walnut Creek, Ca. 94596.

Attractive, aware male 25, 6'3", 195. Music, yoga, massage, reading, living life - am stable, gentle, discreet, loving-seek attractive liberated here-and-now woman to share the sensualities of life. P. O. Box 2151, San Leandro, 94578.

Non-impooverished Artist - White male 36 yrs., sincere, intelligent, good-looking, tired of game-playing women - wish to meet and share like experiences with reasonably attractive white woman age 25-35 who can appreciate down-to-earth, politically aware, loving, sensuous man. If interested, please reply with enclosed photograph and I will contact you - sincere replies only please. Write SF P. O. Box 16083, 94116.

Attractive bisexual female, early forties, young-looking and -thinking, seeks equally inclined woman for mutual intimacies. Write Guardian Box 9-20A, 1070 Bryant St., SF Ca., 94103.

Attractive white male, 24, seeks couple, any age, for a roll in the hay. P. O. Box 1103, Oakland.

I have a beautiful 30 ft. ketch and need a mature woman (to fifty) for sailing and extended cruising. Must be progressive and love the outdoors. Will teach. "Merlin," General Delivery, Sausalito, Ca.

Man wanted. Tower builder - About 50. Not afraid of heights, commitment, cuddling or monogamy. Call Gerda 235-1547.

Richard (Anderson) Leaf and Jim Sorensen. Daye Killam in town from Boston. Would like to see you. Contact at 640 Eddy St., San Francisco, Apt. 344.

Gay woman wishes to meet women (around 30). Seek well-rounded friendships/relationships - to be all that we can be. Guardian Box 9-20C, 1070 Bryant, San Francisco, Calif., 94103.

Free to attractive straight men under 30: massage, haircut, good music, mellow vibes, etc. Come relax in my view apartment and let's get acquainted. 626-4653.

TENNIS PARTNER: Beginning intermediate to intermediate with patience. 626-9858.

Discreet male desires sensitive, sensual female for dancing, free beaches, communication, friendship, future: Not just sex, 635-7586.

Looking the world over for a very special man . . . he's likely born (says my friend the astrologer) on: Oct 9 or 16 '32; Oct. 19 or 20 '35; Aug. 24 '36; Apr. 15 or 16 '37; Apr. 14, Aug. 24 or Oct. 17 '38. If one of these birthdays is yours please call 655-1528 . . . evenings or weekends.

SLS All-Ohio girl - your relentless coping proving successful and even "personal ads" begin to speak back. May peace, fortune and love sit on you.

Adventuresome, ex-soldier of fortune, 42, 6'1", 185 lbs., restless spirit, professional background and means, returned from year sailing in Cent. Am., seeks alive, venturesome, attractive fem person 25-35, EST or similar background. Mallorca for winter? POB 2217, Alameda.

W/M 25, seeks Asian woman 20-30 to exchange creative ideas and feelings, please be insightful, intuitive. I am well adjusted, not a bad looking human who enjoys laughing. Occupant, 33 Pearl, #10, 94103.

Serious-minded black man, 37, inmate at Vacaville, has good employment background. To be paroled soon. Needs job and/or housing. Walter E. Randall, P. O. Box 2000, m-203, Vacaville, Ca. 95688.

BUSINESS PERSONALS

Ever receive personal mail at work opened by employer? Investigation underway. Ben, 751-8028 (eves.)

Travelling?
SSI/ATD recipient?
INSTANT BOXES
Mail holding & forwarding
Services at low rates, also phone answering service 9 am-7 pm.

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673-6542

INEXPENSIVE TENNIS LESSONS

for Beginners only. I'm very patient. Available from 7 am - 8 pm. 752-3671. Keep trying!

Private sauna club for couples. Phone Suro Bath House for details. 861-9111.

PUBLISHED AUTHOR with major credits will ghostwrite, edit, revise, type. Any subject, any medium. 567-4562.

GIFT TIME POVERTY BLUES?
Aunt George's birthday has rolled around again and you have no ideas for a gift and no money to pay for it? Ta-dah! Come slave away at the GUARDIAN subscription dept. for 4 hours and give George a cherished GUARDIAN subscription. Call our gift consultant at 861-9600 for details.

DOG WALKING SERVICE
Too busy to give your dog the exercise he needs? Call Gael, 282-9380.

GREAT SPACE TO RENT

7,000 sq. ft. carpeted space set up as individual showrooms or to be divided into spiffy offices. Plus 5,000 sq. ft. of warehouse space in new Guardian building. Call Deborah at 626-7506.

ELVES-COME OUT OF THE WOODS- help Guardian angels as volunteers and earn a Guardian subscription in return for 4 hours aid in light office chores. Eves preferred. Call Jerry, 861-8033, Monday thru Thursday, 4-9 pm.

HAVE BEES: NEED LAND
Immediate continuing situation Bay Area beekeeper's 587-0855.

MAIL BOX RENTALS
Mail receiving - forwarding \$2.50/month
ANSWERING SERVICE
\$5.00/month
625 Post SF, Ca 94102
Phone 673-6023

Aren't You Sick Of Smoking?
You can quit painlessly and sensibly. Call: Smokers Seminars, 563-3064.

EMBARRASSED
BY YOUR TENNIS GAME?
Intimidated on the courts? Can't even hold a racket? Then
TRY ME—YOU'LL LIKE ME
Experienced instructor teaches beginners only at very reasonable rates. Call 752-3671 mornings before noon, or try anytime until midnight.

GRANDMA'S ANSWERING SERVICE
Use our number, \$10 special this month. Courteous and reliable. 861-5471.

Office space in sunny, beautiful Victorian at 23rd & Dolores. For counselors - psychotherapists. Fee negotiable. 824-6436.

We are a Shaklee distributor - downtown area. 777-1323.

Desire person with established credit and capital for partnership in house or housing investment, located in a prosperous location. 664-4549. Michael.

10% DISCOUNT COUPON ON MARITAL AIDS FOR LOVERS
MUSEUM OF UNNATURAL HISTORY
Open 7 days, 9-9, 518 Bryant St., SF 94107. 543-6277. Catalog \$1. Dept. BG.

Refined, cute lady, interested in legitimate odd jobs. Loves to sing. Write Bermuda Schwartz, 625 Post, #159, S. F., Ca. 94102.

GETTING MARRIED? We will marry you inexpensively in Monterey. Indoors or outdoors; your ceremony, our ceremony or no ceremony. For information call (408) 649-3249 or write: Box 3173, Monterey, Ca. 93940.

IBM copies - 3/4¢ each. For 100 or more from mixed loose originals. We now have offset printing.
Kopi Stations
276 Golden Gate 771-7570, 9-6pm
1800 Market 861-2650, 9-9pm
2850 Geary 922-4440, 10-10pm

See and hear yourself on television. Immediate videotape feedback for rap groups, performers, any event. Tape your party and play it back for your guests. Call Karen 586-0626. Leave message.

ENJOY SANTA CRUZ
with a classically handsome, refined escort. I am 27, sensitive, mature, adventurous, talented, honest, gentle, and very discreet. Jerry (408) 475-7055.

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Liven up your party with Chaplin, Keaton or Laurel & Hardy. Great fun! Call Bob, days - 764-4426/eves. 431-5670.

The lady of the house is a European woman, here to give you the outstanding massage you are expecting. Call 332-1880 and reserve a caring hour, in a serene atmosphere among plants and music. 11 am till 8 pm. 332-1880.

LIFESTYLES

EXTRAORDINARY, INTELLECTUAL, cultured persons wanted for decentralized, alternative-lifestyle, intentional community experiment. **WEST COAST PEOPLE'S COMMUNE**. Monday night rap group. 752-0773.

Soft swinging couples — Young attractive discreet sexually uninhibited. Box 6895, San Francisco.

Gay Rap
Open gay rap group. Mondays evenings, 7:30. Pacific Center, 841-6224.

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"...all the happiness you ever find lies in you." — L. Ron Hubbard, Founder of Dianetics® and Scientology®. If you feel your life could be better, FIND OUT HOW. Buy, read and use DIANETICS: THE MODERN SCIENCE OF MENTAL HEALTH by L. Ron Hubbard. Find out what your personality has to do with your income, your future, your personal relationships and your life — YOUR HAPPINESS. This book contains invaluable data that you can put to work and get results, right away! To get your copy, send \$7.50 (includes postage & sales tax) to Dept. Fdn-B, Church of Scientology of California, 414 Mason St., Room 400, San Francisco, California 94102. Your order will be shipped within 24 hours of receipt. Copyright©1965, 1975 by L. Ron Hubbard. ALL RIGHTS RESERVED. THE CHURCH OF SCIENTOLOGY OF CALIFORNIA — a non-profit organization. Scientology is an applied religious philosophy. Scientology® and Dianetics® are registered names.

NUDE BEACHES IN CALIF.
Maps available at 625 Post, SF. Phone 673-6023.

SINGLES
Now date next week! and meet someone really exciting!!! Phone 421-3322 anytime or write: Datique, 231 Franklin, SF 94102.

Man, 43, low-income, smoker, with cat, intellectual and pleasantly neurotic, into off-beat lifestyles, looking for similar congenial weirdos to collectively solve the problem of finding living & working space we can afford. Call Jerry, 626-7941 morn/late eves.

MEADOWLAND VILLAGE
Share in 2,500-acre Mendocino Co. community. Whole earth concepts. Send self-addressed stamped envelope to: Concepts, 6615 Whitney St., Oakland, Ca. 94609.

INTENSE EXCITEMENT! TRADING POST
PLAYROOM

960 Folsom, SF. Open 7 days, 9-9.

Nurturing, non-sexual massage by professional masseuse for women/men. Weekdays 10-4, \$20/hr. Appointment only. 530-1971.

Commune seeking graphic artists and/or darkroom technicians to join them in living and working together. Prefer vegetarians, women and/or single parents with their school-age children. Call 864-9181, between 3 and 5 pm.

THE HARRAD COMMUNITY
Growing closer through encounters, rap groups, intensives, growth seminars & social activities. Intro meetings: 1st Friday, SF Unitarian Church Franklin/Geary, SF, 7:30 pm., 658-6353. 2nd and 4th Sundays each month, Berkeley, 1606 Bonita, at Cedar.

THE MEETING GROUND

An exclusive community of attractive Bay Area swingers, enjoying personal freedom and pleasure in alternative life styles:

Weekly swing parties - couples-oriented.

Personal introductions for swinging singles and couples.

National listing service.

For more information call DENISE at 465-0703.

WOMEN

Lesbian Rap
On-going rap open to all women. Fridays, 7:30. Free. Pacific Center, 841-6224.

WOMEN'S SWITCHBOARD
A free information and referral service for all women. Call 431-1414, 10am-10pm. Every day. We always need volunteers.

????PREGNANT????
FREE PREGNANCY TEST
Women helping women. Birth control/abortion counseling. Safe, inexpensive, abortion care. Med. referrals, 24 hr. Health Information line.
NATIONAL WOMEN'S HEALTH COALITION, S.F. 861-1302

EMPLOYMENT

Expert, creative designers wanted for clothing gallery/store. Garter of Eden, 1209 Sutter, 928-1275.

Free rent, own room, exchange for housework and babysitting, must have car. 863-0467.

ACCOUNTANTS - BOOKKEEPERS
Temporary assignments. Apply 681 Market St. Accountants Temporary Staff. Call 495-TEMP.

Wanted completely **EXPERIENCED RESTAURANT MANAGER** for Sunshine Vegetarian Restaurant. Good salary and extras. Call Peter Markey 664-3044.

Artist's models wanted. Pay \$2/hour clothed & \$3/hour nude. Oakland, Michael Fram. 841-6500, ext. 308.

LE RAL TEMPORARIES NEW IN TOWN? NEED MONEY?

Then why not work this week in an office as a temporary . . .

**SECRETARY
TYPIST**

**SWITCHBOARD OPERATOR
KEYPUNCH OPERATOR
CLERK, ETC.**

If you need money, work this week for 1 day or longer and get paid this Friday.

**LE RAL
TEMPORARY SERVICE**
155 Montgomery, 5th floor
788-1046
EOE

EARTH NEWS needs a part-time production person. If you feel comfortable with basic office machines and have a good energy flow from 11-3, Monday thru Friday, Call Greg at 362-3045.

Need reliable cross country drivers and one telephone receptionist. Call C. W. CC., 681-4770.

Girl Friday. Part-time - some reception work. Prefer tall, attractive and socially available. PR 1-2345.

Writers: opportunity with new "literary" publication. Willing to do advertising sales in return for an open forum and commission. 928-3928, leave name, number.

ARE YOU UNEMPLOYED
Having problems collecting unemployment benefits? Free unemployment insurance counseling; learn your rights! Not a gov't agency. Workers' Rights Center, Mon.-Sat., 10-1, 6025 Shattuck Ave., Oakland. 653-5510.

GARDENER NEEDED. Sleeping room in S. F. Victorian in exchange for services. Experience required. Hours negotiable. Phone: 885-1500.

Interested in Really Getting It Together Financially? Serious, Creative Couples desiring financial independence. Call 527-0789.

Need reliable, not too expensive person to do tune-up and maintenance on 65 Dodge step-van, V/6 engine, auto. tran. Heather 362-8800, between 8 & 4, Thurs. - Monday.

On-going firm needs people having ideas or projects in line with current work: ecology, writing, do-it-yourself publishing, government contracts. We provide structure giving you freedom to do your thing. 928-3928, leave name, number.

Wanted: Woman living near Oxford School (Los Angeles/Oxford), Berkeley, to watch bright 8-year-old boy. M-F between 2-5:30 during school year beginning Sept. Will pay \$100+ month. 848-1046.

PT for Community organization/volunteer recruitment. 24 hours/wk. 3 years experience Marin County Agencies. Resume/mail only. 1022 Sir Francis Drake Blvd., San Anselmo, by July 31.

THE SAN FRANCISCO BAY GUARDIAN

Reporter - strong newspaper/magazine/investigative writing and editorial experience necessary. Demanding, impossible job. Send resume and samples to: Reporter, Bay Guardian, 1070 Bryant, SF 94103.

WANTED: Hard working, personable go-getter with automobile to sell East Bay display advertising in Bay Guardian's East Bay Bureau.
call 655-6260
or
write 491-65th Street
Oakland, California
94609

Writer/Researcher to do guides & special sections for Bay Guardian. Must be well organized & accurate with details. Good knowledge of Bay Area and car are necessary. Send resume and samples to Guides, Bay Guardian, 1070 Bryant, SF 94103.

BE A GUARDIAN ANGEL!
For each 4 hours you volunteer (eves preferred), we will rain a Guardian subscription on your head (or the head of your choice). Steep yourself in the redolent atmosphere of alternative journalism! Call Jerry, 861-8033, Monday through Thursday, 4-9 pm.

Wanted: salesperson to obtain retail outlets to carry the Bay Guardian in the East Bay. Am looking for someone residing in the East Bay, preferably with a car or with ability to bus. Salary plus commission. Call Deborah 626-7506, afternoons.

Part-time advertising assistant needed. Good math abilities, conscientious, high energy, some typing. Call Linda J. Szyniszewski Aug. 1 from 11-3 pm. 861-9600.

CLERK-TYPIST. Guardian's subscription department is looking for a careful typist (50 wpm +) who can also file accurately. Starting pay will be modest, but the office atmosphere is informal and fun. However, you must be able to work under deadline pressure. 30 hrs./wk. possib. expanding to 40. Call Susan, weekdays, between 10 am and 2 pm at 861-9600. NOTE: This position will NOT serve as a springboard into an editorial/writing position.

Conscientious, experienced proof-reader needed. Must have previous newspaper experience, some knowledge of production. Call Linda J. Szyniszewski on July 30 from 11-3 pm. 861-9600.

Reviewers Wanted: Music, theater, dance, film, records. Strong newspaper/magazine experience necessary. Send resumes and samples to: Reviewers, Bay Guardian, 1070 Bryant, SF, 94103.

Spend a day at Stern Grove some Sunday when there is a concert and earn a Guardian subscription passing out back issues (free to all). Approximately 4 hours work. Call Deborah 636-7506 afternoons. Prefer people with cars.

ADVENTUROUS?
Help the Guardian subscription department in its quixotic climb through a mountain of paper for 4 hours in exchange for an exhilarating Guardian subscription and a feeling of accomplishment. Sign up with Susan at 861-9600.

EDITOR - Polish a 400-page food book. Excellent punctuation knowledge necessary. 524-1333.

Freelance writers needed for new film magazine aimed at general audience. Get further information/send queries to Film Buff, 2309 Van Ness, San Francisco, 94109. 776-2206.

Wanted: Cheerful, responsible person to help working Upper Ashbury mother care for two-year-old son. 30 hours a week. 564-4575.

FUNDRAISER WANTED for nationally-circulated, left-oriented publication. Experienced, socially conscious. Terms negotiable. Write P. O. Box 1217, Berkeley, Ca. 94704.

Opportunity in advertising sales; self-starter, willing to work commission to start. Full, part-time. 928-3928, leave name, number.

EMPLOYMENT WANTED

MAYBE I CAN DO IT
Typing, editing, research, housework, plant/pet sitting, cooking, sewing, odd jobs. Reasonable rates, Linda, 922-2988.

Experienced, resourceful person for plant care, gardening, typing, housework, errands, painting and what have you. I have a car. Merry, 863-3522.

Mary Poppins type desire permanent live-in childcare situation. Salary negotiable. Also babysitting. Lauri, 221-5083.

I OFFER 5 years of carpentry experience, ability to get work, and creative energy. I NEED to work with other established craftsmen into house renovating and finish carpentry. David 731-6006.

DRIVER-COMPANION
LIVE-IN EXPERIENCED
YOUNG MAN
665-4754

Write, research, edit—technical, non-technical—by experienced, responsible UC Phi Beta Kappa. 654-5310 eves.

PLAYWRIGHT-SCREENWRITER, 28, seeks part-time employment. Play recently produced in SF, but not paying the bills. B.A., M.A., private pilot's license; teaching, bartending experience. Call Ben, 584-2197.

I am a seamstress. I do altering, mending, and creating at reasonable rates. Joanne 826-5540.

COMPUTER DATING

A MORE EXCITING SOCIAL LIFE
OR YOUR MONEY BACK

Try Phase 2 computer dating. Our exclusive matching procedure. Low \$22 fee and money-back guarantee have made us one of the nation's largest.

For free information, dial 626-0802 (night or day). Or write: Phase 2, Inc., 260 Kearny St., SF 94108.

BOOKS & PUBLICATIONS

Boxes of old copies of Good Times and other underground newspapers for sale. Lots only. Call 864-9181.

I buy books, paperbacks & hard-covers. Some LP's too. Call 654-8231.

BOOKS bought, any quantity, new or used. Fine scholarly and first editions. Will collect. 776-8520.

SF Women's Center/ Switchboard Library open to women 10 am-10 pm daily. Have books, periodicals and resource books by and for women. Call us at 431-1414 for info or books to donate.

METAPHYSICAL

Tarot card readings. Pay for Tarot and get a psychic, or Palm reading free! 922-4414.

PALM READING
Emotional, practical and spiritual consultation—not a shuck. People's Prices—Good gift
Rebecca 282-7039

ASTROLOGY WORKSHOP
Saturday, July 26 - Progressions and transits, guides to where you are at now. Pamela Till, 332-5039.

INNOVATIVE PORTRAITS in bright colors or black and white. I can sense your inner glows and show them to you through my portraits. For full bodies, nudes or just a face, call: 843-6165.

ASTROLOGICAL COUNSELING
Natal charts cast and brought up-to-date by professional experienced in telephone counseling firm (Astrophone) and 4 yrs. private practice. Psychological-practical-spiritual approach. Compatibility studies and vocational counseling done. Sylvia Moon Mollick 863-5178.

Categories! And one is the right place to frame your message.

ANTIQUES

Brass and china Victorian plumbing fixtures. Marble and pedestal sinks. Clawfoot tubs, brass and china showerheads. Warm wooden toilet seats and strange toilets. 845-4751.

French Doors, used. We gotta lotta. Lotsa sizes and styles.
845-4751

CRANNY'S
Furniture and Collectibles
1369 Haight St., 626-5407
12-6 Daily, Closed Sundays

SUZAN'S ART DECO JEWELRY
Authentic sterling silver and marcasite rings, pins, bracelets, necklaces and earrings—no reproductions. SF Antique Center, 2124 Union St.

HAWAIIAN SHIRTS

Authentic old rayon prints. Large collection, all sizes. SF Antique Center, 2124 Union Street, 921-9797/665-2136.

MOTORCYCLES

'68 Yamaha 80. 2,000 miles. Extra motor, transmission and brakes. \$250. 824-6436.

OUTDOORS

DOWN JACKETS, SLEEPING BAGS
Vests, Quilts. All handmade. Unique Colors, Low Prices. Call Ira. 526-4964.

Henderson's Surplus
Since 1944 — Navy bells, denim, whites. Large camping and backpacking department. 1941 San Pablo Avenue, Oakland. 893-0927.

BOATS & SAILING

Need help Cleaning/Painting your boat? Call Mariner's Mutiny. Free Estimate. 848-8654.

HOUSEBOAT
My fantasy was to restore and live on a houseboat, and now that this is done, I'm moving on. You can buy my dream abode for \$10,500 (\$5,000 down). 35' by 14' barge, redwood interior, stained-glass doors, clawleg tub and other goodies. Call Audrey 558-4128, weekdays.

Expert Sailing Lessons
Personal instruction on 22' boat or own. \$5/hr. or deal. 841-6500.

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BUYING A USED CAR? Don't get a LEMON! Independent Evaluation Service Protects YOU! Telephone 665-2487

Volkswagon Repairs
Quality work, fair prices. Independent shop. Berkeley, Fred, 524-4334.

Honda Car Service
Civic tune-up \$20 + parts, includes valve adjustment. Independent shop. Berkeley. Fred, 524-4334.

AUTO BODY REPAIR
Expert work traded for \$, tools, furn., appliances, etc. Same day service. HALF PRICE OF ANY SHOP! Call anytime. 826-6280.

MUST SELL
1968 Opel Raleigh. Runs good. Needs tires and tune-up. Make offer. 665-2327 eves.

1966 Land Rover 109, 4-wheel drive. Excellent. \$3,200. 824-6436.

NEED A TUNE UP?
All makes—parts at cost, labor—\$7.50-\$15.

WANT TO FIX IT YOURSELF?
Instruction on your car at your home.

TIM'S TUNE-UPS
585-1291 or 332-9100

Toyota '66, rebuilt, clean and fine. New carb., tires, uphol. \$650. Call Alan 386-6115 evenings.

Fairlyland painted '62 Pontiac Catalina. Free. Needs rebuilt transmission. Call Phil or Sandy 661-9237.

PROPERTY

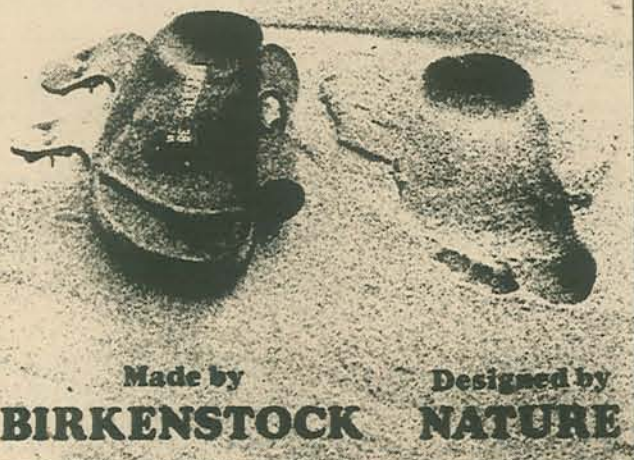
MEADOWLAND VILLAGE
Share in 2,500-acre Mendocino Co. community. Whole earth concepts. Send self-addressed stamped envelope to: Village, 6615 Whitney St., Oakland, Ca. 94609.

Male, 24, will be in San Francisco in September & wants to contact individuals or group interested in buying farmland. Write 11 Waverly Place, #8K, New York City 10003.

20 to 40 acres, Mendocino County. Springs, Surveyed & Secluded. Call Tom, agent. (707) 459-5068.

Colonial Realty & Investment Company

2323 Irving Street 564-1100



The distinguishing feature of the Birkenstock sandal is the molded footprint contour. It was inspired by observing the natural function of the foot on soft earth. A yielding surface supports the arch of the foot and invites the gripping

action of the toes. The patented footprint contour is composed of highly elastic cork. It becomes flexible with body warmth and molds itself to your feet — becoming more "your own" with every step you take.

CRYSTAL PRISMS (Hang your own rainbow.)

EARTHLY GOODS

1832 Union S.F.
922-0606
Daily 10:30 - 6:00

1591 Solano, Berk.
525-2264
Mon. - Sat. 10:30 - 5:30

Live in a mountain tower, ocean view, swap homes, Sept.-June. 2-bedroom owner-built home, separate studio-pressroom, garden, 80 acres, private, in hip rural north Calif. Perfect for writer-printer-craft, no jobs here. We need comfy home-yard, North Berkeley Hills, write: Kruglick, 2232 Haste, Apt. F, Berkeley, 94704.

MENDOCINO COUNTY - lovely wooded lot equals (approx.) 9 city lots. Country-club-like facilities in conservation forest. Paved roads, utilities. \$3,000, mo. payments \$50. 931-2419.

Beautiful Ten Acre Rural Patches by Tom Carrot. Owner financed. 457-7878.

RENTALS

One-bedroom restored Victorian in Vallejo. Excellent location and view. \$125. Jeff at (415) 332-9100 or 388-0650.

Lovely view. Bright, 1-bedroom unfurnished flat. Very quiet Noe Valley street. Ideal for student. \$180 includes gas and water. garage available, non-smoker, single occupancy. Phone after 10 am. 647-5166.

\$165 sunny spacious one bedroom. Beautiful quiet building. Good residential area. Haight near Laguna. Smaller studio \$90-\$135. 861-8610.

Occidental, 1-bedroom cabin, 6 acres, fruit trees. \$150/month including utilities. Less in exchange for labor. Evenings 431-9327.

RENTALS WANTED

Classical musician, graduate Indiana University seeking rooms with access to piano, also housesitting. Mark, 841-4400.

Looking for large apt. to make a home - want character, sun, trees, quiet Berkeley - Responsible - secure incomes, Joe-Larry 548-6380.

Carpenter seeks to rent flat, cottage, or warehouse. Willing to renovate or spruce up. David 731-6006.

SUBLETS

Spacious 1-bedroom apartment for Aug. 1 - Sept. 1. \$160 with waterbed. 931-2821. Call early morning or late night. Must like plants.

Now thru Sept. 30. Comfortable family flat; 3 bdrm., garage, garden. Near park, U.C. Med. Center. \$275/ mo. 648-4431.

RUSTIC BERKELEY HILLS
Sublet - Aug. 15 - Sept. 28. Responsible woman/couple wanted to share Berkeley house with woman. Woodsy area, rose garden, fireplace, good transportation. Own suite. \$140 for six weeks. Call 524-5577.

SUBLETS WANTED

I would like to sublet your house Aug. 15-31. Nick 863-5177, evenings.

SHARE RENTALS

S. F. ROOMMATE REFERRAL SERVICE
Seeking a shared living situation? \$5 gives you access to our listings of 200 vacancies until you move into a new place. 564-6888, Mon.-Sat., 2-7 pm. NEW ADDRESS: 451 Judah St. Seeking a roommate? List with us FREE.

Roommate wanted to share large 2 bedroom apartment. Own bath. 2 blocks from beach and G.G. Park. \$140. Available August 1. Call Diane, 665-1204.

Roommate to share unique Victorian off Union. \$130 month. 921-7846.

Room in beautiful, quiet, Inner Sunset house for creative woman or couple live with two non-sexist men and one woman. Planted garden, fireplace, much space. \$100 rent, \$125 deposit. 661-8775. Vegetarians only please.

Person to share large flat, with woman and son. \$130. Clement and 9th. Julie 751-4537.

Share 2 bedroom, 2 bath furnished house in El Cerrito with Black professional man, 33, (non-drinker/smoker), near bus/stores. Rent negotiable plus 1/2 PGE. Prefer one employed person 35 years or under. 527-5658.

BERKELEY CONNECTION

The East Bay's only housemate referral service now offers a daily publication of available vacant rentals. We continue to have hundreds of shared homes on file.

\$12.50 to subscribe to either service.

Advertise your rentals and shares with us for free. Just call: 845-7821 2840 College Ave. Berk.

Woman wanted to share 11-room Victorian house w/yard in Bayview w/2M and/or 2F. Quiet and unstructured. \$65/call after 5 pm. 467-9309.

\$125 Sunset Victorian near Golden Gate Park, real home atmosphere, furnished, own bedroom, deposit. 731-6389.

Woman, 21, est graduate, seeking roommate to create and share laid-back, economical living space for myself and two cats. Call Denise. 556-8920 (wk), 552-1742 (hm).

Professional woman would like to share large flat with another woman or a gay male. \$175/mo. Utilities included. Beautiful Noe Valley Victorian. 824-6436.

Share Golden Gate Heights house with one professional guy, grad. student. 2 bedrooms, carpeted, fireplace, dining room, full kitchen, yard/garden. \$160 plus 1/2 util. 664-2555 days.

Gay Male Wanted
To share Victorian garden flat. Smokers, pet-owners, bar-oriented please try elsewhere. \$100. 431-3236.

Responsible roommate wanted to share 3-bedroom Victorian house with gay male, 33, 14th and Clement. \$160/mo. Robert, 387-6931.

Large beautiful house in Golden Gate Heights, view, fireplace. 3 bedrooms, yard, garage, large or medium bedroom, \$145 or \$120, plus utilities. Available August 1. First and last, and deposit. Call WEEKDAYS, 8-9 am. 661-7878.

Share woodsy mellow Mill Valley home with woman writer/counselor. 2 bedrooms, firpl., quiet, privacy, \$165, 388-9062.

A together, active, independent woman 27-35 to share 7-room Victorian flat with 2 others. \$153 plus utilities. 788-2414 days.

\$100 share house with 2 women. Room can be furn./unfurn. Near S.F. State/City College. T. Read 587-3178. (h), 558-4801 (wk).

Houseboat to share for mellow, employed man, non-smoker, no pets. Sausalito. 332-6318.

Room for Rent
\$70/\$110. Dolores near 24th St. Warm surroundings. Prefer a woman. PR 1-2345.

Wanted: Roommate (lady) to share sunny 2-bedroom flat. Redecorated Victorian. Access to sauna tub. Other goodies. Near public transportation. \$115 plus utilities. 626-9321.

Mother and baby daughter seek creative woman to share our home. Organic lifestyle, no tobacco or junk (food, drugs or music) Completely furnished, own room. 621-2315.

Career Woman, mellow, responsible, independent, sought to share fine SF 3 bedroom, 2 1/2 bath, house. Webster near Union, with two professionals (men). Sauna, garden, lease or sub-let from Woman Lawyer transferring East. \$230 mo. plus utilities. Call 764-9410, 567-5131.

Female roommate (21-25) wanted to share Marina apt. Available Aug. 10. \$117.50 mo. + util. Call 346-3159.

Large 3 room suite with kitchen use and bath, backyard and basement, in upper, newly remodeled Victorian. \$120. Call Elaine or Don, 346-1586.

Roommate needed. \$60/mo., Noe/29th, 2 men now; desire male or female. Good deal. 282-9948.

Mellow, straight, feminist, 29, seeks same. Share large Sunset house, all features. \$150 & utilities. 564-2558.

SHARE RENTALS WANTED

25 yr. male pharmaceutical student at UC Med seeks place to live with other students. Can pay \$90-\$120 per month. Has some furniture. Prefers immediate UC area/will pay for August, move in Sept. Call his sister Deborah, 626-7506 to make contact.

Relocating to Berkeley, Sept. 1, to attend school and work. Aquarian, 32 yrs. Enjoys cooking, family includes 3 cats, rocking chairs, music boxes and books. Share apt. with someone who also appreciates quiet, privacy and gentle laughter. Kathleen (707) 527-0270. AMs.

Potter seeks to share work and/or living space or apprenticeship. Bay Area. 552-2743.

Woman writer, 37, seeks large, light, quiet room in sunny flat/house with 1-3 others, to \$125. I am heterosexual, feminist, nonveggie, nonsmoker, non-rigid, reasonably entertaining, reasonably neat, into politics. Prefer non-or lightly-structured situation; food, fun and life-sharing optional. Stephanie, 625-5894.

Live-in Cook, into non-meat, microbiotic diet. Exchange for free rent. Phone anytime (415) 661-1190.

ARTS & CRAFTS

ROSEWOOD \$1.25 lb
Gameel Corp. 626-2614
1681 Folsom St.

WANTED — Craftspeople and artists for San Francisco craftscenter. Good location. Quality only — 585-9131.

BEADS

Phone 387-1476
Ask for Mel-Eves only

Phillipine Heishi

Sterling Liquid Silver

Trade Beads

African Giftware
Full line of finished jewelry, hand-carved stone sculpture, including chess sets.

Signed prints and fine drawings at reasonable prices. Calder, Miro, Dali, Baskin, others. Avi Erlich, 845-0692.

Artist easel, sliding carrier, folds up, \$20, also assorted masonite, price open, phone (415) 661-1190 anytime.

PROFESSIONAL SERVICES

NEED A LAWYER?

One half hour consultation for \$15
LAWYER REFERRAL SERVICE
Public Service by the San Francisco and Alameda County Bar Assn's.
In San Francisco call: 391-6102
In East Bay 893-8683

POSTURAL INTEGRATION

Men, women, children. Let me re-center YOUR body's energy and give you a better outlook on life. I do Postural Integration and Reichian Body Work. (Certified) Call Doug, 6-10 pm, 441-7511.

ENTERTAINMENT, GOURMET FOOD & GOOD COOKS

Dinner parties catered
entertainment included
reasonable rates
863-1209

Peacock Patches. Custom sewing, women or men. Make it new or patch it better than new. 752-2440.

EDITING SERVICES

Clarity, logic, and style for large projects. Consulting also available.
METAPHOR, 849-2579

MASSAGE - A relaxing and soothing massage. Two years experience. Call Milo at 863-2842, a 1 1/2-2 hours massage, nonsexual.

EDIT, REWRITE, INDEX textbooks, tradebooks, articles for business, academic, professional writers. 14 years publishing experience. 841-0466.

Esalen-Japanese Massage

by Claudia Treadwell. In a beautiful Victorian home. You can receive a tender, caring hour of excellent professional massage amidst plants and music. 845-5001 or 841-6500. Non-sexual.

In the privacy of her place, a French lady will give you an Esalen massage as an exchange of caring feelings. 332-9432.

Artistic Professional Sewing
Affordable rates & Barter
Just Plain Old Mending Accepted.
Tinúviel 543-3528

"The Bay Guardian is the best of them all! We get more response from our Guardian ad than anything else!"

Judy Mitchell, National Women's Health Coalition, S.F.

Communicate! with a Classified Ad

Deadline

The next deadline is July 31 at 5 pm.

The Bay Guardian is published on alternate Thursdays. The deadline for Classified Ads is Thursday preceding publication at 5 pm. No ads will be accepted after that time. Ads received late will be run in the next issue unless otherwise specified. **WE DO NOT BILL. WE DO NOT TAKE PHONE ORDERS.** Refunds on cancellations made before deadline only. Ad copy should be mailed with check or money order enclosed; or brought in person to:

BAY GUARDIAN CLASSIFIEDS, 1070 Bryant, SF, Ca. 94103

Rates

BUSINESS CLASSIFIEDS: (If you charge money for a service, you're a business.) \$4.50 per issue (minimum) for the first 15 words; 25¢ for each additional word.

NON-BUSINESS CLASSIFIEDS: (Personals, share rentals, etc.) \$3.25 per issue (minimum) for the 1st 15 words; 20¢ each for additional words. Phone numbers, groups of numbers, "a," "and," and "the" count as one word.

Extra Charges

CENTERING CHARGE: 35¢ per line centered. One line per ad centered free.

GUARDIAN BOXES: \$5 each issue box ad runs. Mail forwarded *once* 30 days after publication. We must have your name, address and phone number. All such information is kept confidential.

LOGOS: Your corporate logo, or letterhead, can be included in your classified ad for a \$5 insertion fee plus \$1.25 per line occupied by the logo. This is in addition to the cost of the ad itself.

6 PT. CAPS ARE 15¢ PER WORD

11 PT. CAPS ARE \$1 PER LINE

24 PT. CAPS ARE \$2.50 PER LINE

Discounts

Running an ad in two consecutive issues (1 month); allow 5% discount. Four consecutive issues (2 months); allow 10% discount. Six consecutive issues (3 months); allow 15% discount. All consecutive issue discounts must be paid in advance.

Call 861-8033 for further rate information, or assistance.

Illegible ads will result in surreal classifieds:

PLEASE PRINT NEATLY

NAME _____ Number issues to run _____
ADDRESS _____ If late, publish following issue? yes? no?
CIRCLE CATEGORY: _____ Amount enclosed _____

Antiques	Employment	Music Instruction	Rentals Wanted
Arts & Crafts	Employment Wanted	Outdoors	Schools
Automotive	For Sale	Performing Arts	Share Rentals
Bicycles	Garage Sale	Personals	Share Rentals Wanted
Boats & Sailing	Groups	Pets	Special Notices
Books & Publications	Home Furnishings	Photography	Sublets
Business Personals	Instruction	Printing	Sublets Wanted
Childcare	Lifestyles	Professional Services	Travel
Computer Dating	Metaphysical	Property	TV & Stereo
Counseling	Motorcycles	Records & Tapes	Vacation/Retreats
Dance Instruction	Music	Rentals	Wanted Women

HOME SERVICES SECTION:

Carpentry	Electrician	Misc. Home Services	Plumbing
Carpets/Floors	Gardening	Moving/Haul	Roofing
Design & Renovation	Locksmith	Painting	Tile Setting
			Window/Glass Repair

MAIL TO: GUARDIAN CLASSIFIEDS, 1070 BRYANT ST., SF, CA 94103, 861-8033.

***Art*Layout*Printing**
Let us do your communication from start to finish. Brochures, Business Cards, Flyers, whatever. Low Prices. Professional work. Call Kim at 488-0679 or Len, 488-4705.

ESALEN-JAPANESE MASSAGE

by Claudia Treadwell. In a beautiful Victorian home, you can receive a tender, caring hour of excellent professional massage amidst plants and music. 845-5001/841-6500. Non-sexual.

Ghostwriting: Professionals. Papers, theses, researching, etc. Original work, no files or duplications. Writers Co-op. 653-1823.

NEED A PHONE???
USE OUR NUMBER AS YOUR OWN
Business, Personal, Whatever
Courteous, Helpful, Efficient—
\$5-\$10 MONTHLY - CALL NOW
SF 332-9100 Marin 388-0560

Haight Ashbury Switchboard needs volunteers who care about people. Services in information and referral, housing, food, clothing, medical aid, legal aid, crisis intervention, welfare counseling, rides, survival literature, mail and message drop for people who need it. Call the Haight Ashbury Switchboard at 387-7000 24 hours a day, 7 days a week.

Lars
is a
Master Masseuse
Confidence, Experience, Ability
664-6723, day or night, in-call or out.

EAST BAY cartoonist for hire. Also airbrushed wall murals, graphics, and custom silkscreened T-shirts, posters, etc. Reasonable. 654-7314.

MASSAGE — A relaxing, pleasurable, healing experience. A professional massage given with tender caring. Jane 849-3429. Non-sexual.

Looking for a profitable business you can operate full or part-time?
THE
OPPORTUNITY EXCHANGE
A confidential service free of cost or obligation. Call now. 826-2025.

Nurturing, non-sexual massage by professional masseuse for women/men. Weekdays 10-4, \$20/hr. Appointment only 530-1971.

Typed copies from cassettes, manuscripts. We pick up, deliver. Business, personal. Accurate, Reasonable, Confidential. 845-6451.

MASSEUSE

Men or women, your aching tired muscles professionally massaged. Out-call or in, AM or PM. 568-1840 Lynn. Non-sexual.

Stiltwalking — for business or entertainment. Will costume for your purpose. John 549-0891.

BE GOOD TO YOUR BODY . . .
Treat it to a relaxing, health-giving massage in the Swedish tradition. Licensed. \$12 for 1½ hrs. Margo, 531-6489, between 7-9 am or 2-4 pm for appointment. Non-sexual.

GET YOUR HAIR TOGETHER NATURAL WASH & WEAR HAIRCUTS

For women and men/Sassoon-trained. Operating own station in relaxed environment. Call Terryanne. For personal consultation, 863-1069.

Shiatsu Massage given by appointment, out-call services, phone anytime (415) 661-1190, morning-afternoons only.

HOME FURNISHINGS

DISCOUNT WATERBEDS!

All brands and sizes. Factory guaranteed. Manufacturer's friend seeks extra income, you save. Never undersold! 525-6088.

BÉAUTIFUL FOLDING BEDS

Mats - Quilts. Folds into couch, chair, cushion. Comfortable compact furniture. Great for summer guests. The Golden Nagas, 3103 Geary, 752-7693.

RUGS, unclaimed, 9 x 12, \$9.95 and up. Supreme Rug Cleaners, 2931 Geary Blvd. 752-9300.

TRY A FOAM MATTRESS

All size pads in stock. Cushions, shredded foam furniture and folding beds. Call us for lowest prices.

The Friendly Foam Shop
1500 Ocean Ave. S.F.
584-4150
122 Tunstead Ave., San Anselmo
456-9363

FLEXIBLE LIVING SPACE

Sitting cushions and folding mats patterned after functional Japanese designs. For meditation, yoga, sleeping, etc. Fine quality materials, workmanship. Variety of colors. Free brochure. ALAYA STITCHERY

Zen Center BG1
300 Page St.
San Francisco, Ca. 94102
(415) 863-0249

Portable bar, beautiful black vinyl, formica top, shelves, foot rail, must sell \$75. 668-3367 (eves).

REAL wooden tables and bookcases. Entirely handmade. Solid and beautiful construction. Dowel-joined. No metal. Far cheaper than you will find elsewhere. 776-1778. Talk to the woodcraftsman.

MISCELLANEOUS FOR SALE

Surplus laboratory chemicals, huge stock. Clear mylar plastic. Blank printed circuit boards. Cheapest in Bay Area. 893-8257.

FOOD DEHYDRATOR

Preserve your garden. Dry your fruit, vegetables, meat, herbs in a Kountry Kitchen. Call 924-8950.

BRIDES!

Unique, handblown crystal wedding-cake tops. Over 50 models on display. Custom work. 386-9879 Glassblowers. Cliff House - Seal Rocks.

Luffa Vegetable Sponge stimulates circulation, removes rough skin. Household use durability. 9-10" \$1.00 Postpaid. Sappo Hill, Box 403B, Ashland, Oregon 97520.

Loom, 72" wide. Fly shuttle. Two take-up spools. (707) 823-2977. The loom is in SF.

ROCKWELL Industrial Bayonet Sabre Saw Z348 - with extras. Rarely used. Cost \$70. Sacrifice, \$37.50. 285-9584.

LEATHER coat. Hats, pants, shoes, sweaters, etc. Sizes 5-9. No junk. Nearly new. I enjoyed it - you may too! 824-5917.

SAGUARRO CACTI

Size 2 ft. to 4 ft., price \$6.00 to \$15.00, Call 826-0257.

Antique dresser, solid walnut, large beveled mirror, marble top. Beautifully carved and newly refinished. \$550 or best offer. Call 673-6854.

WANTED

Student desires correction in French pronunciation in exchange for typing. Contact: Linn Louie, 386-0920.

ENTERTAINMENT BILLBOARD

RAGGED BUT RIGHT!

. . . picks guitar, mandolin, autoharp, every Friday night in July at the Sacred Grounds, Hayes & Cole, in the Haight. (The band's available for gigs; call 626-8097, late afternoons.)

MIME & CLOWN SHOW

Birthday party entertainment for Adults & Children by professional performer. Pancho 771-7279.

FOR YOUR WEDDING PARTIES, COFFEEHOUSE, OR CLUB DATES, fiddle, mandolin, guitar. LIVELY & COLORFUL TRIO featuring American, Irish, French-Canadian FIDDLE TUNES plus OLDTIME COUNTRY singing and GOOD TIMES. THE NEW PROXIMITY STRING BAND. Call Now: 661-2217 or 282-2173.

Domback Music

Oriental Show with belly dancing. Exotic entertainment for private parties. Pancho 771-7279.

Entertainment for All Occasions
Theatrical, music, dance — Singles/groups. Tempo Living Theatre 453-5533. (auditions also)

Chelsey Jazz Ensemble will perform in concert July 26, at the Pappes Club at South Park, SF, at 9 pm.

People interested in forming mime-
loose troupe phone (415) 752-9263.

MUSIC

NEED A GIG?

Or looking to put one together . . . Call THE MUSICIAN'S SWITCHBOARD. Active contact and referral service. Information about rehearsal space, copyright information, lessons, and more. Call in San Francisco: 626-6853 Mon.-Fri. 10-6, Sat. 12-5.

Wanted: Versatile musicians to work with experienced woman vocalist to perform varied kinds of music. Generally country rock, popular and soft rock. Jill 665-3169 eves.

Heinrich Schutz Choir needs SATB, Tuesdays, 7:00 pm, Church of the Advent, 261 Fell Street.

Wanted: Female vocalist, male vocalist, two female, innovative violinists. Black light Chelsey Ensemble is a performing group which primarily is made up of students which completed music courses in the past. They primarily will perform concerts, festivals, scores for films, recitals, T.V. engagements and schools. The prerequisites for the ensemble are: You must be able to read and write. Music Director, A.O.W. Info/285-5235, 285-3537, 558-2335.

Songwriter looking for lyricist. Singing helpful, but not necessary. Call Albert, 586-7772.

STUDY DRUMS:

Time, technique, styles, Independence, Improvisation, Reading. Drummers are Musicians! Call Kurt: 525-6272 (Berkeley)

Waterbed dealer seeks to trade beds for motorcycle, electric piano, amplifier, saxophone, or whatever. 525-6088.

MUSICAL INSTRUMENTS & INSTRUCTION

LET YOUR FINGERS DO THE PICKING!

Very experienced instructor will teach guitar, mandolin, banjo, autoharp, ukelele, etc. What do you want to play? 626-8097, late afternoons. Ask for Tom.

Piano Lessons/Music Theory. Experienced teacher; B.M., M.F.A.-taught at University of Iowa. 434-2340/552-2944.

PIANO TUNING AND REPAIR 652-6789

PIANO LESSONS 441-7120
Experienced teacher; B.A., M.A. Fulbright. Modern methods. Beginners welcome. \$40/month. Stephen Mark.

PIANO LESSONS

By experienced teacher. Specializing in beginners, adults, and children of all ages. Intermediate levels also. SF Conservatory graduate. 567-8036.

MANDOLIN LESSONS

Old time American, French Canadian, Irish tunes & technique, song backup. \$5 per lesson. Valerie 282-2173 or 861-0227.

WANTED: a case for a Martin 00-18 guitar. Stout n' strong enough to jump on — 626-3370.

Percussion lessons, drums, vibes, and marimba. All ages, beginners to advanced students. Doug Johnson 752-0666.

Piano and Composition. Serious, creative lessons. Barry Taxman. 841-1911, 2334 Cedar, Berkeley. \$50/month.

FUNK U.

Learn to make your ax speak. Rock, Jazz, Blues, and Funk. Lessons, seminars, and workshops. Call for interview, 334-5702. Blue Bear Waltzes School of Genuine Music, 2403 Ocean Ave., SF.

Upright piano & seat — \$200. Call 647-7747.

Guitar and Lute building classes. Individual instruction includes materials, tools, jigs and forms. Guitars, Lutes, Accessories and Strings for sale. 848-2910.

VOICE

STRENGTHEN HEAD AND CHEST REGISTERS, PURIFY VOWELS. RAPID PROGRESS. FRANK - 752-2494.

PIANO LESSONS

by working musician. Jazz, Blues, Rock, Ragtime, Country . . . and beyond styles. Theory, improvisation. All ages. Beginners through advanced. Low rates. Richard 285-5251, 282-6548.

Piano for sale!

Barely used, almost new. Kimball console. \$900 or best offer. 681-1989.

Piano Lessons - B. Mus., Indiana University. Experienced, enthusiastic teacher for earnest students. (Beginning-Advanced) \$40/month. Mark, 841-4400.

Les Paul Custom (new) guitar. \$600. Also Kustom amplifier for 10" speakers. \$150. days 433-3584, eves. after 6 pm. 771-8150. Roland.

FUNK U.

Polish your chops while you clean up your acts. Lessons, classes, workshops. New semester begins August 4. See ad page 22. Call for interview 334-5703. Blue Bear Waltzes School of Music.

PIANO for sale, 1939 Baldwin Acrosonic, nice tone, lovely cabinet. Graceful. \$750/best offer. 552-0607. Call AM.

Slingerland Drums Zild Cym. Hard cases good condition. Access. \$350. 565-5979.

FINE VIOLIN: \$300. Made by Ficker. Good condition. Call 626-5623.

PHOTOGRAPHY

HiQuality Optical Effects
16, 35, 35 - "Any visual effect". Titles, Freeze Frames, Multi-screen, TV spots, Mike 397-0172.

Creative Photographer. Portfolio, portraiture, etc. done in studio or out. Custom color work done in my lab at reasonable rates. Bill 655-9101.

For sale: 35mm Meopta enlarger with lens. Needs stand. \$30/best offer. 861-1199.

CAMERA REPAIR
Fast, Guaranteed Service. Free Estimate. Call 525-4204, East Bay.

INSTRUCTION

T'ai Chi Ch'uan, Wu style: Privately, all levels. I teach the positions, in sequence and in flow with care. Push hand exercises also. Peter 824-7882.

BIOFEEDBACK CENTER

Classes, individual training on EEG, muscle, temperature for relaxation, sleeplessness, meditation, concentration. 444-5513.

Aikido for women. Centering/Energy Awareness/Non-violent Self-defense, Wednesdays 7 pm. 1606 Bonita, Berkeley. 527-2907.

BEEKEEPING: COMPLEAT ART
"Bee Poetry of Agriculture" Class/Private — All aspects academic/practical/survival. 587-0855.

WOODWORKING INSTRUCTION

small classes adapted to individual proficiency. 824-6677. SF.

BODY CONDITIONING

For impatient people. Chronicle exercise Columnist Karen Lustgarten teaching classes for toning, strength, and suppleness. 285-1138.

LEARN SPANISH
Enjoyably, Efficiently. Native Speaker, M. A. Steve 548-9223.

PARHELION—A tutoring service for children with learning disabilities. Counseling also available. Phone: 626-4469.

Basic Photo classes. Tools, techniques, practice and theory. Individual learning. Lunch included. An enjoyable experience. 849-1000.

STAINED GLASS WORKSHOP

\$33 includes materials for leaded window. One day — three students. Ray and Linda Cooke, 626-6465.

NATURAL HISTORY FIELD TRIPS
Weekday & Weekend throughout N. California. 7-10 day backpack trips to Sierras, Canada & Hawaii. Write for current flyer. THE NATURE SCHOOL, 479 Hanover Ave., Oakland, Ca. 94606. (415) 841-6500.

FLYING LESSONS

Learn to fly Taildraggers at Aerosport-Schellville. Citabria Aircraft sales; lease backs needed. Ask for Ed. (707) 938-2444, (415) 864-1819.

Spanish Conversation
classes by expert native teacher. Small groups at all levels. Reasonable. Sylvia, 647-4317.

COMPUTER ENLIGHTENMENT

Courses for non-computer people with varied backgrounds.

August class (\$45):

*Building, programming, and interfacing the Altair 8800 kit.

Future classes:

*How to talk to a computer, with introductory FORTRAN.

*Minicomputer assembly language.

Or other areas if desired. Teachers have degrees and over ten years experience. Class size limited: \$20 up per course. Kurt and Beckey:

864-2263.

PHYSIO-DYNAMICS

Singers-Instrumentalists

Exciting ways body mind freedom, proper use energy. Special well-trained experienced teacher. 821-4463 preferable after 4 pm.

SELF-HYPNOSIS WORKSHOP

Relax and Learn, Programming, Success Techniques. Eliminate pain, etc. 4 sessions \$25. 9th and Market, Jean Richards, 626-6649.

MIME & PANTOMIME

CLASSES

Two 5 week courses, daily (\$75) and evenings (\$50), by Pancho, professional mime. Taught in Europe and performed the world over. Also children's classes. Start August 4. 1111 Geary - 771-7279.

MASSAGE CLASSES

Learn Swedish and Shiatsu massage. Mondays through Fridays, classes 2-5 and 7-10. \$30 for 4 classes. Powell and Sutter. Call Jill Morrissey at 421-5818 for registration.

SETH WORKSHOP

To experience and put into practice Seth's teaching. Sat. Aug. 2, 10-5, 1924 Cedar, Berkeley (\$12). 653-9923, 652-9633.

COUNSELING

Gay Counseling Service. Individual short and long-term free counseling for men, women. Pacific Center, 841-6224.

The Clearing
Primal opening and personalized growth experiences to help you shape your own life. Four years experience at established clinic. Reasonable. P. O. Box 835, San Rafael, 94902. (415) 457-2774. We'll return your call.

MEN'S SELF HELP THERAPY AND COUNSELING

I am a non-professional with 3 years experience leading men's groups and counseling. I use Bioenergetics, Gestalt, Yoga, and Nutrition. My groups are for men who are ready to go beyond consciousness-raising and who are committed to changing. I charge on a sliding scale based on income. I'm willing to barter. Leave a message for me at 841-6500 and I'll call you back. Peter.

SAN FRANCISCO

FAMILY COUNSELING CENTER

Offering a full range of counseling services at moderate prices. 626-4469.

THE BERKELEY CENTER

Offering an intensive experience in individual primal process. Reasonable fees. 1925 Walnut St., Berkeley 94704.

(415) 548-3543

Gay problem-solving groups/Individual work. Emphasis on supportive atmosphere, reasonable fees. Call Barbara Arms, M.A., 626-7206.


Primal-based, supportive feeling Therapy (Intensive, individual, groups). Reasonable fees, experienced facilitator. Ruth, 454-6258, 454-5871.

Richard Morrill, Ph.D. Psychologist specializing in short-term, reality counseling. Fees based on ability to pay. Phone: 771-9166.

\$2.

CHEAPO'S

Coming to the Guardian Classifieds . . . an UNclassified flea market! A bargain basement bonanza at \$2 for two lines.



(Sell your shoes in The Cheapo's!
More info next issue . . .)

ADVENTURES IN CREATIVITY

From a combination of outside pressures many of us have become what others intend us to be. Often who we really are has been lost or forgotten. Join us in becoming who we are meant to be. Call 777-1323. Groups and individuals. Medi-Cal accepted.

COUPLES:

You and Your Significant Other. Intensive/Short-Term: "How to Communicate." Monique Kane, M.A., and Don Chamberlain. (Masters & Johnson Trained therapist) Call 922-7855.

Ex-scientologists *we offer a better bridge to clear and beyond for less money and no hassle. 673-5200.

Primal Based Therapy
Low fees available within training program sliding scale. Center for Being, Rhoda Wasserman Wadler, former training supervisor Marin Center. 465-4588.

CREATIVE DIVORCE

Decision making. Lawyer referrals. Separating with some peace of mind. I can help. Aylee, 681-4055.

est grads * interested in going further? We provide 1 to 1 spiritual counseling. 673-5200.

DANCE INSTRUCTION

MIRIAM BORNE'S
SAN FRANCISCO
SPIRITUAL DANCE CENTER
Presents Courses in:
Dance of the Self Dance Poetry
Cosmic Dance
Tai Chi Ballet
431-6182

BHARATANATYAM:

Classical dance of South India, taught by experienced KALAKSHETRA teachers. KATHAKALI and YOGA classes also starting soon. Phone: 548-3811.

DISCOTHEQUE

Awaken your feet to Disco Sounds in Karen Lustgarten's Disco Dance Classes. 285-1138.

PERFORMING ARTS

VOICE LESSONS 821-4463
Experienced, professional teacher, BM, MM, European Training. All levels. Call preferably 4 to 6 pm.

BAY AREA & MAJOR OUT OF TOWN

Casting Notices

Actors*Models*Musicians*
Technicians
26 Weekly Issues - \$8.50
52 Weeks - \$16
1st Issue in August - Subscribe now!
THE CALLBOARD
Box 1048 * Sausalito, Ca. * 94965

GROUPS

Gay Couples Group
Open, supportive group for men and women couples. Free. Pacific Center, 841-6224.

CHALLENGE OF BEING SINGLE.

Lectures and group discussion. First Unitarian Church. SF every Tuesday in July, 7:30 pm. \$3. Call Deborah for information. 332-9100.

OPEN MIND

Sunday Evening Workshops to liberate self, social life, 8 pm, Berkeley Fellowship Hall, 1924 Cedar, \$2 donation includes refreshments. Info, calendar, 549-2269.

DROP-IN GROUP

for divorced and singles. Gestalt encounter, awareness. Tuesday evenings, 7:30 pm. \$5. Led by Bob Cromey, licensed therapist. Held at 8 Charlton Court, SF. 567-7766.

Into or thinking about alternative ways of living or loving? Encounter group forming to explore the joys and problems of relating sexually and emotionally to more than one person. Starting 7/11, 7:30 pm, 445 Haddon Rd., Oak. \$3/session.

WELLSPRING INSTITUTE FOR HUMAN RELATIONS

offering information on T.A. type growth groups. 8:00 pm 1st & 3rd Friday of every month. 465-5435.

Openings in Turning Point Collective's women's and mixed problem-solving groups. Annie, 254-6150 (Berkeley).

GESTALT THEATER

Ongoing classes using Gestalt to generate improvisations for a theater that truly celebrates and educates in the art of being Human. Information 841-2446, 652-6265. John Argue.

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